

- I. Prayer is not meant to be occasional, it's meant to be a lifestyle. Many believers struggle not because they don't *want* to pray, but because they don't know how to **keep the fire burning**. Just like a fire needs fuel, **your prayer life needs spiritual fuel**.

II. FIVE WAYS THAT FUEL OUR PRAYER LIFE

1. FASTING

- a) Fasting is powerful because it doesn't just change your schedule—it **changes your spiritual sensitivity**. It removes distractions of the flesh and **amplifies your connection with God**, which is why it fuels your prayer life.
- b) Fasting is like adding fuel to a fire. Prayer is the fire and fasting makes it burn hotter, stronger, and longer.

(1) “However, this kind does not go out except by prayer and fasting”. Mt: 17:21

Fasting releases spiritual power and adds spiritual intensity to your prayers. Prayer alone starts but fasting completes.

(2) “In those days I, Daniel, was mourning three full weeks. I ate no pleasant food, no meat or wine came into my mouth, nor did I anoint myself at all, till three whole weeks were fulfilled. Then he said to me, “Do not fear, Daniel, for from the first day that you set your heart to understand, and to humble yourself before your God, your words were heard; and I have come because of your words”. Daniel 10:2-3,12

Fasting increases spiritual sensitivity, it helps us to hear God clearly, discern His voice and receive direction.

(3) “Then I proclaimed a fast there at the river of Ahava, that we might humble ourselves before our God, to seek from Him the right way for us and our little ones and all our possessions”. Ezra 8:21

Fasting aligns us with God's will, it humbles us and shifts our focus from what I want to what God wants.

2. GOD'S WORD

- a) The Word fuels prayer because it gives direction, faith, power and authority. When we pray without the word, we speak from earth but when we pray the Word, we speak from heaven
- b) We must learn to pray, the Word of God with boldness and faith because God's Word is not just information, it carries **spiritual power**. When we pray the Word, we pray God's mind, God's will and God's power.

(1) If you abide in Me, and my Words abide in you, you will ask what you desire, and it shall be done for you. John 15:7

(2) Now this is the confidence that we have in Him, that if we ask anything according to His will, He hears us. 1 John: 5:14

The word of God gives us what to pray and it becomes our prayer language.

Many of our prayers lack power because they are based on feelings, not God's will. But when we pray His will, our prayers carry authority.

(3) For the word of God is living and powerful and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the hearts.

The word of God is Spirit and Power and when we pray the word, we release life and power into every situation we are going through.

3. WORSHIP AND PROPHETIC MUSICIANS "HARP AND BOWL"

- a) Worship is the gateway to a powerful prayer life. Many people start prayer by asking but the bible shows us that we don't start with requests. We start with worship.
- b) When we worship first, our prayers become alive, powerful and full of faith. Worship brings us into the presence of God, shifts our focus from our circumstances to who God is and builds our faith when we remember what God has done for us.

(1) Our Father in heaven Hallowed be Your name. Mat 6:8

Hallowed is an act of acknowledging God's worthiness, sovereignty, and purity.

(2) Abraham did not waver at the promise of God through unbelief, but was strengthened in faith, giving glory to God, and being fully convinced that what He had promised He was also able to perform. Rom 4:20-21

- c) Prophetic musicians "TABERNACLE OF DAVID". King David invested a lot of his money to hire 288 singers, 4000 musicians and 4000 intercessors because he understood God's presence was a priority. King David built a **system of continuous worship and prayer**.
- d) The Tabernacle of David is a picture of Direct access to God's presence, Worship and prayer flowing continually (24/7 praise), No barriers between God and His people.

(1) On that day I will raise up The tabernacle of David, which had fallen down, and repair its damages; I will raise up its ruins, and rebuild it as in the days of old. Amos 9:11

- e) Harp and Bowl is a powerful biblical picture of worship and prayer together and it comes from the book of Revelation and is often used to describe a lifestyle or model of ministry where worship (harp) and pray (bowl) flow together continually.

(1) Now when He had taken the scroll, the four living creatures and the twenty-four elders fell down before the Lamb, each having a harp, and golden bowls full of incense, which are the prayer of the saints. Rev 5:8

(2) And when he had consulted with the people, he appointed those who should sing to the Lord, and who should praise the beauty of holiness, as they went out before the army and were singing: Praise the LORD, For His mercy endures forever. Now when they began to sing and to praise the LORD set ambushes against the people of Amon, Moab and Mount Seir, who had come against Judah; and they were defeated. 2 Chr 20:21-22

4. TONGUES

- a) Speaking in tongues is like adding fuel to your spiritual fire. It will strengthen our inner man, align us with God's will and empower our prayer life.

(1) Likewise the Spirit also helps us in our weaknesses. For we do not know what we should pray for as we ought, but the Spirit Himself makes intercession for us with groanings which cannot be uttered

Sometimes we don't know what to pray, but when we pray in tongues, God is praying through us perfectly.

(2) He who speaks in a tongue edifies himself, but he who prophesies edifies the church. 1 Cor 14:4

Edifies means, build up, strengthen, recharge.

(3) For if I pray in a tongue, my spirit prays, but my understanding is unfruitful. 1 Cor 14:14

The Holy Spirit teaches us to pray beyond our understanding. Tongues go beyond logic, doubt and confusion.

(4) For he who speaks in a tongue does not speak to men but to God, for no one understands him, however, in the spirit he speaks mysteries. 1 Cor 14:2

When we pray in tongues, our spirit speaks directly to God without limitation. It helps us pray divine mysteries and we are actually praying things we don't even know we need.

5. STUDYING BIOGRAPHIES AND CHURCH HISTORY

- a) When we study those who walked with God, their fire begins to ignite our own. Biographies and church history are like spiritual fuel-they remind us what is possible with God.

(1) Remember those who rule over you, who have spoken the word of God to you, whose faith follows, considering the outcome of their conduct. Heb 13:7

- (a) When we remember those who have gone before us it builds our faith and we realize that if God did it before, He can do it again.

(2) For whatever things were written before were written for our learning, that we through the patience and comfort of the scriptures might have hope. Rom 15:4

- (a) This will create spiritual hunger and conviction that will break complacency, ignite hunger and call us higher.
- (b) When we study the lives of people like: Moses, Apostle Paul, George Muller, Leonard Ravenhill. We don't just hear about prayer, we see these men that prayed for hours, sacrificed comfort and sought God deeply.
- (c) We learn that power doesn't come cheap and easy.
- (d) It gives us practical keys that we can learn from their lives and follow such as. Consistency, Discipline and dependency on God.
- (e) We are also not alone. We are part of a **history of believers who prayed, fasted, and saw God move.**

