

# The Power A Man Needs

5-Day Devotional - 6.21.26

## Day 1

### Where Are You?

**Reading:** Genesis 3:1-13

**Devotional:** "Where are you?" God's question to Adam echoes through generations. He wasn't asking about physical location—He knew exactly where Adam hid. God was asking about spiritual condition. Today, He asks you the same question. Where are you spiritually? Are you leading your family toward God or hiding in passivity? Adam's first sin wasn't eating the fruit—it was doing nothing while his wife was deceived. He stood by silently when he should have protected. God holds men accountable for spiritual leadership. This isn't about perfection; it's about position. Stop hiding behind excuses, work, or distractions. Answer honestly: Where are you in your walk with God? Your family needs you present—not just physically, but spiritually engaged and leading with courage.

**Reflection:** What areas of spiritual leadership have you been passive in? What one step can you take today to be spiritually present?

## Day 2

### The Power You Need

**Reading:** Ephesians 5:18-33

**Devotional:** Paul's command is clear: "Be filled with the Spirit." Notice he didn't say "try harder" or "be tougher." The answer to weak leadership isn't more willpower—it's more Holy Spirit. You cannot be the husband, father, or man God called you to be in your own strength. It's impossible. The job is too big, the enemy too strategic, and your flesh too weak. But when the Holy Spirit fills you, everything changes. He produces love when you feel angry, patience when you're frustrated, self-control when you're tempted, and wisdom when you're confused. Being Spirit-filled isn't a one-time event; it's a daily surrender. Every morning, bend the knee to your King and say, "Fill me again." The strongest man isn't the loudest or most physically powerful—it's the one fully surrendered to God's Spirit.

**Reflection:** Are you trying to lead in your own strength? What does daily surrender to the Holy Spirit look like for you?

## Day 3

### Love That Transforms

**Reading:** Galatians 5:16-26

**Devotional:** The fruit of the Spirit isn't produced by human effort—it grows from abiding in Christ. Notice "fruit" is singular, not "fruits." It's one unified character that flows from the Spirit's presence. For men, this fruit transforms how we love. Love isn't just a feeling; it's patient action. Joy isn't happiness dependent on circumstances; it's deep contentment in God. Self-control isn't white-knuckle discipline; it's Spirit-empowered restraint. Your children are watching how you treat their mother. Your sons will replicate it; your daughters will seek it in their future spouses. When you walk in the Spirit, you model Christ's love for His bride—sacrificial, servant-hearted, and steadfast. The Holy Spirit teaches you how to love your wife in ways you never could on your own. Let Him work in you what the flesh never could produce.

**Reflection:** Which fruit of the Spirit do you need most in your relationships right now? Ask the Holy Spirit to cultivate it in you.

## Day 4

### Standing Against the Enemy

**Reading:** 1 Peter 5:8-11

**Devotional:** Make no mistake—you have an enemy, and he's studying you. Satan knows that if he can weaken fathers, he can damage families. If he can distract husbands, he can destroy homes. If he can silence spiritual leaders, he can affect generations. His attacks are strategic: lust, laziness, passivity, financial compromise, and cultural normalization of sin. He doesn't always come with obvious temptations; sometimes his greatest weapon is getting you to do nothing. But you're not defenseless. The same Spirit who raised Christ from the dead lives in you. You're called to fight—not in anger or human strength, but in Spirit-empowered resistance. Stand firm. Protect your family. Lead with courage. The battle is real, but your God is greater. Don't let the enemy steal another day, another relationship, or another generation.

**Reflection:** What area of your life is the enemy attacking most? What specific action will you take to stand firm today?

## Day 5

### Bend the Knee to Rise Up

**Reading:** Philippians 2:5-11

**Devotional:** Jesus wouldn't bend the knee to earthly powers, but He willingly bent the knee to His Father's will. In that surrender, He conquered death and changed everything. Here's the paradox: the only knee you should bend is to Jesus, but you must bend it completely. When you surrender fully to Christ, when you die to yourself daily, when you let the Holy Spirit take control—that's when you become the man, husband, and father you're called to be. God isn't giving you a list of don'ts to restrict you; He's giving you one "don't" to protect you from destruction, and countless "do's" to give you abundant life. Stop trying to do it your way. Yesterday's failures are gone. Today is new. Repent, surrender, and follow. The Holy Spirit will empower you to win battles you've been losing for years. Rise up, man of God. Your family, your church, and your world need Spirit-filled men who will lead.

**Reflection:** What do you need to surrender to Jesus today? Write a prayer of complete surrender and commitment to Spirit-filled living.