

## Group Guide

### Ice-Breaker Questions

1. What is something you've seen fail because the foundation was weak?
2. When you hear the word "Trinity," what feels clear, confusing, or important?

### Reflection Questions – Read Mark 1:9-11

3. What do we see about the Father, Son, and Spirit at Jesus' baptism? See Mark 1:9-11.
4. The sermon described the life of God as a "dance" of love, honor, and joy. What does that image help you understand about God?
5. Why does it matter that God did not create us because He was bored, lonely, or needy? See John 17:24 and Acts 17:24-25.
6. If God is Father, Son, and Spirit, then God has always existed in love. How does that change the way you understand the statement, "God is love"? See 1 John 4:8.
7. How is selfishness the opposite of the Trinity's dance? See Philippians 2:3-5.

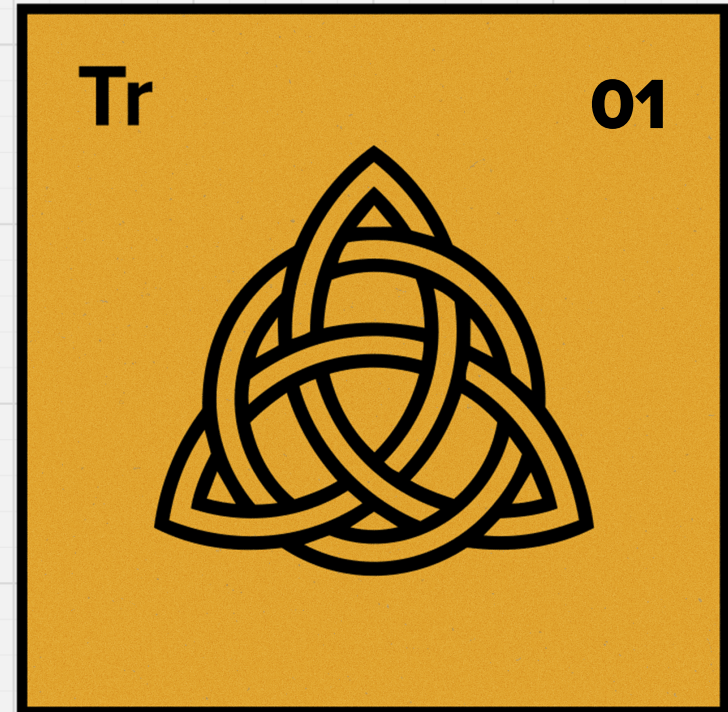
### Action-Oriented Questions

8. Where are you most tempted to make others orbit around you: home, work, marriage, parenting, friendships, or schedule?
9. The sermon said Jesus paused the dance so we could enter it. How does the cross bring selfish sinners back into fellowship with God? See 2 Corinthians 5:18-21.
10. The Father sent the Son, the Son died for us, and the Spirit lives in us. How should that strengthen your confidence in God's love this week? See Romans 5:5-8.

**Prayer Focus:** Pray that God would help us know Him as Father, Son, and Spirit. Ask Him to pull us out of selfishness and into His self-giving love. Thank Jesus for making a way for sinners to be welcomed into life with God.



## The Trinity



# Elements of Faith

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# 01 | Trinity Notes

June 7, 2026

**We believe...** in one God, eternally existing in three distinct persons: Father, Son, and Holy Spirit, each fully and equally God.

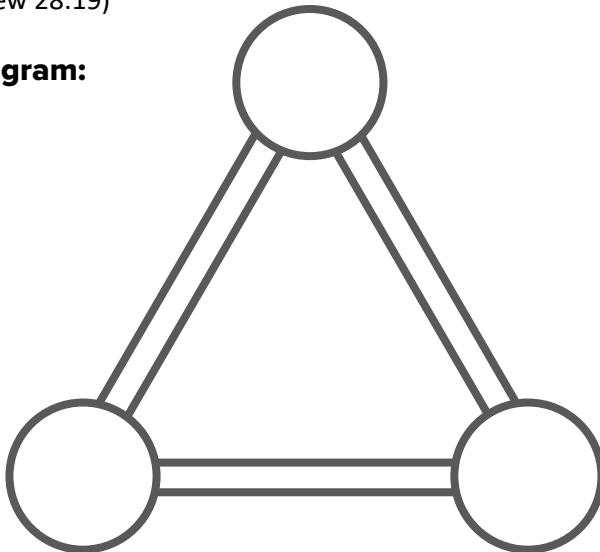
## Doctrine of the Trinity:

- “Doctrine” means “an official set of beliefs.”
- “Trinity” refers to God’s three-in-oneness.
- The doctrine of the Trinity answers the question: “How do we faithfully say everything the Bible says about God?”

## Four truths about God in the Bible:

1. There is \_\_\_\_\_ God.  
(Deuteronomy 6:4; Isaiah 45:5)
2. The Father, the Son, and Spirit are \_\_\_\_\_ God.  
(Genesis 1:26-27; Psalm 33:6; John 1:1,14; Acts 5:3-4)
3. The Father, Son, and Spirit are \_\_\_\_\_ persons.  
(John 14:16-17; John 3:16)
4. Each is fully God and not \_\_\_\_\_ of God.  
(Matthew 28:19)

## Trinity Diagram:



## The Dance:

- <sup>9</sup> At that time Jesus came from Nazareth in Galilee and was baptized by John in the Jordan. <sup>10</sup> Just as Jesus was coming up out of the water, he saw heaven being torn open and the Spirit descending on him like a dove. <sup>11</sup> And a voice came from heaven: ‘You are my Son, whom I love; with you I am well pleased.’ (Mark 1:9-11)
- <sup>4</sup> ‘I have brought you glory on earth by finishing the work you gave me to do. <sup>5</sup> And now, Father, glorify me...’ (John 17:4-5)
- Point: The Trinity has always honored and orbited one another in a divine \_\_\_\_\_.
- C.S. Lewis, “...God is not a static thing... but a dynamic, pulsating activity, a life, almost a kind of drama. Almost, if you will not think me irreverent, a kind of dance.”
- The opposite of the dance is \_\_\_\_\_.

## What this means to you:

1. God is not merely \_\_\_\_\_. He is \_\_\_\_\_.

Religion	View of God
Judaism	Yahweh is one God. Rejects the Trinity and Jesus’ divinity.
Islam	Allah is one God. Rejects the Trinity and Jesus’ divinity.
Hinduism	Many divine beings & god is an impersonal force behind it all.
Buddhism	Does not focus on a personal God.
Mormonism	God is a man who became God. Jesus and Satan are his sons.
Jehovah’s Witness	God is one. Jesus is Michael the archangel.

- Love requires another. Love requires a lover and a beloved.
- God has never been without love because He has never been alone.

2. You are created \_\_\_\_\_ the dance.
3. Jesus died to \_\_\_\_\_ us back into the dance.

“Go... baptizing them in the name of the Father and of the Son and of the Holy Spirit.” (Matthew 28:19)