



- PRAYER SUPPORT
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- EVENTS
- SHOP
- CONTACT



SUMMER GREETING COU FRIENDS,

June invites us into a season of growth, reflection, and light. As we reach the midpoint of the year, it offers a meaningful opportunity to pause and look back on the first six months. How have your New Year intentions begun to unfold? In what ways have you grown, shifted, or been surprised?

For those who participated in our Burning Bowl service, your letter to God should be arriving this month—a gentle invitation to revisit your vision for 2026, remember what called to your heart, and continue nurturing it with your attention, intention, and light.

This month also brings the summer solstice, the longest day of the year and a sacred reminder of illumination. The solstice has long been honored as a time for reflection, renewal, and reassessment. It offers us an opportunity to reconsider our direction, make meaningful adjustments, and celebrate the journey we are on. Just as importantly, it invites us to

acknowledge and give thanks for all the good that has already unfolded this year.

In many spiritual traditions, light symbolizes wisdom, truth, and awakening. The summer solstice reminds us to kindle these qualities within ourselves—to shine light into places of uncertainty, trust our inner knowing, and allow greater clarity to emerge.

May the light of this season bless your life with renewal and growth. May it illuminate your path, deepen your joy, and awaken within you a greater awareness of the abundance already present and still unfolding.

Rev Linda

WHO WE ARE AT COU

OUR MISSION

Transforming lives and inspiring people to make a positive difference in the world.

OUR VISION

Centered in God, we envision a world free of judgment and filled with love.

OUR CORE VALUES

Spirit-led, Service, Inclusive, Joy, and Prosperous

JOIN US FOR SUNDAY *service*

SUNDAYS | 10:30 AM

Join us each Sunday for a heart-centered service and meaningful time together in community. Whether you come for spiritual connection, inspiration, prayer, meditation, healing, or simply a moment to reconnect and reset, we're grateful to share the journey with you.

Each week, we explore practical spiritual principles and uplifting teachings that support a more peaceful, purposeful, and joy-filled life; while creating space for authentic connection, reflection, and growth together.

7TH - "TWO OR MORE GATHER"

14TH - GUEST SPEAKER:
GIGI JOHNSON, LUT

21ST - "BOTH/AND"

28TH - "A SECRET OF LIFE"

Conscious Conversations

Be part of the conversation as we co-create a vibrant future in this time of meaningful change. **You are warmly invited** to share your voice and help guide our next Strategic Planning session with leadership as we continue building a beloved community.



Susan Spradlin will be available on Sundays to sign you up, or you can [click here](#) to share your feedback and reserve your spot.



Thank you for being part of our beloved community.

*Your voice matters.
Together we create the future.*



EXPLORING AI WITH HEART & WISDOM

FACILITATED BY: BEN COX
SUNDAY, JUNE 7
1:00 PM - 3:00 PM

Join us for a thought-provoking and interactive workshop with Ben Cox as we explore a heart-centered approach to understanding and engaging with today's emerging AI tools—grounded in wisdom, intention, and spiritual awareness.

Together, we'll reflect on the Three Expressions of Intelligence:

- **Divine Intelligence** → The source of wisdom
- **Human Intelligence** → The interpreter, creator, and heart
- **Artificial Intelligence** → The amplifier of intention

This workshop is designed to inspire a courageous and integrated perspective on AI—one that honors spiritual principles while thoughtfully embracing innovation and possibility.

Whether you're curious, cautious, skeptical, or excited about AI, this workshop offers a welcoming space to learn, reflect, ask questions, and expand your understanding.

[SIGN UP](#)



The year continues to move quickly as we enter the heart of summer. Days come and go, marked by busy schedules, changing seasons, and life's many experiences. Through it all, the Care Team is here to hold you and your loved ones in prayer.

Sometimes life feels overwhelming, and even the most positive among us can find it difficult to stay uplifted during challenging times. In those moments, it's comforting to know there are kind and caring people holding sacred space for us until we can reconnect with the Truth within.

Whether you are experiencing challenges, celebrations, uncertainty, or gratitude, we invite you to let us pray with you. A Care Team member is available in the prayer room for 15–20 minutes after each service.

We're here for you.



GRACE Food Pantry Donations

Bring non-perishable food donations to Fellowship Hall on the last Sunday of each month for distribution to clients of the GRACE Food Pantry. Donations are welcome all month long, so feel free to place shelf-stable items in the marked receptacle in Fellowship Hall anytime.

Items such as canned proteins, low-sodium foods, low-sugar options, and high-fiber staples are especially appreciated. (And yes—Spam is still welcome, too!)

Please check expiration dates before donating. We want to ensure the food shared with GRACE families is fresh, safe, and ready to enjoy.



VOLUNTEER CALL

Help Us Keep Our Church Grounds Beautiful!

JOIN A GROUP TODAY

[EMAIL US](#) 

We made our first big step in the beautification of the outside of our church: the Front Garden!

NOW — we need at least 6 more volunteers to help keep the shrubbery and weeds around the edges of the building and along the street side in good shape. An occasional tree limb trim is all that's still needed beyond that.

PLEASE VOLUNTEER!

If we have 2 crews of at least 4–6 people each, it will be easy on everyone — maybe just 1–2 hours, once a month at most, for each person.

What does NOT need our assistance:

- The Front Garden is being 100% maintained by Blooming Colors Landscaping and Nursery, who designed and installed it.
- The grass is being mowed and edged by a different company, so that is also taken care of.

What DOES need our assistance:

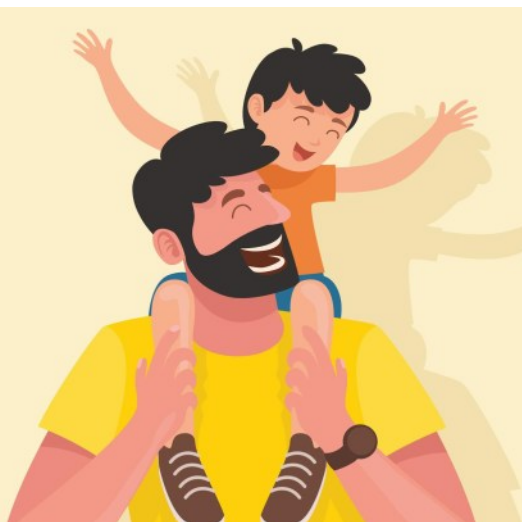
- Prune the bushes around the building and along the street side, and apply fertilizer once a year.
- Pull weeds around the bushes and apply weed deterrent twice a year.
- Mulch the beds around the sides of the building twice a year. Once the beds are weed-free and mulched, they will be much easier to maintain.

WE NEED 2 crews of 4 people each. Each crew would come by the church one time a month to work on the items above. It will take a little longer initially to get everything into shape, but once that is done, keeping it looking great will be quick and easy with one group working around the 1st week of the month and the other around the 3rd week.

PLEASE CONTACT TO VOLUNTEER:

Diane Divin at diane@divinconsulting.com, or give your name, phone number, and email address to either Diane Divin or Kenny Green at church. Diane will head up one group and Kenny the other, and we truly look forward to you joining us in keeping this beautiful adventure going!

Also, please let us know what type of tools you would be able to bring to help accomplish these tasks.



Happy
FATHER'S
day
SUNDAY, JUNE 21

This Father's Day, we honor and celebrate all who express the loving, guiding, and supportive spirit of fathering in our lives. We give thanks for the wisdom, strength, and compassion shared by fathers, grandfathers, mentors, and spiritual guides everywhere.

Wishing you a day filled with love, gratitude, and blessings!

CORKED

Join our Social Group for fun outings each month.

Contact

Barbara Luders | 682-208-9334 or
b.luders@yahoo.com



SUMMER BBQ LUNCH

Feedstore BBQ

530 S White Chapel Blvd., Southlake
Sunday, June 28 | following service

It's Summer and BBQ Time! Join the Corked group on Sunday, June 28, following the service, for great food, laughter, and fellowship at Feedstore BBQ in Southlake.

A longtime local favorite, Feedstore BBQ is known for its authentic Texas barbecue, relaxed atmosphere, and delicious smoked meats with all the classic sides. Whether you love brisket, ribs, sausage, or peach cobbler, there's something for everyone to enjoy!

Come hungry and enjoy a fun summer afternoon together with friends old and new! RSVP by June 24th to Barbara Luders.

CENTERING PRAYER



1st Sundays
5:00 pm - 6:30 pm

SUNDAY, JUNE 7

Join Mark and Dawn Morris in the Prayer Room for Centering Prayer, a type of Christian meditation. We will do two 20 minute sits, then spend a few minutes in Lectio Divina, a meditative scripture reading.

Visit contemplativeoutreach.org for more info.

****MEETING TIME CHANGE****

Shine with purpose. Shop with heart.

SUMMER READING

Let June be a month of inspiration at
INNER JOURNEY BOOKSTORE



STOP BY SUNDAY

As June arrives, it brings the energy of light, warmth, and new inspiration. It's the perfect time to reconnect with what nourishes your spirit and supports your journey of growth and transformation.

When you shop at Inner Journey Bookstore, you're doing more than purchasing a book or gift — you're directly supporting our church community. Inner Journey is 100% nonprofit, and every purchase helps sustain and nurture our shared spiritual home.

This month, explore our thoughtfully curated collection of spiritual, metaphysical, and inspirational books and gifts — perfect for summer reading, personal reflection, or sharing encouragement with someone you love.

QUIZ TIME

The Tree of Life is:

- 1 - A place with a tree house where we can live
- 2 - The life cycle of a tree
- 3 - A means of honoring groups or individuals with a permanent plaque

Our Tree of Life is located:

- 1 - In the front parking lot
- 2 - In the back parking lot
- 3 - In the back hallway

One can purchase a plaque with:

- 1 - Cash
- 2 - Credit
- 3 - Both of the above

Plaques must be paid for all at once:

- 1 - True
- 2 - False

Purchasing a plaque on the Tree of Life is not only a great gift but an excellent tax deduction.

- 1 - True
- 2 - False

If you answered all "3s" to the first three questions, "False" to the fourth and "True" to the fifth, you're a Tree of Life scholar; treat yourself to a plaque.

If you missed any of the questions, you may need to brush up on your Tree of Life knowledge; purchase of a plaque for yourself, a group or a loved one will help.

Q food, fellowship & fun

1ST SUNDAY LUNCH

11:45 AM

Family
Barbecue

LOVE
OFFERING

Sunday, June 7th | 11:45 am

Join us after service for our First Sunday Family Barbecue—a fun-filled afternoon of great food, fellowship, and summertime connection for all ages!

We'll gather together to enjoy classic barbecue favorites, laughter, and community as we kick off the summer season.

This is a wonderful opportunity to relax, connect with old and new friends, and enjoy time together as a church family. Kids, grandparents, friends, and visitors are all welcome!

Love offerings are appreciated.

LIFT YOUR VOICE SUNDAYS 11:45 AM

Have you ever felt the joy of song? Do you find yourself humming along during Sunday services or tapping your foot to the rhythm? If so, the church choir may be calling your name!

- ♥ Build lasting friendships and find encouragement.
- ♥ Use your gift of music.
- ♥ Strengthen your musical skills.
- ♥ Experience the spiritual and emotional uplift that comes with harmonizing.

No auditions are required, just a willing heart. Rehearsals are held every Sunday from 11:45 am in the choir room. All voice parts and experience levels are welcome!

Come be a part of something meaningful. Come sing with us. **We'd love to welcome you to the choir family!**



CORKED had a great time at Rio Mambo last month. We had 21 attend! They were very accommodating to us and we had great service.



MESSY church

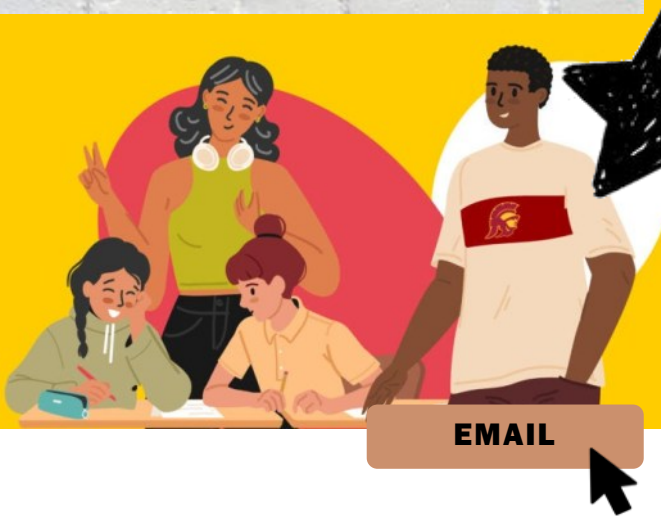
Wet N Messy Sunday School Starts June 21!

We're excited to kick off our **Wet N Messy Sunday School** program on **June 21!** This summer, our explorers will dive into Unity principles through fun, interactive lessons inspired by *The Lego Movie*. Our theme for the series is **"Building the Wonderful You."**

Each week, children will watch a short segment of the movie and then discuss the Unity messages found in the story. Some activities will involve water and hands-on "messy" fun, so please have your kiddos dress in clothes that can get wet and messy.

Our **4-year-old through Kindergarten** class will continue their joyful journey through *What a Wonderful World!* with age-appropriate lessons and activities. Their lessons will be shorter so they can join in the outdoor fun.

We can't wait to learn, play, and build something wonderful together!



3 TEACHING POSITIONS AVAILABLE

We're grateful for the beautiful growth in our church family. As our community expands this summer, we're excited to add a new class for our high school youth—a wonderful sign of the energy and connection growing among us.

With that growth comes a chance to serve. We're looking for an adult to guide our young teens (6th–8th grade) on the second Sunday of each month, and two volunteers to support our 4-year-old through Kinder-

garten class on the third and fourth Sundays.

No lesson preparation is required—everything is provided. Just bring your presence, kindness, and willingness to encourage our children and youth.

If you feel called to help, please contact Debie for more information about joining this meaningful ministry. Together, we can continue to grow, connect, and shine.



LEGOS!

Looking to get rid of some Legos? Great, we need enough to fill a gallon zip lock bag.



RECYCLE WITH US!

We are in need of empty cereal boxes for this summer's activities.



As our YOU (high school) students move into their own classroom this summer, we are looking for a new or gently used TV to support some of their lessons.

PLEASE LEAVE DONATIONS IN THE BLUE HAMPER IN THE Y.E. HALLWAY.



The Youth Ed Dollar store is need of supplies, especially for our pre-teens and teens. You can find things in the clearance sections, leftover party favors, etc. All donations can be left in the blue basket in the Youth Ed hallway.



COUKids Families!

We've grown SO much (yay!!) that Debie has officially hit the limit on how many phone numbers she can include in a single message. What a great problem to have!

To help simplify communication, she's created a **COUKids WhatsApp Community** where we can share reminders, announcements, and all the fun happenings in one convenient place.

Join us here: <https://chat.whatsapp.com/LVhIMCN90qK197SC9zMg2c>:

We're so grateful for this amazing, growing village! Let's keep the connection going.



The hallway outside the sanctuary is meant to be an **ever-changing art gallery** and we want *your* work to bring it to life! Don't you love seeing the walls filled with art that uplifts the spirit, sparks conversation, and celebrates the beauty of our congregation?

Artist Details

- Artwork will be displayed for 90 days
- Pieces may be offered for sale
- A portion of all sales will support COU, helping our church continue to grow and thrive

Interested? Contact **June Brookshire** at **(817) 868-1400**
This is your opportunity to showcase your talent, be seen, and inspire others through your creative voice.



Bible Study ONLINE

TUESDAYS | 11:30 AM

Discover deeper spiritual meaning in scripture and reconnect with the good that God is unfolding in your life right now. Each class stands on its own—join any time and drop in as you're able. All are welcome!

ZOOM ID 702 400 166

HAPPY BIRTHDAY

Diane Grove	04
Carol Record	04
Bill Parks	10
Amber Holland	24
Rory Divin	30

HAPPY ANNIVERSARY

Gene & Peggy Trainor	02
Mike Robey & Steve Thorpe	14



after service fellowship EVERY SUNDAY

Each week, we ask those whose last name matches the schedule to bring a healthy snack to share with the community.

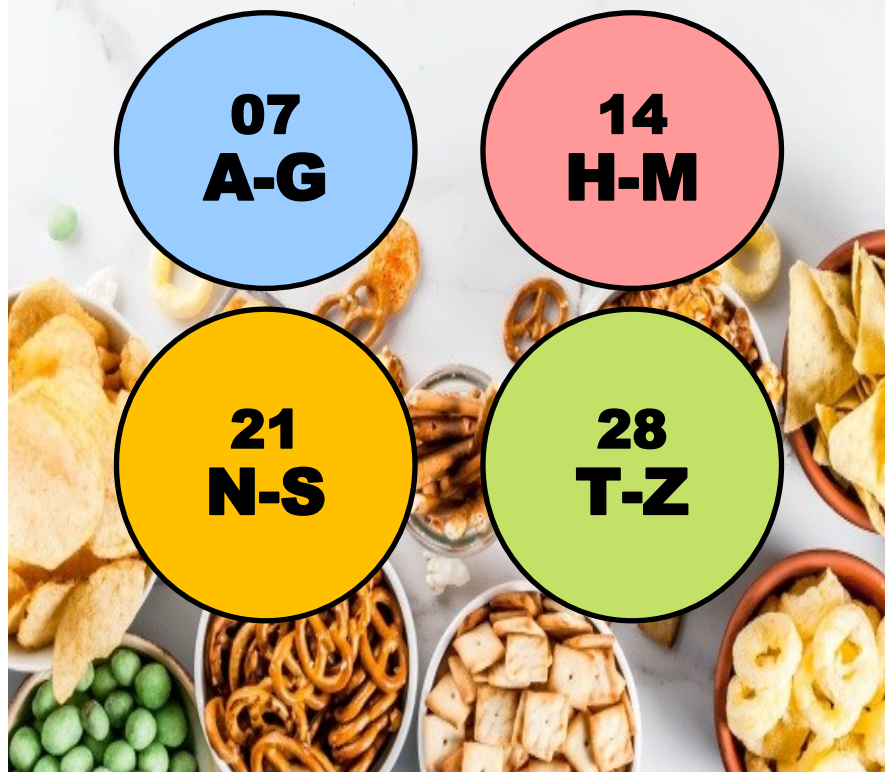
5th Sundays we invite ALL to share a snack.

**07
A-G**

**14
H-M**

**21
N-S**

**28
T-Z**



ADULT SUNDAY SCHOOL

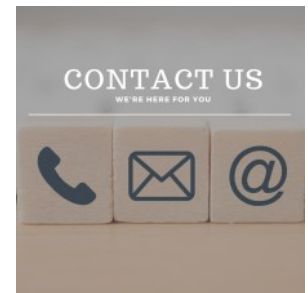
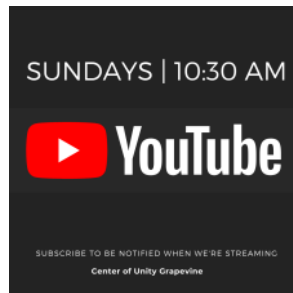
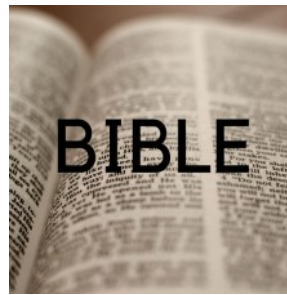
SUNDAYS | 9:30AM

Looking to explore last Sunday's message more deeply? Join us for thoughtful conversation and spiritual connection—whether you're joining in person or online. Each session is self-contained, so you can drop in anytime!

ZOOM ID 858 102 650 49

RESOURCES

simply click the pic to be re-directed to the information you want



1650 Hughes Road, P.O. Box 667
Grapevine, TX 76051
817-488-1008
www.centerofunity.org

Our Mission:

Transforming lives and inspiring people to make a positive difference in the world.

Our Vision:

Centered in God, we envision a world free of judgment and filled with love.

FINANCIAL NEWS

God is the Source of Center of Unity. We are lavishly prospered in all ways. Thank you, God!

April General Fund

Income	\$25,092
Expense	(\$32,771)
Net Income	(\$7,679)

YTD General Fund

Income	\$111,908
Expense	(\$117,716)
Net Income	(\$5,808)



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5 Office Closed	6
7 Fellowship Snacks: A –G 9:30 am: Adult Sunday School 10:30 am: “Two or More Gather” 11:45 am: 1st Sunday Lunch 11:45 am: Choir Practice 1:00 pm - 3:00 pm Exploring AI with Heart & Wisdom 5:00 pm - 6:30 pm: Centering	8	9 11:30 am Metaphysical Bible Study	10	11	12 Office Closed	13
14 Fellowship Snacks: H - M 9:30 am: Adult Sunday School 10:30 am: Guest Speaker: GiGi Johnson, LUT 11:45 am: Choir Practice	15	16 11:30 am Metaphysical Bible Study	17	18	19 Office Closed	20
21 Fellowship Snacks: N - S 9:30 am: Adult Sunday School 10:30 am: “Both/And” 11:45 am: Choir Practice 12:00 pm: Corked at Feedstore BBQ Happy Father’s Day	22	23 11:30 am Metaphysical Bible Study	24	25	26 Office Closed	27
28 Fellowship Snacks: T - Z 9:30 am: Adult Sunday School 10:30 am: “A Secret of Life” 11:45 am: Choir Practice	29	30 11:30 am Metaphysical Bible Study				