

Who Is The Holy Spirit?

5-Day Devotional - 5.31.26

Day 1

The Holy Spirit is a Person, Not a Force

Reading: John 14:16-17, 26

Devotional:

The Holy Spirit is not an emotion, a feeling, or some mystical energy. He is the third person of the Trinity—fully God, with personality, purpose, and presence. Jesus promised to send "another advocate" who would live with us and be in us forever. This changes everything. You can grieve Him, listen to Him, and be led by Him. Today, recognize that God Himself dwells within you through His Spirit. He speaks, teaches, comforts, and empowers you personally. Stop treating the Holy Spirit like an "it" and start relating to Him as the divine person He is. Ask Him to reveal Himself to you in fresh ways today.

Reflection:

In what ways have you viewed the Holy Spirit more as a power to experience than a person to know, and how can you intentionally cultivate a deeper relationship with Him?

Day 2

God's Presence Lives Inside You

Reading: 1 Corinthians 6:19-20; John 16:7

Devotional:

In the Old Testament, God's presence dwelled in the Holy of Holies, accessible only once a year by the high priest. Today, your body is the temple of the Holy Spirit. You don't need to travel anywhere to meet with God—He lives inside you. This profound truth demands a response: Where are you taking God today? What is He hearing through your words? What is He seeing through your eyes? The Holy Spirit accompanied you everywhere this week—to every conversation, every decision, every moment of frustration or joy. Let this reality transform how you live. You carry the presence of God wherever you go. Walk worthy of this incredible privilege.

Reflection:

How would your choices, conversations, and attitudes change today if you remained consciously aware that the Holy Spirit dwells within you?

Day 3

The Holy Spirit Reveals Jesus

Reading: John 16:13-14; Titus 3:5

Devotional:

The Holy Spirit never draws attention to Himself. His mission is to glorify Jesus, revealing Him to your heart and guiding you into all truth. When Scripture comes alive to you, that's the Holy Spirit illuminating God's Word. When conviction touches your heart, that's Him lovingly pointing you to Jesus. The same passage can speak differently to you at different seasons because the Spirit applies truth to your current need. Don't just read the Bible as words on paper—invite the Holy Spirit to open your spiritual eyes. Ask Him to reveal Jesus more clearly today. He delights in making Christ known and transforming you from the inside out through divine truth.

Reflection:

What is the Holy Spirit revealing to you about Jesus through His Word in this season, and how should that truth shape your life?

Day 4

The Holy Spirit Convicts and Transforms

Reading: John 16:8; Ephesians 4:30

Devotional:

Conviction is not condemnation. Condemnation says you're hopeless; conviction says you need Jesus. The Holy Spirit lovingly exposes sin not to shame you, but to transform you. Religion tries to change behavior externally through rules and regulations, but the Spirit transforms you internally by changing your desires and appetites. Those things you once craved lose their appeal when the Holy Spirit fills you. Transformation happens from the inside out. Stop trying to change yourself through willpower alone—that's exhausting and ultimately powerless. Instead, surrender to the Holy Spirit's work within you. Let Him change your heart, and your behavior will follow naturally. True freedom comes through internal transformation, not external modification.

Reflection:

Is there an area of your life where the Holy Spirit has been bringing conviction, and how can you respond with surrender rather than resistance?

Day 5

You Shall Receive Power

Reading: Acts 1:8; Ezekiel 37:1-14

Devotional:

The Christian life was never meant to be lived in human strength alone. Without the Holy Spirit, worship becomes routine, ministry becomes exhausting, and Christianity becomes powerless. But when the Spirit fills a believer, fear becomes boldness, weakness becomes strength, and dry bones live again. You were created for purpose, and the Holy Spirit pulls you toward that divine calling. That emptiness you feel despite outward success? It's the Spirit drawing you toward your kingdom purpose. Stop striving in your own power. Ask the Holy Spirit to fill you afresh today. Feel His pull toward God, away from sin, toward truth and worship. Walk in the supernatural power available to every surrendered believer.

Reflection:

Where are you relying on your own strength instead of the power of the Holy Spirit, and what would it look like to trust His empowerment in that area today?