

Group Guide

Ice-Breaker Questions

1. What is one story, movie, or book where someone powerful enters into someone else's world?
2. When have you seen someone step into a difficult situation to help another person?

Reflection Questions – Read John 1:1-14

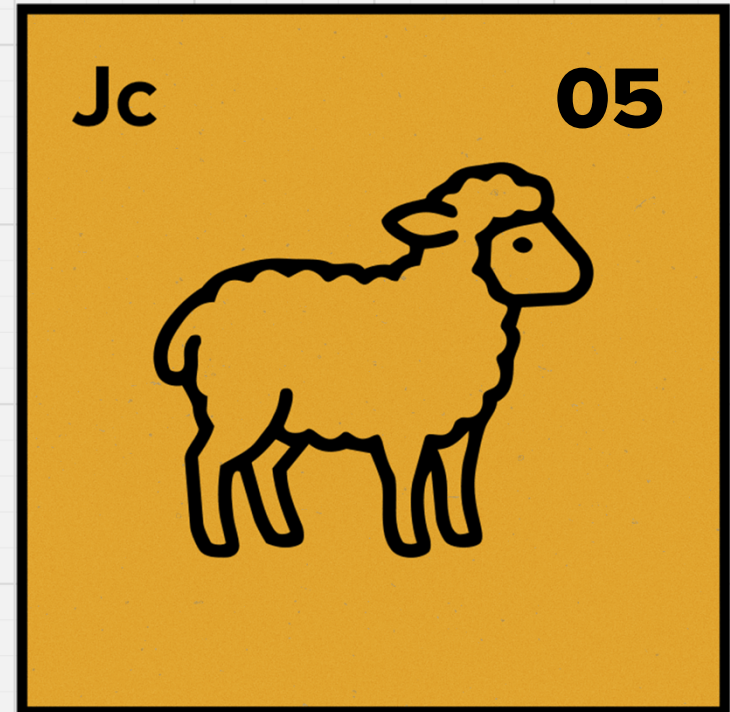
3. John says, “*the Word was God*” and “*the Word became flesh.*” Why do both truths matter? (John 1:1 and John 1:14)
4. Why does it matter that Jesus is fully human, not just pretending to be human? (Hebrews 2:14-18)
5. Why does it matter that Jesus is fully God, not merely a great teacher or prophet? (John 1:3 and John 20:28)
6. The sermon says the incarnation gives us comfort in suffering. How does Jesus' suffering prove God cares? (Hebrews 4:14-16)
7. John says Jesus “made his dwelling among us,” echoing when God dwelt in the tabernacle tent among His people. How does that reshape the way you view God's nearness in your own suffering, sin, or ordinary daily life? (John 1:14; Exodus 40:34-38)

Action-Oriented Questions

8. The incarnation gives us courage to serve. Where are you tempted to say, “I don't want to get involved”? (Philippians 2:5-8)
9. Jesus came from the ideal into the real to restore what sin broke. Where do you need hope that Christ will make things new? (Revelation 21:1-5)
10. What is one way you can “come down” this week: serve, give, show up, carry a burden, speak truth, or move toward someone in pain? (Galatians 6:2)

Prayer Focus: Thank Jesus for becoming fully human without ceasing to be fully God. Ask Him to comfort us in suffering, give us courage to serve, and fill us with hope that everything broken by sin will one day be made new.

05 | The Incarnation



Elements of Faith

Teaching Guide

July 5, 2026

We believe... *Jesus Christ is the eternal Son of God who became fully human without ceasing to be fully God. He is one Person with two complete natures: truly God and truly man.*

The incarnation

- “Incarnation” from the Latin “carni” means _____.
- In Jesus Christ, God took on flesh.

Jesus is fully man

- “The Word [Jesus] put on flesh” (John 1:14a)
- John Calvin called it God “accommodating” us like a mother to her child.

Examples of Jesus’ humanity	Passage(s)
He was physically born with a real human body	Luke 1:35; Luke 2:7; Hebrews 2:14
He grew in wisdom and stature	Luke 2:52
He got hungry and thirsty	Matthew 4:2; John 19:28
He got tired and He had to sleep	John 4:6; Mark 4:38
He felt deep emotions	Matthew 26:37-38; John 11:35; John 12:27
He experienced temptation	Matthew 4:1-11; Hebrews 4:15
He endured betrayal	Luke 22:47-48; John 13:21
He experienced loneliness and abandonment	Matthew 26:40; Matthew 27:46
He suffered physical pain and shed real blood	John 19:1–3, 17–18, 34
He died a real death	John 19:30; Hebrews 2:14

Jesus is fully God

1. The earliest Christians _____ **Jesus is God.**
 - “In the beginning was the Word, and the Word was with God, and the Word was God” (John 1:1)
 - “Through him all things were made; without him nothing was made that has been made” (John 1:3)
2. Jesus receives _____ **as God.**
 - Matthew 2:11, 8:2, 9:18, 14:33, 15:25, 28:9,17; Mark 5:6; Luke 24:52; John 9:38, 20:28; Revelation 1:17-18, 5:8-14, 7:11, 11:16, 19:10-16
3. Jesus claims to _____ **God.**
 - “Before Abraham was, I am.” (John 8:58)
 - At this, they picked up stones to stone him... (John 8:59)

What the incarnation gives us

1. Comfort in _____
 - Because he himself suffered when he was tempted, he is able to help those who are being tempted. (Hebrews 2:18)
 - Notes: _____

2. Courage to _____
 - In your relationships with one another, have the same mindset as Christ Jesus. (Philippians 2:5)
 - Notes: _____

3. Hope for _____
 - The Word became flesh and made his dwelling among us. (John 1:14)
 - Notes: _____

