



*Marriage*  
S U M M I T





## First Things First

1. A shared prize (Matthew 22:37-39)

2. A shared purpose (Proverbs 29:18)

3. A shared plan (Luke 14:28-32)

- Common values
- Common disciplines
- Common interests

4. A shared power (Psalm 46:1)

5. A shared platform (Ephesians 5:22-27)

## Basics to Couple Communication

- Self-Awareness
- Self-Disclosure
- Implement the Communication Cycle
- 4 Styles of Communication
- Daily Sharing Time

### Communication Cycle

Message → Feedback → Confirm/Clarify/Correct



## 4 Styles of Communication

- **Small talk**
- **Control talk**
- **Search talk**
- **Straight talk**

## Ways to Bury Conflict

- Stay too busy .
- Change the subject .
- Become passive .
- Play the peace at any price game.
- Rejection of feelings .

## Quick Tips to Remember During a Conflict

- Calm down.
- Make understanding your aim .
- Listen / eye contact.
- Do not attack – verbally or physically.
- Avoid making “You” statements.
- Do not defend yourself.
- Leave the past in the PAST.
- Keep short accounts.
- Act wisely not foolishly .
- He/She is not the enemy .



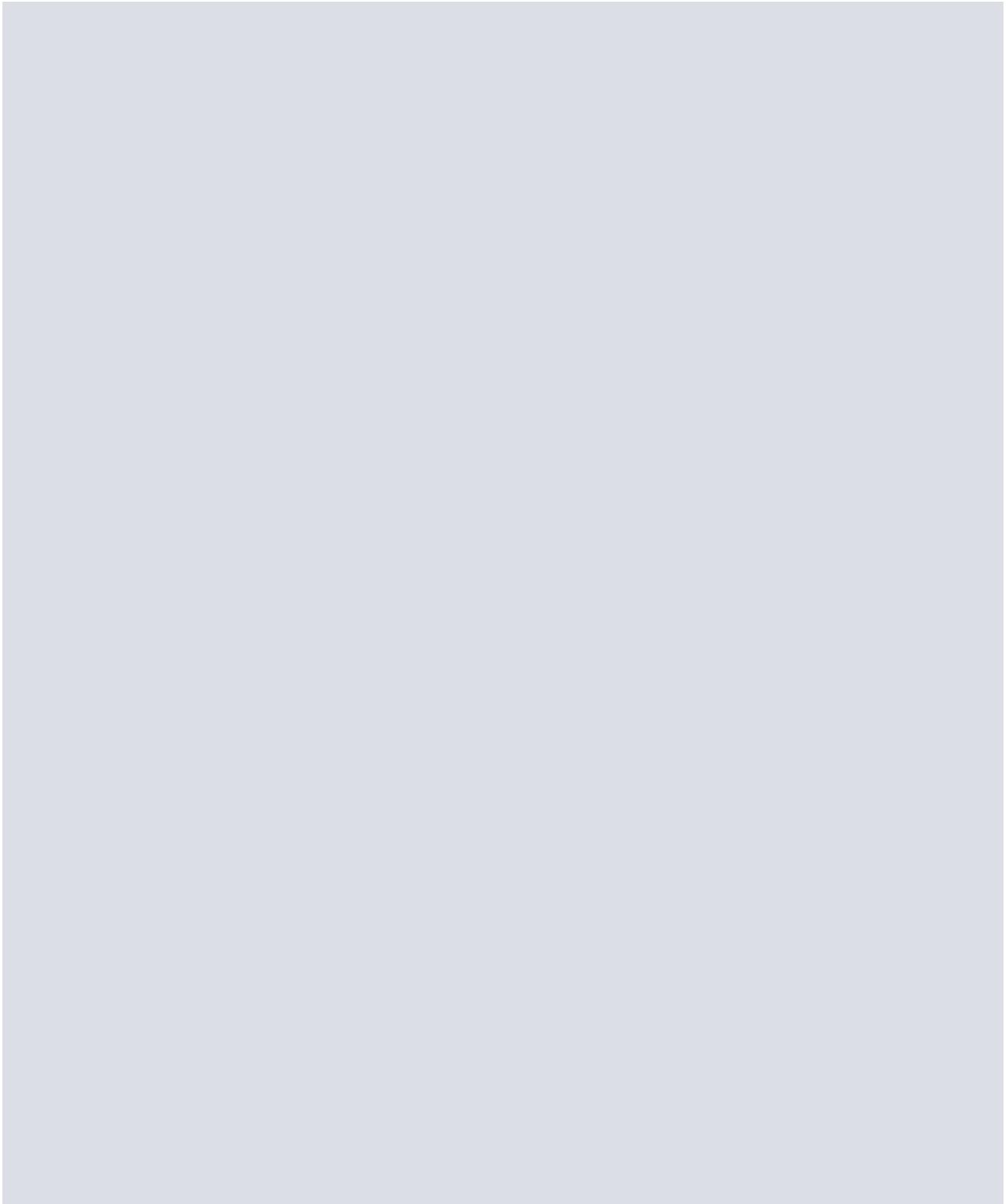
## Are You a Forgiver?

### What is forgiveness?

- Forgiveness is to cancel punishment .
- Forgiveness is to erase what is due.
- Forgiveness is to give up resentment .

### What forgiveness is not:

- Forgiveness is not just saying “I’m sorry”.
- Forgiveness is not conditional .
- Forgiveness is not a feeling .
- Forgiveness is not keeping score .
- Forgiveness is not pretending the situation never happened.
- Forgiveness is not indifference .
- Forgiveness is not condoning the wrong .
- Forgiveness is not saying “Let’s just forget about it”.
- Forgiveness does not strive to teach the offender a lesson .
- Forgiveness does not mean there won’t be consequences .
- Forgiveness does not mean the person you forgave will change .
- Forgiveness deals effectively with past wounds , but doesn’t insulate from future hurts .





# What's Next?

## Your Next Steps

- Make a plan to pray together consistently
- Check-in weekly using the questions below
- Read *The Meaning of Marriage* and discuss it together
- Be in community – Life Groups, 2:7, or meet with another married couple
- Attend Parent Summit – Saturday, April 18

## Ways to Pray for Your Spouse

### Pray Scripture Over Them

- Philippians 4:6–7
- Numbers 6:24–26
- Colossians 3:13

### Specific Blessings

- **For Spiritual Growth** – *“Lord, draw [name] closer to You this week than they have ever been. Let them feel Your presence, hear Your voice, and walk confidently in Your purpose for their life.”*
- **For Strength & Endurance** – *“Father, give [name] the strength they need for the demands of this season – in their work, their parenting, and their daily responsibilities. Remind them they are not carrying any of it alone.”*
- **For Our Marriage** – *“God, knit our hearts together in a way that only You can. Help [name] and I choose each other with intention every day, and to reflect Your love in the way we treat one another.”*
- **For Joy & Peace** – *“Lord, guard [name]’s heart and mind from anxiety, comparison, and discouragement. Fill them with a joy that runs deeper than their circumstances and a peace that doesn’t make sense to the world around them.”*

### Scripture to Pray for Yourself

- Philippians 2:4–7
- 1 Peter 3:8
- Mark 10:45
- John 3:30

## Weekly Check-In Questions

- “What’s one thing I did this week that made you feel loved or appreciated?”
- “Is there anything unresolved between us that we need to talk through?”
- “How are you doing spiritually, and how can I support you?”
- “What’s one way I can be a better partner to you this coming week?”



## Grow in Community

A strong marriage doesn't happen by accident—it grows through intentional connection with Christ and community. Life Groups provide the perfect opportunity to build relationships with other couples, find encouragement, and deepen your faith together. Each group is designed for people just like you, offering a place to grow spiritually and strengthen your marriage. Whether you prefer an off-campus group that fits your schedule or an on-campus group on Sundays at 8:15 or 11:00 am, there's a Life Group for you. Take the next step and connect with a group this week and continue growing in your marriage and in Christ! Learn more at [connectionpoint.tv/lifegroups](https://connectionpoint.tv/lifegroups) or stop by the Connect Center in the main lobby on Sunday to find a group.

## Attend Parent Summit

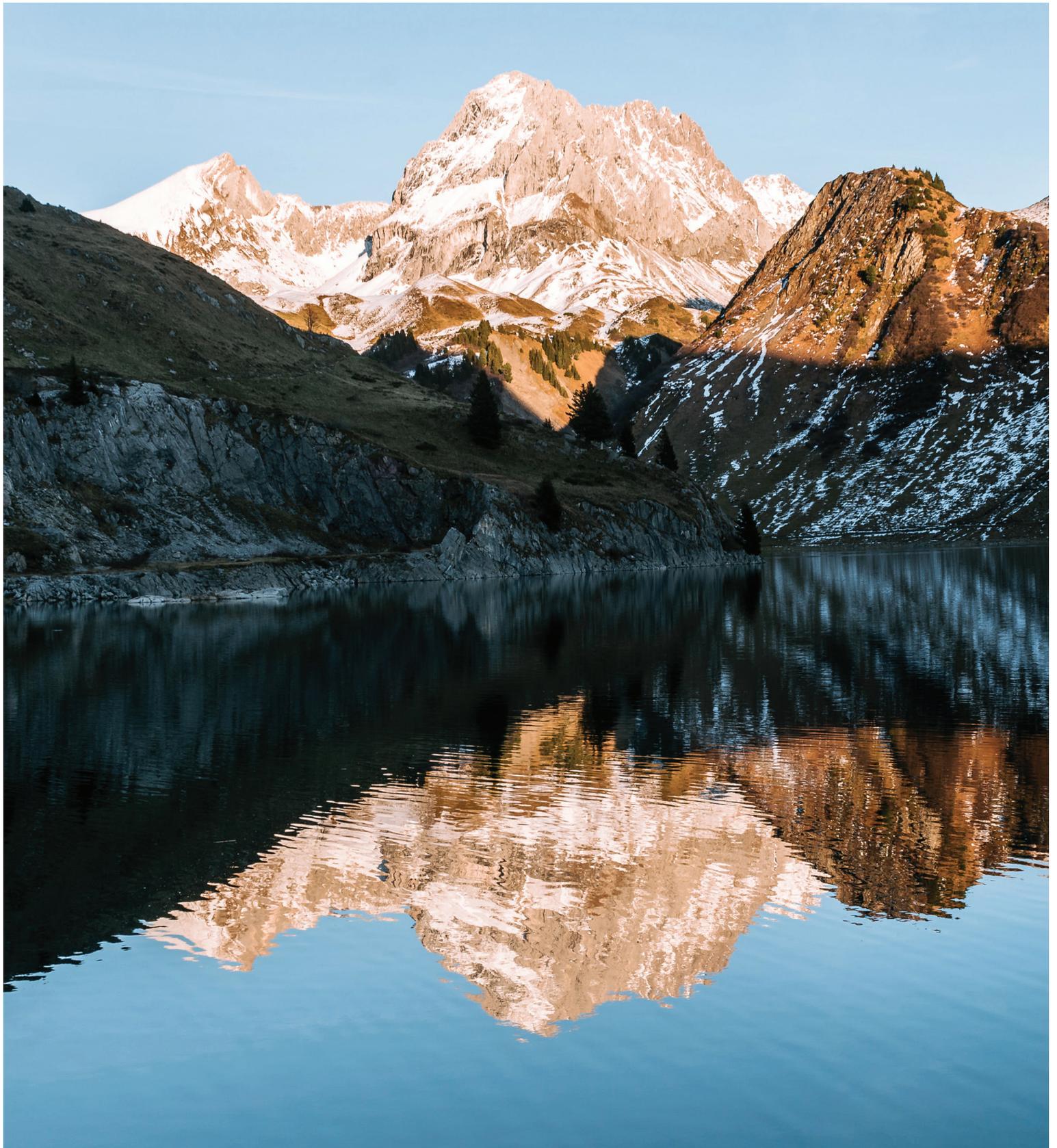
Did you know you are the most influential person in your child's faith journey? Parent Summit is designed to encourage and equip you to walk alongside your child through the realities of everyday life. This year's event will look a little different. Along with resources to guide your child along the milestone path, we're focusing on the real challenges you face daily—tiny tantrums, bigger behavioral issues, navigating hard conversations, and so much more. Through engaging breakout sessions and large-group panels, we'll cover a wide range of topics and tackle your most important questions. Parent Summit is for parents (married or single), grandparents, guardians, and anyone shaping a child's life. Save the date for **Saturday, April 18**. Registration and more details about sessions and panels are coming soon.

## Access Additional Resources

Looking for more resources to help strengthen your marriage? We have links to books, websites, and other resources at [connectionpoint.tv/marriage](https://connectionpoint.tv/marriage).

Find resources and the  
filled-in summit guide at  
[connectionpoint.tv/marriage](https://connectionpoint.tv/marriage)





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