

Belle Aire D-Group Starter Guide



BELLE AIRE
BAPTIST CHURCH

This guide belongs to:

2 Timothy 2:2

***And what you have heard
from me in the presence
of many witnesses
entrust to faithful men,
who will be able to teach
others also.***



*This guide has been adapted from resources
created by Replicate Ministries*

You're Not Facilitating Alone

A D-Group facilitator helps the group begin well, guides conversation, encourages members, and creates opportunities for everyone to participate.

You are not expected to carry every part of the group by yourself.

Belle Aire will support facilitators through:

- Starter materials and practical meeting tools
- Monthly check-ins, encouragement, and prayer
- Coaching when questions or difficult situations arise
- Supplemental resources and training
- Opportunities to learn from other facilitators
- Ongoing access to the D-Group ministry team

***Reach out at any time with questions, challenges, or ideas.
We want to help you and your D-Group thrive!***

You can contact:

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OPTIONAL FACILITATOR TRAINING

Replicate Ministries has created training videos and handouts to help you prepare for each of the first four meetings. Use the QR codes on the preparation pages as supplemental resources.

Contents

04	<i>WHAT ARE D-GROUPS?</i>
05	<i>HOW TO USE THIS GUIDE</i>
06	<i>HOW TO FORM YOUR D-GROUP</i>
07	<i>BEFORE YOUR FIRST MEETING</i>
10	<i>WEEK 1: SHARE YOUR STORY</i>
12	<i>WEEK 2: GOALS & EXPECTATIONS</i>
17	<i>WEEK 3: PRAYER JOURNALS & SCRIPTURE MEMORY</i>
22	<i>WEEK 4: ACCOUNTABILITY & PRAYER</i>
26	<i>RESOURCES</i>
29	<i>NT READING PLAN</i>
32	<i>H.E.A.R. JOURNALS</i>

What are D-Groups?

A Belle Aire D-Group is a gender-specific discipleship group of 3–5 believers who commit to one year of intentional spiritual growth through Scripture, prayer, accountability, and gospel mission, with the goal of multiplication.

D-Groups exist to help you live out the Mission Statement of Belle Aire Baptist Church:

Love Jesus *deeply*

Share the Gospel *boldly*

Make Disciples *intentionally*

How To Use This Guide

YOU ARE ABOUT TO ENTER AN EXCITING SEASON OF ACCELERATED SPIRITUAL TRANSFORMATION.

The D-Group environment encourages us to engage with God's Word and His people in a way that most of us never have before. As His Spirit works in our lives, it creates a passion to help others experience the same thing.

The D-Group Starter Guide is an interactive booklet that introduces each element of the group and helps your group start strong. We would encourage each member of the group to have a booklet and use it to guide you through the first few weeks of meetings.

This resource will help your group have four important conversations:

WEEK 1 - SHARE YOUR STORY

Before you look forward, spend time getting to know the stories of those in your group. The trust and empathy you develop by hearing each other's stories will increase the impact this group will have on your life.

WEEK 2 - GOALS & EXPECTATIONS

In your second meeting, you will talk about your hope and expectations for the group. This booklet will give you a couple of simple exercises to help you set spiritual goals for the upcoming season.

WEEK 3 - INTRODUCING PRAYER JOURNALS & SCRIPTURE MEMORY

In the third week, you will begin to get into the rhythm of the four weekly disciplines. You will learn what a Prayer Journal is and why Scripture Memory is so important.

WEEK 4 - INTRODUCING ACCOUNTABILITY & PRAYER

During the fourth week, you will continue your weekly rhythm through the disciplines while also introducing your second accountability question and explaining how you will pray for one another.



FACILITATOR PREPARATION

The Replicate team has created a leadership page with training videos, handouts, and more to help you lead. Before each meeting, there is a video to help you prepare. There is a notes section at the start of each session as well.

How To Form Your D-Group

ARE YOU READY TO START A DISCIPLESHIP GROUP, BUT AREN'T SURE WHERE TO START AND WHO TO INVITE?

If your Discipleship Group isn't formed yet and you need help identifying and inviting people into your group, follow the steps below to form your Discipleship Group.

Scan the QR code below to find videos and resources to help you move through each of these steps.

STEP 1

Identify who you will invite into your Discipleship Group

STEP 2

Invite each of them into your Discipleship Group

STEP 3

Set when your first meeting will be and when and where you will meet for the upcoming season. Once you have the 3-5 people in your D-Group committed and you know your start date, give everyone a Starter Guide and have each person complete pp. 7-8 before your first meeting.



SCAN THE QR CODE

for video training, handouts, and other resources to help you start and facilitate your group well.

Before Your First Meeting

Hinge Moments

One of the most powerful things God gives each person is their story. Your story is unique to you, and when you leverage your story, it can be a tremendous blessing to you and those around you. The problem is that though every person has a unique story, few have slowed down to see how God has been active in the high points and hard times. God has been writing a story in your life; the question is if you will connect your story to God's mission. In order to do that, every believer must be able to articulate how God's story (the Gospel) has changed their story.

Before your first Discipleship Group meeting, take time to reflect on the questions below and complete the exercise on page 8. In the first section, identify Hinge Moments in your life. A Hinge Moment is an experience or season of time that has changed the trajectory of your life. Write down 10 "High Points" (times of success or joy) that you can think of throughout your life. Then, write 10 "Hard Times" (times of failure or grief) that you can think of throughout your life.

HINGE MOMENT REFLECTION QUESTIONS

1. What are my truly formative experiences in life - that is, what has made a lasting impact?
2. Is there any common thread to my experiences?
3. Why do I do what I do vocationally? Did one person or event significantly determine this?
4. Who are my most meaningful friends?
5. Who taught me how to live? How am I learning to live like Christ?
6. How has God's grace been revealed in my life?
7. How does my unique story bring God glory?
8. What would my life be like without God?
9. What may God be preparing me to do in my life?

NOTES

NOTES

HINGE MOMENTS LONG LIST

TOP 10 HIGH POINTS

TOP 10 HARD TIMES

Once you have listed these moments in your life, star the six most significant “Hinge Moments” (high or hard) for your life.

TOP 6 HINGE MOMENTS

Now that you have your six “Hinge Moments,” place them in chronological order in the boxes below.

1

2

3

4

5

6

1. Think on each of these moments. Why did you choose these six? What impact did they have on your life?
2. As you look at your story, how have you seen God active in the high points and hard times?
3. What is the biggest thing you have learned from this exercise?

Week 1 Facilitator Preparation



SCAN THE QR CODE
and watch the video
to prepare for leading
Week 1's discussion.

NOTES

Week 1

Share Your Story

WELCOME TO WEEK 1 OF OUR D-GROUP!

This week is all about getting to know one another's story. As each person shares, listen for how God has been at work in their story and what you are excited to learn from them in the season ahead.

SHARE YOUR HINGE MOMENTS

Once your group is settled in, transition to sharing your Hinge Moments. Before the group starts sharing, identify how much time each person has to share. You want to be sensitive both to the person that is sharing and that the entire group gets to share.

Have each member share their top six Hinge Moments of their life and explain why they chose those times. What impact did each of those moments have on their life? If there is still time to share, have each member share what they learned from the exercise.

Either at the end of each person's story or after everyone has shared, take time to pray over each D-Group member.

SCAN THE QR CODE

and watch the video to prepare for leading Week 2's discussion.

Week 2

Goals & Expectations

WELCOME TO WEEK 2 OF OUR D-GROUP!

For today's meeting we will discuss where we are going as a Discipleship Group, how we will get there, and what we will expect from each other. Get ready for the amazing months ahead!

DISCUSSION QUESTIONS

As you get started, have each person answer the two questions below.

1. "Why did you join our Discipleship Group?"
2. "What is one thing you hope you get out of our time together?"

WHERE ARE WE GOING?

Discipleship Groups foster a season of accelerated spiritual transformation. It is a highly relational and committed group of believers who are calling each other to look more like Jesus. Over the next season, this group is committing to help each other look more like Jesus following Belle Aire's mission to Love Jesus, Share the Gospel, and Make Disciples.

SPIRITUAL WALK INVENTORY

As we allow the Word of God to work in our lives we will see its impact in the way we Love Jesus, Share the Gospel, and Make Disciples.

In the boxes below, rate between 1-5 how well would each of these sentences describe your life today.

(1 - This doesn't describe me at all; 5 - this definitely describes me.)

LOVE JESUS

I am consistent in Scripture engagement, have a daily prayerful dependence, and respond obediently to Jesus' calling on my life.

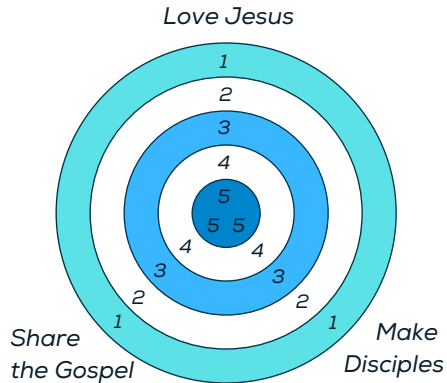
SHARE THE GOSPEL

I am regularly praying for and investing in relationships with those who don't have an active relationship with Jesus.

MAKE DISCIPLES

I regularly engage in meaningful community with other believers, look for opportunities to invest in other believers to help them grow in their faith, and consistently share with other believers about any and all struggles in my life.

On the target below, circle the number you chose for each element of your spiritual walk. When finished, discuss as a group.



- Which of the traits is closest to the bullseye? Why did you give it the score you did?
- Which of the traits is furthest from the bullseye? Why did you give it the score you did?
- When the Discipleship Group is over, what do you hope your target looks like?

HOW WILL WE GET THERE?

Read 1 TIMOTHY 4:7-8

During the upcoming season, we will “train in godliness” by focusing on four weekly disciplines. When we meet as a group, our meeting time will work through each of these disciplines.

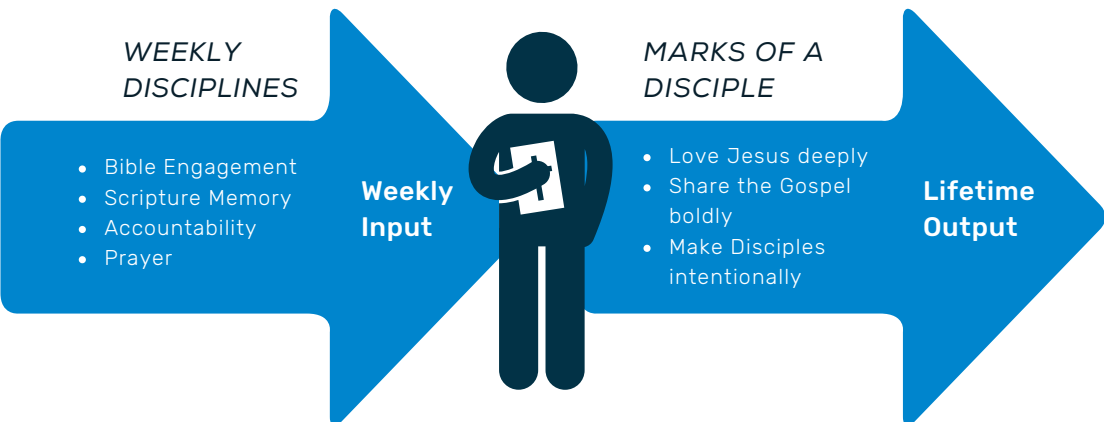
BELOW ARE THE FOUR WEEKLY DISCIPLINES:

1. Bible Engagement
2. Scripture Memory
3. Accountability
4. Prayer

REFLECTION QUESTIONS

1. Which of the four weekly disciplines are you currently doing best in?
2. Which do you need to grow the most in?

Below is a picture of how the Marks of the Disciple & the four Weekly Disciplines work together. This picture shows where the group is going and how we will get there.



D-Group Commitment

WHAT DO WE EXPECT?

During the duration of this group, I will do my best to...

- Give myself fully to the Lord during this time as I anticipate a season of accelerated spiritual transformation.
- Commit to this group and consider how I may best spur others on in their relationship with Jesus.
- Meet weekly with my Discipleship Group (60-90 minutes) unless providentially hindered. When unable to meet, I will stay involved through sharing Prayer Journals and prayer requests.
- Commit to the four weekly disciplines: Bible Engagement, Scripture Memory, Accountability, and Prayer.
- Contribute to a group atmosphere of confidentiality, honesty, and transparency. Personal information shared within this group will remain within this group unless someone may be in danger or trusted outside help is needed.
- Pray every week for the other members of my Discipleship Group and those in my life who don't know Jesus.
- Pray and look for others in my life who I can invite into a new D-Group when my current group decides to multiply.

Name _____

Date _____

Week 3 Facilitator Preparation



SCAN THE QR CODE

and watch the video to prepare for leading Week 3's discussion.

*Note, this video talks about the HEAR journals, not the Prayer Journals

NOTES

Week 3

Prayer Journals & Scripture Memory



OVER THE NEXT TWO WEEKS, YOUR GROUP WILL INTRODUCE EACH ELEMENT OF A NORMAL D-GROUP MEETING.

Once all the elements are introduced, you will follow a simple rhythm through the four weekly disciplines. Below is an example of a normal D-Group rhythm.

The pace and content of the conversation is set by the discernment of the facilitator. The times will vary depending on the number and personalities of the people in the group.

Today, we will introduce the Prayer Journals and scripture memory. Spend the entirety of your time reading and discussing pages 17-20.

EXAMPLE D-GROUP RHYTHM

FELLOWSHIP:

🕒 10 MINUTES

Spend the first ten minutes catching up. If you want, you can be more structured in this time and have each person share his or her “high” and “low” of the week.

SCRIPTURE MEMORY:

🕒 5-10 MINUTES

After everyone quotes that month’s memory verse (found in the NT reading guide starting page 29 or whatever your group has chosen), ask, “As you meditated on this verse, what stood out to you?” We want to store God’s Word in our heart, not just be able to recite it.

BIBLE READING & PRAYER JOURNALS:

🕒 25-35 MINUTES

As you share Prayer Journals, a great question to ask is, “Which of your Prayer Journals stood out the most to you this week and what are you doing about it?”

ACCOUNTABILITY:

🕒 10-25 MINUTES

In addition to our Prayer Journal question, you can ask: “How have you prayed for and invested in your ONE this week?” Additionally, we will discuss the Accountability Questions on page 24.

PRAYER:

🕒 10 MINUTES

Finish the time by having each person share something specific and personal that the group can pray for.

What is a Prayer Journal?

READ THE BIBLE WITH THE INTENTION OF APPLYING IT.

Journaling is a great discipline because it helps you retain **three times** more of what you read.

Every week, each of us will share a Prayer Journal and discuss what we have heard from God's Word. **There is no set number of Prayer Journals you must do each week** - the goal with this discipline, as with all of the others, is to improve as time goes on.

Consider how often you currently journal and do "+1" of that. So, if you have never journaled, just try to do one or two a week. If you journal occasionally, try to do three times a week. The hope is that as you get more comfortable with this discipline and experience its benefit, you will want to increase this number throughout the year.

Take a look at the Prayer Journal example on the next page. As you read through your reading plan this week, create a Prayer Journal by using these three questions:

1. What was the most meaningful scripture you read today?
2. Rephrase the scripture into a prayer of response to God.
3. What does God want you to do today in response to the scripture?

When the group gets together next week, you will share your Prayer Journal, and as a group discuss how to best use this method.

Important - the Prayer Journal is a framework suggestion. If a group member already has a healthy quiet time method, they can continue to use that and then share what stood out to them from their quiet time that week.

**If your group decides they would rather use the H.E.A.R. Journal, you can find more information about that starting on page 31.*

Sample Prayer Journal

Daily Reading: *Philippians 4*

Date: *January 10*

What was the most meaningful scripture you read today?

"Do not be anxious about anything, but in everything, by prayer and petition with thanksgiving, present your requests to God." - Philippians 4:6

Reword the scripture into a prayer of response to God.

Lord, instead of carrying anxiety, help me bring everything to You in prayer. Teach me to trust You and to come to You with gratitude, knowing You care for me.

What does God want you to do today in response to the scripture?

I will pause when I feel anxious and immediately pray about it instead of holding onto it. I will also thank God specifically for what He has already done.

How Will We Do Scripture Memory?

I know of no other single practice in the Christian life more rewarding, practically speaking, than memorizing Scripture... No other single exercise pays greater spiritual dividends! Your prayer life will be strengthened. Your witnessing will be sharper and much more effective. Your attitudes and outlook will begin to change. Your mind will become alert and observant. Your confidence and assurance will be enhanced. Your faith will be solidified.”
– Chuck Swindoll (Growing Strong in the Seasons of Life, 61)

EVERY MONTH, WE WILL MEMORIZE A VERSE.

This is a largely neglected discipline that has amazing benefit for the believer. The discipline’s purpose is to store God’s Word in our heart (Psalm 119:11). For this reason, we do not want to only memorize verses, but to meditate on them as we do it. Once everyone recites the verse, the group will discuss what stood out to them as they meditated on it. (NOTE: The NT Reading Plan starting on page 29 in the back of this booklet includes monthly verses. You can choose your own memory verses as a group)

THE MORE ALIGNED OUR GROUP IS IN THIS DISCIPLINE, THE MORE BENEFICIAL IT WILL BE.

Whether you use the NT Reading Plan or choose a different plan, it is important that the group create a plan together and stick to it. It will be helpful for everyone to memorize the same passages. Though it is not required to use the same translation, it benefits everyone when we are able to work as a team to say the same verse in the same translation.

REFLECTION QUESTIONS

1. What experience do you have with Scripture Memory?
2. How could you see Scripture Memory being beneficial in your life?

THIS WEEK

After choosing the memorization plan you will use, begin with the first monthly verse this week. Additionally, keep working through your reading plan and completing a Prayer Journal.

Week 4 Facilitator Preparation



SCAN THE QR CODE
and watch the video to
prepare for leading
Week 4's discussion.

NOTES

Week 4

Accountability & Prayer



AS WE CONTINUE TO INTRODUCE ELEMENTS OF THE D-GROUP MEETING, TODAY WE WILL FOCUS ON ACCOUNTABILITY AND PRAYER.

For today's meeting, read and discuss through pages 22-25.

Below is the example D-Group meeting flow. This is a helpful reminder of how what you learn today will be implemented in the future weeks.

EXAMPLE D-GROUP RHYTHM

FELLOWSHIP:

🕒 **10 MINUTES**

Spend the first ten minutes catching up. If you want, you can be more structured in this time and have each person share his or her "high" and "low" of the week.

SCRIPTURE MEMORY:

🕒 **5-10 MINUTES**

After everyone quotes that month's memory verse (can be found in the NT reading guide starting page 29 or whatever your group has chosen), ask, "As you meditated on this verse, what stood out to you?" We want to store God's Word in our heart, not just be able to recite it.

BIBLE READING & PRAYER JOURNALS:

🕒 **25-35 MINUTES**

As you share Prayer Journals, a great question to ask is, "Which of your Prayer Journals stood out the most to you this week and what are you doing about it?"

ACCOUNTABILITY:

🕒 **10-25 MINUTES**

In addition to our Prayer Journal question, you can ask: "How have you prayed for and invested in your ONE this week?" Additionally, we will discuss the Accountability Questions on page 24.

PRAYER:

🕒 **10 MINUTES**

Finish the time by having each person share something specific and personal that the group can pray for.

Who's Your One?

ONE WAY WE MAKE DISCIPLES IS BY BEING **MISSIONAL**.

We want every believer to identify ONE person in their life who is far from God and intentionally pursue that person with the hope of the gospel by praying, investing, and inviting.

As a D-Group, we continually encourage and hold each other accountable to be intentional with this relationship. Once you identify who this person is, we want to commit to doing three things:

PRAY

We will pray daily for these names. We will ask God to make them aware of Christ's love and their need for Him (2 Cor. 4:4; Matt.13:15) and to give them the faith to repent and believe (Acts 20:21; Romans 10:9-10).

INVEST

We will create ways to invest weekly in these people's lives. Our hope is to build a relationship where we can share Christ's love with them (1 Cor. 9:19-23). As we invest in someone's life, we build trust, which creates more opportunities to share the Gospel.

INVITE

As we pray and invest, we invite them to the next right thing. The ideal would be to share your faith and invite them to enter into a personal relationship with Jesus Christ. When people aren't there yet, we can invite them to belong in our community before they believe. We do this by inviting them to events like our Life Group, a church outreach event, or a Sunday morning service.

During the accountability time of our D-Group each week, we will ask *"How have you been praying and investing in your ONE this week?"* How exciting would it be if they come to know Jesus and then join your next D-Group!

Take a moment to identify one person in your life who either doesn't have a relationship with Jesus or is disengaged with the local church. This person should be someone you see on a regular basis. Consider your family, friends, neighbors, coworkers, classmates, etc.

Once you identify this person, write their name down and share a little about this person with the group.

Accountability Questions

CORE QUESTIONS

Each week, we ask these two questions:

1. Which of your Prayer Journals stood out the most to you this week and what are you doing about it?
2. How have you been praying for and investing in your ONE this week?



Scan the QR code to watch a video about the “3 Circles” method of sharing the gospel! This can be a great tool for your group to practice together.

EXPERT TIP

One suggestion is to ask each person to share with the group their answer to the following question: *“Which question grabs your attention the most and why?”*

ADDITIONAL QUESTIONS

With the additional time you have in the group, ask your group specific questions that will allow them to share about additional parts of their life. These questions are optional conversation prompts, not a checklist. Use discernment based on the needs and trust level of your group.

- Have you honored God and your spouse with your thoughts, words, and actions this week?
- How have you intentionally invested in an important relationship in your life? (Family, friends, neighbors, co-workers, etc.)
- Have you given in to any addictive behavior this past week? (alcohol, tobacco, video games, work, TV, porn, etc.)
- Have you told any lies or half-truths this week?
- Have you damaged another person by your words, either behind his or her back or face-to-face?
- How are you making a kingdom impact?

Praying for One Another

Prayer should not feel like an item to check off at the end of the meeting. It is one of the primary ways we care for one another, bring our struggles before God, and grow in dependence on Him.

Prayer requests can also open the door to honest conversation. Someone may not feel comfortable answering a direct accountability question, but they may be willing to share the same struggle as a prayer need.

Listen carefully, ask gracious follow-up questions, and never pressure someone to share more than they are ready to share. When someone shares a meaningful need, consider pausing and praying for them right then rather than waiting until the end of the meeting.

HELPFUL QUESTIONS

- What has been weighing on you this week?
- Where do you especially need God's help right now?
- Is there a relationship, decision, temptation, or responsibility we can pray about?
- Is there a step of obedience you believe God is asking you to take?
- How can this group support and pray for you during the coming week?

CREATING A SAFE ENVIRONMENT

- Model appropriate vulnerability.
- Listen with compassion before offering advice.
- Protect confidentiality.
- Do not force disclosure.
- Follow up during the week when someone shares a significant need.
- Remind members that they will be met with grace, not judgment.

The goal is not to get through every question. The goal is to help one another bring real life before God.

Replicate - Individual Resources



REPLICATE PODCASTS

Subscribe to our podcasts for inspiration, encouragement, and equipping as you make disciples.



Scan the QR code to listen and subscribe.



DISCIPLESHIP GROUP RESOURCES

As you read through the Bible and journal through the H.E.A.R. method, our companion resources will help you get more out of your Bible reading and discussion.



BOOK STORE

The Replicate Team has written multiple books on discipleship that help individuals and churches make Christ's final words our first work.

Replicate - Family Resources



WE BELIEVE THAT DISCIPLESHIP STARTS IN THE HOME.

Our Foundations Series is designed to help your whole family read, memorize, and apply Scripture through our reading plans, memory decks, and journal plans. These resources will help your church and your family get every age on the same page.

READING PLANS

Whether you are reading through the F260 or NT260, Replicate provides workbooks for adults, teens, and kids that help your family read through the Bible together and discuss it as a family.

JOURNAL PLANS

Replicate has created multiple resources that will help you journal through the Bible. You can purchase independent journals or a Bible with the journal plan included.

MEMORIZATION PLANS

Replicate's Memory Decks will help you and your family memorize Scripture together.



Scan the QR code to visit Replicate's website!

NOTES

New Testament Reading Guide

August

Week 32:

- Aug 3 | 2 Co 4
- Aug 4 | 2 Co 5
- Aug 5 | 2 Co 6
- Aug 6 | 2 Co 7
- Aug 7 | 2 Co 8
- Aug 8-9

Week 33:

- Aug 10 | 2 Co 9
- Aug 11 | 2 Co 10
- Aug 12 | 2 Co 11
- Aug 13 | 2 Co 12
- Aug 14 | 2 Co 13
- Aug 15-16

Week 34:

- Aug 17 | Gal 1
- Aug 18 | Gal 2
- Aug 19 | Gal 3
- Aug 20 | Gal 4
- Aug 21 | Gal 5
- Aug 22-23

Week 35:

- Aug 24 | Gal 6
- Aug 25 | Eph 1
- Aug 26 | Eph 2
- Aug 27 | Eph 3
- Aug 28 | Eph 4
- Aug 29-30

August Memory Verse

2 Corinthians 5:17 - Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come. (ESV)

September

Week 36:

- Aug 31 | Eph 5
- Sep 1 | Eph 6
- Sep 2 | Phil 1
- Sep 3 | Phil 2
- Sep 4 | Phil 3
- Sep 5-6

Week 37:

- Sep 7 | Phil 4
- Sep 8 | Col 1
- Sep 9 | Col 2
- Sep 10 | Col 3
- Sep 11 | Col 4
- Sep 12-13

Week 38:

- Sep 14 | 1 Th 1
- Sep 15 | 1 Th 2
- Sep 16 | 1 Th 3
- Sep 17 | 1 Th 4
- Sep 18 | 1 Th 5
- Sep 19-20

Week 39:

- Sep 21 | 2 Th 1
- Sep 22 | 2 Th 2
- Sep 23 | 2 Th 3
- Sep 24 | 1 Ti 1
- Sep 25 | 1 Ti 2
- Sep 26-27

September Memory Verse

1 Timothy 1:5 - The aim of our charge is love that issues from a pure heart and a good conscience and a sincere faith. (ESV)

New Testament Reading Guide

October

Week 40:

- Sep 28 | 1 Ti 3
- Sep 29 | 1 Ti 4
- Sep 30 | 1 Ti 5
- Oct 1 | 1 Ti 6
- Oct 2 | 2 Ti 1
- Oct 3-4

Week 41:

- Oct 5 | 2 Ti 2
- Oct 6 | 2 Ti 3
- Oct 7 | 2 Ti 4
- Oct 8 | Titus 1
- Oct 9 | Titus 2
- Oct 10-11

Week 42:

- Oct 12 | Titus 3
- Oct 13 | Phlm
- Oct 14 | Heb 1
- Oct 15 | Heb 2
- Oct 16 | Heb 3
- Oct 17-18

Week 43:

- Oct 19 | Heb 4
- Oct 20 | Heb 5
- Oct 21 | Heb 6
- Oct 22 | Heb 7
- Oct 23 | Heb 8
- Oct 24-25

Week 44:

- Oct 26 | Heb 9
- Oct 27 | Heb 10
- Oct 28 | Heb 11
- Oct 29 | Heb 12
- Oct 30 | Heb 13
- Oct 31-Nov 1

October Memory Verse

[Hebrews 4:16](#) - Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. (ESV)

November

Week 45:

- Nov 2 | Jam 1
- Nov 3 | Jam 2
- Nov 4 | Jam 3
- Nov 5 | Jam 4
- Nov 6 | Jam 5
- Nov 7-8

Week 46:

- Nov 9 | 1 Pe 1
- Nov 10 | 1 Pe 2
- Nov 11 | 1 Pe 3
- Nov 12 | 1 Pe 4
- Nov 13 | 1 Pe 5
- Nov 14-15

Week 47:

- Nov 16 | 2 Pe 1
- Nov 17 | 2 Pe 2
- Nov 18 | 2 Pe 3
- Nov 19 | 1 Jn 1
- Nov 20 | 1 Jn 2
- Nov 21-22

Week 48:

- Nov 23 | 1 Jn 3
- Nov 24 | 1 Jn 4
- Nov 25 | 1 Jn 5
- Nov 26 | 2 Jn
- Nov 27 | 3 Jn
- Nov 28-29

November Memory Verse

[James 1:22](#) - But be doers of the word, and not hearers only, deceiving yourselves. (ESV)

New Testament Reading Guide

December

Week 49:

- Nov 30 | Jude
- Dec 1 | Rev 1
- Dec 2 | Rev 2
- Dec 3 | Rev 3
- Dec 4 | Rev 4
- Dec 5-6

Week 50:

- Dec 7 | Rev 5
- Dec 8 | Rev 6
- Dec 9 | Rev 7
- Dec 10 | Rev 8
- Dec 11 | Rev 9
- Dec 12-13

Week 51:

- Dec 14 | Rev 10
- Dec 15 | Rev 11
- Dec 16 | Rev 12
- Dec 17 | Rev 13
- Dec 18 | Rev 14
- Dec 19-20

Week 52:

- Dec 21 | Rev 15
- Dec 22 | Rev 16
- Dec 23 | Rev 17
- Dec 24 | Rev 18
- Dec 25 | Rev 19
- Dec 26-27

Week 53:

- Dec 28 | Rev 20
- Dec 29 | Rev 21
- Dec 30 | Rev 22

December Memory Verse

Revelation 12:11 - And they have
conquered him by the blood of the
Lamb and by the word of their
testimony, for they loved not their
lives even unto death. (ESV)

What is a H.E.A.R. Journal?

READ THE BIBLE WITH THE INTENTION OF APPLYING IT.

By asking four simple questions, you can understand and apply any passage. In addition, journaling is a great discipline because it helps you retain three times more of what you read.

If your group chooses this method, you can share a H.E.A.R. Journal and discuss what you have heard from God's Word. There is not a set amount of H.E.A.R. Journals that you must do each week, but the goal with this discipline, as with all of the others, is to improve as time goes on.

Consider how often you currently journal and do "+1" of that. So, if you have never journaled, just try to do a couple a week. If you journal occasionally, try to do three times a week. The hope is that as you get more comfortable with this discipline and experience its benefit, you will want to increase this number throughout the year.

Take a look at the H.E.A.R. Journal example on the next page. If you choose to use this method, create a H.E.A.R. Journal using these four questions.

H (HIGHLIGHT)

What is a verse(s) that stood out to you in your reading?

E (EXPLAIN)

What is the author's intended meaning in the context of the passage?

A (APPLY)

What is the principle to live by today?

R (RESPOND)

How will I respond to the application in my relationships and/or situations this week?

If your group uses this method, members may share a H.E.A.R. Journal and discuss what they have heard from God's Word.

Sample H.E.A.R. Journal

Daily Reading: Philippians 4

Date: January 10

H (HIGHLIGHT)

"I am able to do all things through Him who strengthens me." Philippians 4:13

E (EXPLAIN)

Paul was telling the church at Philippi that he has discovered the secret of contentment. No matter the situation in Paul's life, he realized that Christ was all he needed, and Christ was the one who strengthened him to persevere through difficult times.

A (APPLY)

In my life, I will experience many ups and downs. My contentment is not found in circumstances. Rather, it is based on my relationship with Jesus Christ. Only Jesus gives me the strength I need to be content in every circumstance of life.

R (RESPOND)

Lord Jesus, please help me as I strive to be content in You. Through Your strength, I can make it through any situation I face.