



Restore Groups

RESTORE GROUPS CONSENT FORM

WHAT RESTORE GROUPS PROVIDE

Restore Groups provide spiritual care for individuals who may be experiencing the pain of sin and suffering. We believe the ministry of the gospel of Jesus Christ is effective for helping people to address the ways they think, behave and feel. We believe it is normal for a Christian to provide such spiritual care, without requiring professional training. In providing this spiritual care, Restore Group leaders, supervisors and teachers do not provide mental health counselling, psychology, psychiatry or any other mental health services as defined by state law and are exempt from state laws that regulate professional counsellors and related professions.

Some passages of Scripture that express a vision for community-based Christian ministry to one another include:

"I myself am satisfied about you, my brothers, that you yourselves are full of goodness, filled with all knowledge and able to instruct one another." (Romans 15:14)

"Brothers, if anyone is caught in any transgression, you who are spiritual should restore him in a spirit of gentleness. Keep watch on yourself, lest you too be tempted. Bear one another's burdens, and so fulfil the law of Christ." (Galatians 6:1-2)

"Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God." (2 Corinthians 1:3-4)

"But exhort one another every day, as long as it is called 'today', that none of you may be hardened by the deceitfulness of sin." (Hebrews 3:13)

Restore Group leaders, supervisors and teachers are trained and qualified to lead groups based on the maturity of their relationship with God, their own spiritual formation, and their skill in helping others to grow in faith. Normally, they are not professionally trained. If a particular Restore Group leader also happens to have training and credentials as a mental health care provider, then he or she does not serve in that professional capacity, but as a spiritual leader providing spiritual care. Restore Groups are not a substitute for professional care by a psychologist, psychiatrist or mental health counsellor, and Restore Group leaders

are not qualified to make or treat diagnoses. If you believe you need this kind of help, it is your responsibility to seek professional services outside of Restore Groups.

FOLLOW-UP CARE

As a Restore Group can be an intense experience, some participants may feel physically and emotionally drained from time to time. It is your responsibility to plan for adequate rest. We also recommend that you seek additional spiritual guidance from wise and trustworthy friends, mentors or pastors as you apply what you learn during your Restore Group..

SUPERVISION

Restore Groups commenced as a ministry of Restoration Church and is now provided locally through Village Church. For the purpose of leader growth, support and development your Restore Group will be supervised by an authorised Supervisor from Restoration Church. This may involve a Supervisor having visual and audible access to your group meetings. While your supervisor will normally be someone of the same gender as the group, there may be times when it is someone of the opposite gender. Supervision is intended only for the leaders of the ministry, and as such, the only intent of the Supervisor is to provide support and wisdom to Restore Group leaders. Supervisors will primarily remain silent for the duration of the group.

CONFIDENTIALITY

We strive to preserve the confidentiality of any matters discussed in your Restore Group. All personal information disclosed during Restore Groups will remain confidential and secure with limited exceptions. Some typical exceptions are when:

1. It is subpoenaed by a court
2. Failure to disclose the information would place you and/or another person at risk
3. Your prior approval has been obtained to:
 - a. provide a report to another counsellor or agency.
 - b. discuss the material with another person.
4. When Restore Group leaders consult with one another or their supervisors for the purpose of providing better care for you.

By signing below, you grant your consent to participate in this Restore Group.

Name:

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Date:

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Sign:

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