

PRAYER SUPPORT

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EVENTS

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FALL GREETINGS COU FRIENDS,

I was lucky to grow up in the North, where every year the trees would explode into brilliant colors. A few years ago, I discovered—something I apparently missed during my science classes—that the leaves don't actually "turn" colors. As winter approaches and photosynthesis is no longer fueled by the warmth and sunlight of summer, the trees begin to break down the chlorophyll that has given the leaves their green. And as the green fades, the other colors that have been there all along—the magical reds, golds, and oranges—are finally revealed.

I think there is a beautiful spiritual metaphor here for each of us.

We, too, have "colors" within us that are often hidden by our human nature. I think of these colors as the divine qualities that are always present within us: compassion, wisdom, courage, joy, and all the many shades of love. They don't need to be created. They are already there. But so often, they are

masked or covered over by our ego self—by fear, anger, judgment, insecurity, and the belief that we are somehow separate or not enough.

Perhaps the spiritual journey is not so much about becoming something we are not, but about letting go of what has been covering up who we truly are.

Fall reminds us that there is a time for release. The trees do not cling to what is no longer needed. They let go, trusting the deeper wisdom of the season. And as they release the green, the colors that were there all along are revealed in breathtaking ways.

Paul spoke about "dying daily"—a continual letting go of the ego, our self-centeredness, and the patterns that keep us identified with a smaller version of ourselves. In that letting go, something new can be born: a larger, more interconnected, more compassionate, more divine experience of who we are.

So, bring on the colors of Fall. Bring on the sweaters. Bring on the crisp mornings and the changing leaves. And

bring on the gentle "death" of whatever ego patterns are masking those glorious divine colors within us.

As I enter this autumn season—and the autumn of my own life—I find myself becoming more comfortable with the idea of becoming less and less, so that more and more can be revealed. Less striving. Less proving. Less holding on. More allowing. More trusting. More of the Divine Life that has been within me all along.

Maybe that is one of the gifts of growing older: discovering that we don't have to add more to ourselves. Sometimes, we simply need to release what is no longer necessary so that what has always been there can shine through.

So, as the leaves begin to reveal their hidden colors, I invite you to consider:

What is ready to be released in you? And what colors are waiting to be revealed?

With love and blessings,

Rev. Linda

WHO WE ARE AT COU

OUR MISSION

Transforming lives and inspiring people to make a positive difference in the world.

OUR VISION

Centered in God, we envision a world free of judgment and filled with love.

OUR CORE VALUES

Spirit-led, Service, Inclusive, Joy, and Prosperous

Even Mystics Have Bills to Pay

Sunday Series | 10:30 am



A Six-Week Journey into Spiritual Prosperity

What if prosperity is about more than money?

This fall, join us each Sunday at 10:30 am for *Even Mystics Have Bills to Pay* by **Jim Rosemergy**, a series that invites us to take a fresh look at our relationship with prosperity, abundance, and the awareness of God within us.

Rather than relying on old ways of simply making ends meet, this series encourages us to “**dig deeper,**” not for precious metals, but for the treasure already within us.

Each Sunday, we’ll explore a new dimension of spiritual prosperity and consider what becomes possible when we shift our awareness and open ourselves to a greater vision.

October 4 — “The Foundation”

Where does true prosperity begin? Explore the spiritual foundation upon which abundance is built.

October 11 — “Are You Willing to Prosper?”

What might be holding you back from experiencing greater abundance? This week invites us to examine our willingness to receive and prosper.

October 18 — “Put Them to the Test”

It’s time to put spiritual principles into practice. Discover what happens when we test what we believe through everyday experience.

October 25 — “Prosperity in Home & Business”

How can spiritual principles of prosperity transform the places where we live, work, and serve?

Come explore what prosperity can look like when we move beyond simply making ends meet and begin discovering the treasure within.

The Art of Quantum Living

A Practice of Personal Transformation



Saturdays
October 17 - November 21
10:00am - 12:00pm

Meet in
Fellowship Hall

Facilitated by:
Grant Trevithick

\$50 class fee
includes workbook

Sign-Up
centerofunity.org

Have you ever wondered why you react when others stay calm? Have you ever wondered why no matter how hard you try, you just cannot seem to get ahead?

COME AND LEARN HOW TO BE ABLE TO IDENTIFY YOUR HIDDEN BELIEFS. IT IS OFTEN OUR HIDDEN BELIEFS THAT DRIVE OUR REACTIONS, OUR ACTIONS, AND STOP US FROM ACCOMPLISHING OUR GOALS.

Once you identify these beliefs, you will learn a simple method for re-writing your past and free yourself from these limiting hidden beliefs.

All this in only six weeks, and you will leave with the tools you need to transform your life into something far more powerful.

CORKED

Join our Social Group for fun outings each month.

Contact
Barbara Luders | 682-208-9334 or b.luders@yahoo.com



NIGHTMARE BEFORE CHRISTMAS

SATURDAY, OCTOBER 31 | 11:00 AM

at the Palace theater, 300 S. Main St., Grapevine

Followed by lunch at **PF CHANG'S**

650 W. State Hwy 114, Grapevine

Join us for a fun outing to see The Nightmare Before Christmas at the Palace Theatre!

TICKETS: ONLY \$6

Tickets are not assigned, so be sure to purchase yours online ahead of time and plan to arrive early! It starts promptly at 11AM.

HOW TO BUY YOUR TICKET

Visit: <https://tickets.grapevineticketline.com/tickets/GVPalaceMovies2026#/>

1. Click "Buy Tickets."
2. Select October 31 on the calendar.
3. Choose the 11:00 AM showing.
4. Purchase your ticket for \$6.

WHERE TO MEET: We'll meet in the theater lobby beforehand.

RSVP BY OCTOBER 28.

It's only 76 minutes, so afterward we'll head to P.F. Chang's for lunch.

Come enjoy a Halloween classic, good company, and lunch together afterward!

GET INVOLVED FAIR

Come discover the many ways you can participate in our community

SUNDAY, OCT 4
FOLLOWING SERVICE

Want to connect, serve, and find your place at Center of Unity? Join us after Sunday service in the sanctuary for our Get Involved Fair!

Come discover the many ways you can be part of our community—from volunteering and service opportunities to small groups and new affinity groups, including:

Dinner Group
Serve Team
Parent Group

Whether you're new to Center of Unity or have been part of our community for years, there's a place for you!

Come find your people. Find your purpose. Get involved!

OCTOBER IS
MINISTER
APPRECIATION
MONTH

Happy Birthday

October is Minister Appreciation Month with October 11th being Minister Appreciation Day. Rev. Linda's birthday happens to be a couple days before on October 8th.

We're so grateful for the love, wisdom, compassion, and spiritual leadership you bring to our community.

Rev. Linda is not big on fanfare, but feel free to wish her a very **Happy Birthday** and let her know how much her guidance means to you on one of those special days, or any day!

Happy Birthday, Rev. Linda!

Rev. Linda - We Love You, We Appreciate You & We Behold the Christ in You!



Let us pray for you

Did you ever have those times you prayed so hard for a particular thing, but it didn't manifest as you envisioned? It's difficult to know why, when we think something would be just right for us, it simply doesn't happen.

The Care Team doesn't have answers to this question either, but we want to support you in prayer, knowing with you that the Universe is providing exactly what is needed, when it is needed. We affirm that

the individuals with whom we pray are open to all channels of manifestation and that divine order prevails.

Please join us in the Prayer Room after service, send us a written prayer request, or submit one from our website. We appreciate the opportunity to support you in seeing your dreams come true.

Your Care Team

CULTIVATING



COMMUNITY

Over the past several Saturday mornings, members of our Center of Unity community have been rolling up their sleeves and giving our grounds some much-needed love—and what a difference they've made!

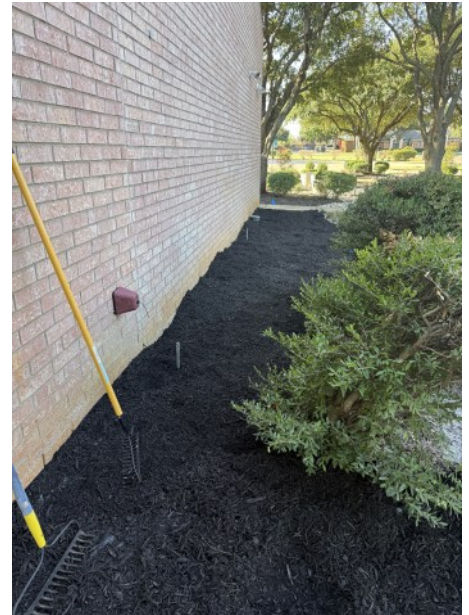
A heartfelt thank you to everyone who donated their time to help clear away overgrown landscaping and debris, prepare the beds, lay pre-emergent and landscape fabric, install new flowerbed edging, and help spread fresh mulch. There were plenty of weeds, roots, dirt, and heavy bags to move, and it took many hands to get the job done!

And the result is something we can all enjoy. Our grounds are looking refreshed, cared for, and ready for the seasons ahead. More than that, this project is a beautiful example of what can happen when our community comes together and shares its time and talents.

We also want to extend a huge thank you to everyone who contributed financially to make this project possible. To date, our community has raised \$2,550 toward the \$3,103.70 landscaping cost—including an incredible \$850 raised through the bake sale on September 20th!

Whether you brought a shovel, pulled weeds, moved mulch, baked something delicious, or made a financial contribution, you helped make this transformation happen.

Thank you to everyone who shared their time, talents, and resources to help bring this vision to life. It is a beautiful reminder of what we can accomplish when we come together in love and service.



Wing and a Prayer



**LIFT YOUR VOICE
SUNDAYS 11:45 AM**

Have you ever felt the joy of song? Do you find yourself humming along during Sunday services or tapping your foot to the rhythm? If so, the church choir may be calling your name!

- ♥ Build lasting friendships and find encouragement.
- ♥ Strengthen your musical skills.
- ♥ Experience a spiritual and emotional uplift in harmonizing.

No auditions are required, just a willing heart. Rehearsals are held every Sunday from 11:45 am in the choir room. All voice parts and experience levels are welcome!

Come be a part of something meaningful. Come sing with us.
We'd love to welcome you to the choir family!

Making Friends with the *Dark*



There is something interesting about Halloween. We deliberately surround ourselves with things that might ordinarily frighten us—ghosts, shadows, mysterious sounds, things lurking in the dark. And for a little while, we turn fear into play.

Perhaps that's part of why this time of year has such a long and fascinating history.

Across cultures and centuries, people have created traditions around the mysteries of life, death, and what lies beyond what we can see. The ancient Celtic festival of Samhain marked a seasonal transition and was associated with the thinning of the boundary between the living and the spirit world. All Hallows' Eve, which became Halloween, developed within Christian tradition. And Día de los Muertos, celebrated in Mexico and elsewhere, offers a beautiful way of remembering and honoring loved ones who have died.

These traditions are distinct, with their own histories and meanings. But they share something deeply human: a willingness to acknowledge the mysteries we cannot fully explain.

That makes me wonder: What if we approached the "dark" parts of life with a little more curiosity and a little less fear?

Not darkness as something evil, but darkness as a metaphor for the unknown—the unanswered question, the uncertain path, the part of ourselves we haven't fully explored.

We all encounter those places.

There are moments when we don't know what comes next. Times when an old certainty no longer serves us. Questions that don't have easy answers. Parts of ourselves that we'd rather avoid.

Our instinct may be to push those things away. But perhaps spiritual growth sometimes asks us to do something different: to become willing to sit with the mystery.

In Unity, we affirm the presence of God within us and around us. That doesn't mean we will always understand what is happening in our lives. It means we don't have to face the unknown believing that we are facing it alone.

So perhaps Halloween can offer us a small spiritual practice.

We can notice what frightens us.

We can notice the stories our minds create around uncertainty.

We can ask ourselves whether something truly deserves our fear—or whether it simply deserves our attention, compassion, and curiosity.

And we can remember that we don't have to have all the answers before we can move forward.

Maybe that's one of the gifts hidden inside this unusual holiday: an opportunity to make friends with the dark.

To acknowledge the mystery.

To become a little more comfortable with what we don't yet understand.

And to trust that even when we cannot see the whole path, the Divine Presence is still with us.

With love,
Amy Hairston
Board Member, Center of Unity

**LAST
SUNDAYS**

Benefiting the GRACE

FOOD PANTRY

**WHAT
WE NEED?**

**CANNED FOOD &
OTHER NON-
PERISHABLES**



OCTOBER 25

Bring non-perishable food donations to Fellowship Hall on the last Sunday of each month for distribution to clients of the GRACE Food Pantry. Donations are welcome all month long, so feel free to place shelf-stable items in the marked receptacle in Fellowship Hall anytime.

Items such as canned proteins, low-sodium foods, low-sugar options, and high-fiber staples are especially appreciated. (And yes—Spam is still welcome, too!)

Please check expiration dates before donating. We want to ensure the food shared with GRACE families is fresh, safe, and ready to enjoy.

Sunday School Teachers Needed!

OUR YOUTH & FAMILY MINISTRY CONTINUES TO GROW!

There's so much happening in our Youth & Family Ministry, and we're grateful to see it continuing to grow! More children, teens, and families are becoming part of our church community, creating new opportunities for connection, learning, and spiritual growth.

Our Y.O.U. (High School Youth) class, launched in August, is off to a wonderful start. This new group gives our high school youth a space to build friendships, explore their spirituality, ask questions, and grow together in a welcoming and supportive environment.

WE COULD USE YOUR HELP!

As our ministry grows, we're looking for a couple caring adults to join us in the classroom:

- ♥ **1ST SUNDAYS:** 1 volunteer needed for Grade School
- ♥ **4TH SUNDAYS:** 1 volunteer needed for 4 year-old & Kinder

NO LESSON PLANNING IS REQUIRED!

We provide lesson plans, curriculum, activities, and supplies. Volunteers simply bring their time, enthusiasm, and willingness to connect with our youth.

Whether you have years of experience working with children or simply enjoy their energy, creativity, and curiosity, there's a place for you on our team. Volunteering is a wonderful opportunity to build relationships, learn alongside our youth, and be part of their spiritual journey.

Interested in helping? Please contact Debie for more information at debief Franz@gmail.com.

Thank you to everyone who helps make our Youth & Family Ministry possible! Together, we're creating a place where children and teens feel welcomed, supported, and encouraged to discover the light within themselves.

Help Us Quiet the Echo!

Our pre-school and grade school classrooms are **VERY echoey**, and we'd love to make them more comfortable for our youth and teachers. We're looking for a total of **24-36 acoustic panels** for both rooms in **light gray, white, or light blue**.

If you have panels to donate or would like to help with this project, please contact **Debie**. Every panel will help create a quieter, more welcoming learning space!



SHOP NOW

You can view them by clicking the picture or the button.

RECYCLE WITH US!

We need old keys (all sizes) and empty Pringles cans with lids for future crafts.

Leave donations in the blue hamper in the YE hallway.



YOUTH ED DOLLAR STORE NEEDS

Our Youth Ed Dollar Store is in need of supplies, especially items that appeal to our pre-teens and teens!



It turns out we have some budding anglers among us—fishing lures and spinners have been a big hit!

As you're shopping, keep an eye out for fun and inexpensive items in clearance sections, leftover party favors, seasonal markdowns, and dollar stores. Every little donation helps us keep our Youth Ed Dollar Store stocked with exciting rewards for our youth.

Donations can be left in the blue basket in the Youth Ed hallway. Thank you for helping make Youth Ed fun, engaging, and rewarding!

COUKIDS

Join Our



WhatsApp Community

STAY CONNECTED

Our COUKids family is growing, and we couldn't be more excited! With so many new families joining us, we've officially outgrown our old group-text system.

created a COUKids WhatsApp Community! This is the place to find reminders, announcements, upcoming events, and all the fun things happening with our kids and families.

Join the COUKids WhatsApp Community:
<https://chat.whatsapp.com/LVhIMCN90qK197SC9zMg2c>

Thank you for being part of our growing COUKids family! We're grateful for this wonderful community and look forward to staying connected as we learn, grow, and have fun together.

To make staying connected easier, we've



Sunday, October 4 | 11:45 am

Join us after service for a fun-filled afternoon of food, fellowship, and connection for all ages!

This month, we're serving up some of Chef's Favorites! Come relax, enjoy a delicious meal, and connect with old and new friends as we gather together as a church family. Kids, grandparents, friends, and visitors are all welcome!

Love offerings are appreciated.

CENTERING PRAYER



**1st Sundays
5:00 pm - 6:30 pm**

Join Mark and Dawn Morris in the Prayer Room for Centering Prayer, a type of Christian meditation. We will do two 20 minute sits, then spend a few minutes in Lectio Divina, a meditative scripture reading.

Visit contemplativeoutreach.org for more info.

The Art Project

**Interested? Contact: June Brookshire
(817) 868-1400**

Limit: 3 pieces per artist
Showcase your talent, be seen, and inspire others through your creative voice.

The hallway outside the sanctuary is meant to be an ever-changing art gallery and we want *your* work to bring it to life! Don't you love seeing the walls filled with art that uplifts the spirit, sparks conversation, and celebrates the beauty of our congregation?

Artist Details

- Artwork will be displayed for 90 days
- Pieces may be offered for sale
- A portion of all sales will support COU, helping our church continue to grow and thrive



Make Space for Inspiration This October

October is a beautiful time to pause, reflect, and make space for what is ready to unfold. As the season changes around us, we invite you to explore something new at Inner Journey Bookstore.

Discover books and resources to inspire your spiritual journey, along with journals, cards, and meaningful gifts that encourage reflection, connection, and personal growth.

Every purchase at Inner Journey Bookstore also supports our church community. As a 100% nonprofit bookstore, all proceeds help sustain the programs, classes, and ministries that make our spiritual community a place to learn, grow, and connect.

This October, take a moment to browse, discover, and find something that speaks to your spirit. Every purchase nurtures your journey and helps support the journey we share together.

Bible Study ONLINE

TUESDAYS | 11:30 AM

Discover deeper spiritual meaning in scripture and reconnect with the good that God is unfolding in your life right now. Each class stands on its own—join any time and drop in as you're able. All are welcome!

ZOOM ID 702 400 166

HAPPY BIRTHDAY

Johnetta Hudson	02
Debie Franz	02
Rev. Linda Taylor	08
Brigitte Hughes	11
Chuck Hairston	15
Karen Sanders	16
Larry Leslie	16
Diane Divin	22
Lisa Lane	23
Teri Schmig Villafana	26
Debby Holt	27
Judy Hester	29
Taylor English	30
Laurie Willis	31
Paula Thornton	31

HAPPY ANNIVERSARY

Jessica & Eric Lantis	18
Ben & Molly Cox	07
Susan & Lee Spradlin	19

ADULT SUNDAY SCHOOL

SUNDAYS | 9:30AM

Looking to explore last Sunday's message more deeply? Join us for thoughtful conversation and spiritual connection—whether you're joining in person or online. Each session is self-contained, so you can drop in anytime!

ZOOM ID 858 102 650 49

AFTER SERVICE FELLOWSHIP

Each week, we ask those whose last name matches the schedule to bring a healthy snack to share with the community.

5th Sundays we invite ALL to share a snack.

**04
A-G**

**11
H-M**

**18
N-S**

**25
T-Z**



Joyful MOMENTS

SHARE. CELEBRATE. CONNECT



Scan me!



The Joyful Moments Board is a place to share milestones, achievements, family moments, and other meaningful experiences. Through photos and stories, we can celebrate together, learn more about one another, and stay connected beyond Sunday mornings.

WHAT BELONGS ON THE BOARD?

Life's milestones, achievements, family moments, and uplifting experiences.

EXAMPLES INCLUDE:



Births/ Adoptions



New Business Launches



Weddings/ Engagements



Awards/Recognitions



Graduations



Service Milestones



Retirements



Sweet Family Moments



Anniversaries



Other meaningful moments you'd like to share

HOW TO SUBMIT

1



SCAN

Scan the QR Code above with your phone camera

2



UPLOAD

Upload a photo from your device

3



SHARE

Tell us about your moment

4



CELEBRATE

We will add it to the board for you

BEFORE YOU SUBMIT

Submissions should be community-focused, family-friendly, and aligned with the spirit of the board.

The board is intended for celebrations and meaningful life moments

All submissions are reviewed before being posted

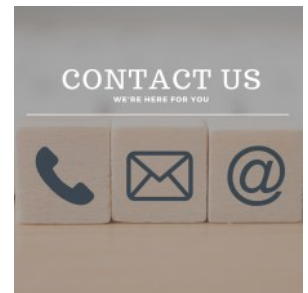
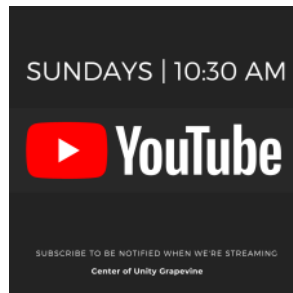
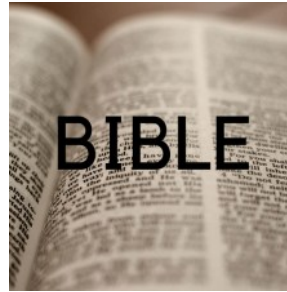
No sales, promotions, political content, medical updates, or similar announcements

Center of Unity reserves the right to decline submissions that do not align with the purpose and spirit of the board.

Photo submission via the Google Form requires a Google Account. If you do not have one, you may fill out the form and leave the photo upload blank. Then e-mail your photo to CoUnity.Office@gmail.com. Physical submissions are also accepted. Please see Katee or Cynthia Harnest for details.

RESOURCES

simply click the pic to be re-directed to the information you want



1650 Hughes Road, P.O. Box 667
Grapevine, TX 76051
817-488-1008
www.centerofunity.org

Our Mission:

Transforming lives and inspiring people to make a positive difference in the world.

Our Vision:

Centered in God, we envision a world free of judgment and filled with love.

FINANCIAL NEWS

God is the Source of Center of Unity. We are lavishly prospered in all ways. Thank you, God!

August General Fund

Income \$26,441

Expense (\$22,912)

Net Income \$3,529

YTD General Fund

Income \$197,089

Expense (\$229,496)

Net Income (\$32,407)

HELLO OCTOBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 Office Closed	3
4 Fellowship Snacks: A –G 9:30 am: Adult Sunday School 10:30 am: “The Foundation” 11:45 am: Get Involved Fair 11:45 am: 1st Sunday Lunch 11:45 am: Choir Practice 5:00 pm - 6:30pm: Centering Prayer	5	6 11:30 am Metaphysical Bible Study	7	8 Happy Birthday Rev. Linda!	9 Office Closed	10
11 Fellowship Snacks: H - M Minister Appreciation Day 9:30 am: Adult Sunday School 10:30 am: “Are You Willing to Prosper?” 11:45 am: Choir Practice	12	13 11:30 am Metaphysical Bible Study	14	15	16 Office Closed	17 10:00 am - 12:00 pm: Quantum Living Class begins
18 Fellowship Snacks: N - S 9:30 am: Adult Sunday School 10:30 am: “Put Them to the Test” 11:45 am: Choir Practice	19	20 11:30 am Metaphysical Bible Study	21	22	23 Office Closed	24
25 Fellowship Snacks: T - Z 9:30 am: Adult Sunday School 10:30 am: “Prosperity in Home and Business” 11:45 am: Choir Practice GRACE food Pantry donations due	26	27 11:30 am Metaphysical Bible Study	28	29	30	31 Happy Halloween 11:00 am: CORKED at The Nightmare Before Christmas