



PRAYER SUPPORT

LISTEN

DONATE

EVENTS

SHOP

CONTACT



MAY GREETINGS COU COMMUNITY,

This month marks the beginning of our long-awaited **Conscious Conversations**. Over the next several months, we're inviting everyone to invest just 30 minutes to share how you experience spiritual fulfillment and what shifts or changes you feel would support the growth of our community. Whether you've been attending for a month, a year, or for decades, your perspective matters.

Once these conversations are complete, we will compile and thoughtfully synthesize all the insights—with the support of AI tools—and share a summary with the community. This collective wisdom will also serve as a guiding foundation as leadership develops a three-year Strategic Plan.

We are in an exciting season of transformation, both in individual lives and within our physical space. Thanks to the support of many, our front area has become a welcoming and beautiful sanctuary, and Fellowship Hall has been refreshed, with new flooring still to come.

As we look ahead to our continued growth and evolution, we invite you to be part of shaping what comes next.

In transformation and growth,

Rev Linda

WHO WE ARE AT COU

OUR MISSION

Transforming lives and inspiring people to make a positive difference in the world.

OUR VISION

Centered in God, we envision a world free of judgment and filled with love.

OUR CORE VALUES

Spirit-led, Service, Inclusive, Joy, and Prosperous

It Is Time for You to Claim Your Wholeness.

Join us for a powerful new Sunday series inspired by the book,

“This Life is Yours,” by Linda Martella

Whitsett and Alecia Whitsett. Together, we’ll explore how to heal your whole self by uncovering the eternal, whole, and unbreakable truth of who you are.

Through seven life-changing spiritual practices, this series offers a path toward greater peace, happiness, and inner well-being. Each Sunday service is designed to uplift the heart, inspire personal growth, and deepen your connection to Spirit.

Whether you are seeking healing, spiritual renewal, meaningful connection, or simply a peaceful place to reflect, you are warmly welcome here.

Join us as we explore universal principles, meditation, prayer, and inspiring teachings that support a more joyful and purposeful life.

3rd: The Value of Questioning

10th: The Power of Mind

17th: Inner Resources

24th: Intentional Action

31st: Embrace Your Whole Life (Multi-Gen)

Messages from the Spirit World

An Uplifting Afternoon of Healing, Hope, and Connection

Saturday, May 16

2:00 pm - 4:00 pm

1650 Hughes Rd, Grapevine

Tickets: \$25 in advance/ \$35 door



Experience the loving presence of the Spirit World in this special afternoon with Jennifer Farmer.

Jennifer will share **evidential messages** from loved ones in Spirit—offering comfort, healing, and reassurance that love continues beyond this life. She will also share gentle insight to help you recognize signs and deepen your own connection with the Spirit World.

Many attendees leave feeling **uplifted, comforted, and at peace**, with a renewed sense of connection and trust.

As she brings the Spirit World closer—so you can feel, not just wonder, that your loved ones are still with you.

This is a warm and welcoming gathering where many feel comforted, inspired, and more deeply connected—both to Spirit and to one another.

Love continues. You are not alone.

Special Offers

- First 20 seats receive priority seating
- Register by April 30 and bring a friend for \$20

Come experience the comfort and healing presence of the Spirit World -

Live and in-person!

Reserve Your Seat

TICKETS

Advance tickets recommended. This is a group event. A personal message is not guaranteed.



Happy springtime to everyone!

I'm glad to report that the re-landscaping of the front gardens at Center of Unity is nearly complete. It's wonderful to see new life and growth blooming out front, along with an updated sprinkler system that will help sustain everything through the hot Texas summer. It also helps that the landscapers have chosen as many low-water plants as possible. A heartfelt thank-you to Diane and Rory Divin!

There is also fresh new color and décor in Fellowship Hall. We're enjoying newly painted walls, beautiful flowers, inspiring artwork, and affirmations that brighten the space. The new flooring has encountered a frustrating delay, but with your prayers and affirmations, I know it will be completed soon. Our Board President, Grant Trevithick, has played a major role in this project. Thank you, Grant!

More good news: like yeast, our budget continues to rise and expand to meet the needs of our church. All of you—our members and congregants—make this possible, and we are deeply grateful. Thank you! Thank you, God, for prosperity in all its forms.

Lastly, we are thankful for the facilitators and attendees of the wonderful classes we are able to offer. We currently have four classes meeting in Spirit-Groups and the Quantum Living Process. It's important not only to participate, but also to share these opportunities with your friends and family who may be interested in learning and growing. These classes help keep your connection to God-Spirit alive, vibrant, and renewed.

Many blessings to you and yours. I hope to see you at Center of Unity or in one of our online groups.

Namaste,
June Brookshire
Vice-President



CINCO DE MAYO

Potluck!

Join us for a festive
First Sunday Lunch
celebration!

Bring your favorite
Mexican-inspired dish
to share and enjoy
food, fellowship,
and fun!

Sunday, May 3rd
11:45 am

First Sunday Lunch – Cinco de Mayo Potluck!

Join us this month for a festive **Cinco de Mayo**–themed **First Sunday Lunch Potluck**! Come enjoy a joyful afternoon of delicious food, laughter, and fellowship as we celebrate together after service.

Bring your favorite dish to share—think **tacos, enchiladas, rice and beans, chips and salsa, guacamole, queso, Mexican street corn, taco dip, fresh fruit, churros, or your favorite dessert**. Whether it's homemade or store-bought, every dish is welcome and appreciated!

And don't forget to save the date for next month's **Family Barbecue**, sure to be another fun and delicious gathering for all ages.

Love offerings are appreciated.

Conscious Conversations

Be part of the conversation as we co-create a vibrant future in this time of meaningful change. **You are warmly invited** to share your voice and help guide our next Strategic Planning session with leadership as we continue building a beloved community.



Susan Spradlin will be available on Sundays to sign you up, or you can [click here](#) to share your feedback and reserve your spot.

♥ Thank you for being part of our beloved community.

Your voice matters.
Together we create the future.



CORKED

Join our Social Group for fun outings each month.

Contact
Barbara Luders | 682-208-9334 or
b.luders@yahoo.com



BRUNCH LUNCH

Rio Mambo
5150 State Hwy 121, Colleyville
Sunday, May 17 | following service

Join us on May 17th as we continue the festive spirit with our own Diecisiete de Mayo celebration, taking the place of Cinco de Mayo! Following Sunday service, gather with friends and community for a joyful brunch/lunch at Rio Mambo, located at 5150 State Hwy. 121, Colleyville.

Come enjoy delicious food, warm fellowship, and a fun afternoon together as we celebrate in community.

Please RSVP by May 13th so we can reserve seating for everyone.

LAST SUNDAYS

Benefiting the GRACE

FOOD PANTRY

WHAT WE NEED?

CANNED FOOD & OTHER NON-PERISHABLES



Bring non-perishables to Fellowship Hall **the last Sunday of each month** for distribution to the GRACE Food Pantry clients. You don't have to wait until last Sunday, though; bring shelf-stable foods any time during the month and place them in the marked receptacle in Fellowship Hall. Spam is still welcomed; the foods suggested here may be a bit healthier than that "traditional" donation. You might consider low-sodium, low-sugar, high-fiber foods in your selections.

PLEASE ENSURE THAT YOUR ITEMS ARE NOT EXPIRED. Like all of us, GRACE clients prefer to eat food that is not expired.

JOIN THE CHOIR!



NO AUDITIONS REQUIRED

LIFT YOUR VOICE SUNDAYS 11:45 AM

Have you ever felt the joy of song? Do you find yourself humming along during Sunday services or tapping your foot to the rhythm? If so, the church choir may be calling your name!

- ♥ Build lasting friendships and find encouragement.
- ♥ Use your gift of music.
- ♥ Strengthen your musical skills.
- ♥ Experience the spiritual and emotional uplift that comes with harmonizing.

No auditions are required, just a willing heart. Rehearsals are held every Sunday from 11:45 am in the choir room. All voice parts and experience levels are welcome!

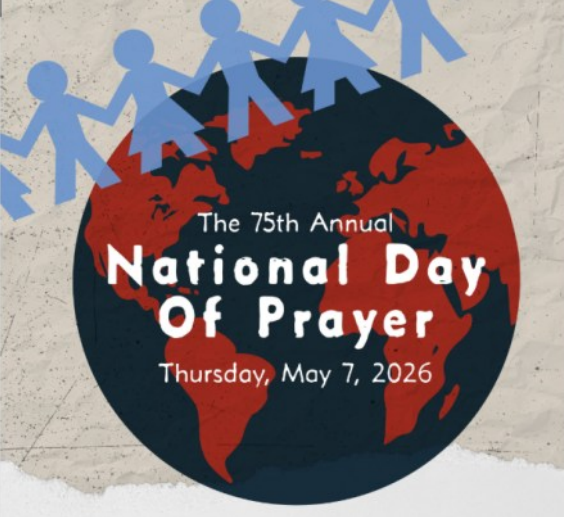
Come be a part of something meaningful. Come sing with us. We'd love to welcome you to the choir family!

CENTERING PRAYER

SUNDAY, MAY 3 | 6-7:30 PM

Join Mark and Dawn Morris in the Prayer Room for Centering Prayer, a type of Christian meditation. We will do two 20 minute sits, then spend a few minutes in Lectio Divina, a meditative scripture reading.

Visit contemplativeoutreach.org for more info.



MAY 7th

The National Day of Prayer in May was established in 1952. This year, May 7th is the day when we are encouraged to hold in the light families, education, media and entertainment, governments, all spiritual beliefs, first responders, and businesses. As we embrace these areas, we also affirm healing for our communities, our country, all countries, all people, and for the planet

MAY INTO MEANING AT INNER JOURNEY BOOKSTORE



As May unfolds, it invites us into a season of growth, renewal, and expanded possibility. It's a beautiful time to realign with your intentions and tend to what is blossoming in your life.

When you shop at Inner Journey Bookstore, you're doing more than choosing a book or gift; you're directly supporting our church community. Inner Journey is 100% nonprofit, and every purchase helps sustain and nurture our shared spiritual home.

This month, explore our thoughtfully curated collection of spiritual, metaphysical, and inspirational books and gifts; perfect for deepening your practice, celebrating new beginnings, or sharing something meaningful with someone you care about.

Grow with purpose. Shop with heart. Let May be a month of intention at Inner Journey.

MAY 10th

We honor and celebrate all mothers, grandmothers, caregivers, and nurturing hearts who share love, wisdom, strength, and compassion in so many beautiful ways.

We are deeply grateful for the presence you bring to our lives and our community.

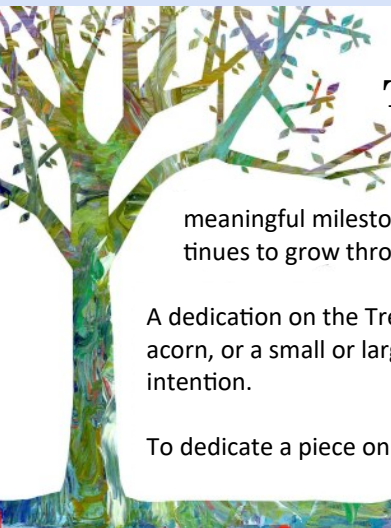


THE CARE TEAM

The Care Team brings together many years of lived experience in the art of navigating life's joys and challenges. While we each carry our own stories, our focus is always outward; centering your needs in prayer with presence, compassion, and care.

It is because we have walked through both celebration and difficulty that we are able to hold sacred space for you when you need it most. We stand with you in prayer when words feel hard to find and strength feels out of reach, trusting that your own center is always there, waiting for you.

We are honored to support you in prayer. Please join us in the Prayer Room after service to share your prayer request.



TREE OF LIFE

This is a season of celebration—Mother's Day, Father's Day, weddings, graduations, and so many meaningful milestones in between. It's a beautiful time to honor the people who have shaped our lives and the love that continues to grow through every season.

A dedication on the Tree of Life is a meaningful way to celebrate or remember someone special. Whether you choose a leaf, an acorn, or a small or large stepping stone, each plaque offers space for a personalized engraved message that reflects your love and intention.

To dedicate a piece on the Tree of Life, please contact the office for details.



Sundays in Youth Ed

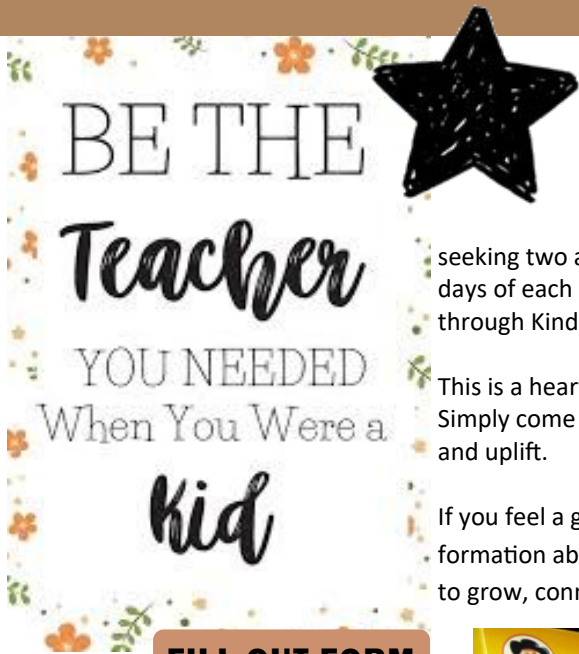
This month, our youngest learners will discover how we care for our “body temples” through the theme *What a Wonderful World*, exploring gratitude, wellness, and the beauty of life around us.

Our grade schoolers will continue their focus on compassion and consideration for others through lessons from *Celebrating My God Self*, strengthening empathy and mindful awareness in everyday life.

Meanwhile, our older youth will journey into *The Teachings of Jesus*, engaging with each story through both a metaphysical lens and a traditional, foundational perspective—inviting deeper reflection and understanding from multiple viewpoints.



- ▼ 6TH – 8TH GRADERS ON THE 2ND & 3RD SUNDAYS
- ▼ 4-YEAR-OLD & KINDER ON THE 3RD & 4TH SUNDAYS



We joyfully celebrate the beautiful growth unfolding within our church family! As we continue to expand this summer, we are excited to welcome a new class for our high school youth—an inspiring reflection of the vibrant, growing spirit in our community.

With this growth comes an opportunity to express love through service. We are seeking two adults to lovingly guide our young teens (6th–8th grade) on the second and third Sundays of each month. We also welcome two nurturing volunteers to support our 4-year-old through Kindergarten class on the third and fourth Sundays.

This is a heart-centered opportunity—no lesson preparation is needed, as everything is provided. Simply come as you are, bringing your presence, your kindness, and your willingness to encourage and uplift.

If you feel a gentle nudge to serve and support our youth, please reach out to Debie for more information about becoming part of this meaningful and joy-filled ministry. Together, we continue to grow, connect, and shine.

FILL OUT FORM



Multi-Gen Service May 31st



RECYCLE WITH US!

We are in need of empty cereal boxes for this summer’s activities. Leave donations in the blue hamper in the YE hallway.






ONLINE BIBLE STUDY

TUESDAYS | 11:30 AM

Discover deeper spiritual meaning in scripture and reconnect with the good that God is unfolding in your life right now. Each class stands on its own—join any time and drop in as you're able. All are welcome!

ZOOM ID 702 400 166



ADULT
Sunday School
SUNDAYS | 9:30 AM
ZOOM ID 85810265049

SUNDAYS | 9:30AM

Looking to explore last Sunday's message more deeply? Join us for thoughtful conversation and spiritual connection—whether you're joining in person or online. Each session is self-contained, so you can drop in anytime!

ZOOM ID 858 102 650 49

HAPPY BIRTHDAY

Gladys Pettid	07
Greg Will	10
Michael Wetson	10
Jeff Holland	12
Michelle Redwine	15
Joe Hester	17
Nick Bell	21
Grant Trevithick	28

HAPPY ANNIVERSARY

Mike & Carol Record	06
Dwayne & Arlene Taylor	12
Sharon & Wes Crowder	18
Matthew & Nicholle Sweat	22

HAPPY BIRTHDAY KIDS

Henry DeSouza	07
Camilia Crouch	17
Alistair Kelley	28

after service fellowship EVERY SUNDAY

Each week, we ask those whose last name matches the schedule to bring a healthy snack to share with the community.

5th Sundays we invite ALL to share a snack.

**03
A-G**

**10
H-M**

**17
N-S**

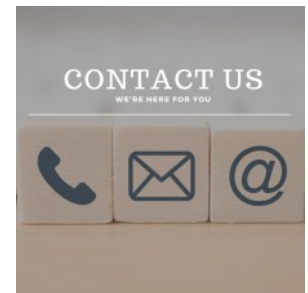
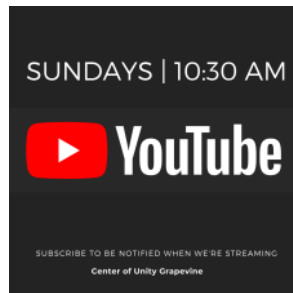
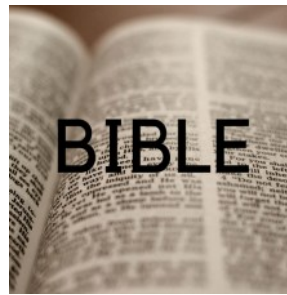
**24
T-Z**

**31
ALL**



RESOURCES

simply click the pic to be re-directed to the information you want



1650 Hughes Road, P.O. Box 667
Grapevine, TX 76051
817-488-1008
www.centerofunity.org

Our Mission:

Transforming lives and inspiring people to make a positive difference in the world.

Our Vision:

Centered in God, we envision a world free of judgment and filled with love.

FINANCIAL NEWS

God is the Source of Center of Unity. We are lavishly prospered in all ways. Thank you, God!


March General Fund

Income \$27,261
Expense (\$27,607)
Net Income (\$346)

YTD General Fund

Income \$91,330
Expense (\$85,027)
Net Income \$6,303

May

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Office Closed	2
3 Fellowship Snacks: A –G 9:30 am: Adult Sunday School 10:30 am: The Value of Questioning 11:45 am: 1st Sunday Lunch 11:45 am: Choir Practice 6:00 pm - 7:30 pm: Centering Prayer	4	5 11:30 am Metaphysical Bible Study	6	7 National Day of Prayer	8 Office Closed	9
10 Fellowship Snacks: H - M Happy Mother's Day 9:30 am: Adult Sunday School 10:30 am: The Power of Mind 11:45 am: Choir Practice	11	12 11:30 am Metaphysical Bible Study	13	14	15 Office Closed	16 2:00 pm - 4:00 pm Messages with the Spirit World
17 Fellowship Snacks: N - S 9:30 am: Adult Sunday School 10:30 am: Inner Resources 11:45 am: Choir Practice 12:00 pm: Corked Brunch Lunch at Rio Mambo	18	19 11:30 am Metaphysical Bible Study	20	21	22 Office Closed	23
24 Fellowship Snacks: T - Z 9:30 am: Adult Sunday School 10:30 am: Intentional Action 11:45 am: Choir Practice		26 11:30 am Metaphysical Bible Study	27	28	29 Office Closed	30
31 Fellowship Snacks: ALL 9:30 am: Adult Sunday School 10:30 am: Embrace Your Whole Life (Multi-Gen) 11:45 am: Choir Practice Last Day for GRACE Food Pantry Donations						