

DEBT LEDGER

A TOOL FOR FORGIVENESS

Step One:

IDENTIFY WHO HAS HURT YOU.

Step Two:

IDENTIFY WHAT THEY HAVE
TAKEN FROM YOU. WHAT
FEELINGS DO YOU ASSOCIATE
WITH THEIR ACTION?

Step Three:

WHAT IS KEEPING YOU FROM
FORGIVING AS JESUS HAS
FOGIVEN YOU?

Step Four:

WHAT IS YOUR NEXT STEP TO
CANCEL THE DEBT?

¹² Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. ¹³ Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you. ¹⁴ And over all these virtues put on love, which binds them all together in perfect unity.

COLOSSIANS 3:12-14

Heavenly Father, thank you for having grace for me and extending love and forgiveness to me through Jesus. Thank you for giving me your Spirit to lead me so that I can extend forgiveness to those who have wronged me. Help me cancel the debt and live in freedom. Amen.