

**Lord's Prayer** *said by all* BCP 336  
 Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

**Fraction Anthem** *sung by all* *musical setting:* Hymnal S 169  
*Choir* My flesh is food indeed, and my blood is drink indeed, says the Lord.  
*People* **My flesh is food indeed, and my blood is drink indeed, says the Lord.**  
*Choir* Those who eat my flesh and drink my blood dwell in me and I in them.  
*People* **My flesh is food indeed, and my blood is drink indeed, says the Lord.**

**Prayer of Humble Access** *said by all* BCP 337  
 We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

**Communion of the People**  
*At Holy Communion, all baptized Christians are welcome to receive. The bread is received in the open palm. Gluten free wafers are available upon request; ask the priest when at the altar rail. The wine may be taken from the cup by drinking (placing your hand on the base to guide it) or by "intinction" (dipping the bread). If you wish to participate but do not want to receive the bread or wine, simply cross your arms over your chest to receive a blessing. Please let an usher know if you need assistance to the altar rail or if a priest may bring the elements to your pen.*

**Communion Anthems** – Ave verum corpus Edward Elgar  
*Hail, true body, born of the Virgin Mary: you who truly suffered and were sacrificed on the cross for the sake of man, from whose pierced side flowed water and blood: be a foretaste for us in the trial of death. O merciful, O blessed, O sweet Jesus, Son or Mary.*  
*Words 14<sup>th</sup>-century, att. Pope Innocent VI, sung in Latin, words and music © Public Domain*

**Communion Hymns** *sung by all*  
 The glory of these forty days (*Erhalt uns, Herr*) Hymnal 143  
 I heard the voice of Jesus say (*The Third Tune*) Hymnal 692

**Sending out of the Lay Eucharistic Visitors** (*when applicable*)  
*Celebrant* In the name of this congregation, I send you forth bearing these holy gifts that [*those to whom you go*] may share with us in the communion of Christ's body and blood.  
*Congregation* **We who are many are one body, because we all share one bread, one cup.**

*Please stand*  
**Prayer for Mission** *said by all* BCP 339  
 Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

**Blessing**

**Hymn in Procession** *sung by all*  
 Hail, thou once-despised Jesus (*In Babilone*) Hymnal 495  
**Dismissal** BCP 339  
**Postlude** – Arioso Gustav Merkel

## VISITOR INFORMATION

### Children's Chapel

A Children's Chapel, including music and a story, is offered for all potty-trained 3-year-olds through 3<sup>rd</sup> graders during the service. To participate, children simply follow the cross in procession to the McCarty Early Learning Center after the reading of the Gospel and then return as a group during the Peace.

### Nursery and Restrooms

A **nursery** is available during the service for children through age 2. It is located in the McCarty Early Learning Center across the circular drop off west of the church. **Restrooms** are located in the church office building south of the church.

### Sunday Classes for Adults and Children

Sunday classes for adults and children are offered at 10 a.m. Please see the announcements insert for a list of classes and their locations.

**GIVING INFORMATION**  **PLEDGE**   
 Offerings can be put in the plate or text SMJAX to 53555 or scan QR code → To make a 2026 pledge scan QR code →

## Worship Participants

*We thank God for those leading worship and pray that all will be blessed in our service today.*

**Lectors** Linda Crofton, Barbara Stevenson, Hugh Burkett  
**Acolytes** Mamie Burkett, Luke Dearing, Harry Wilson  
**Chalice Bearers** Linda Crofton, Drew Haramis, Kelly Anderson, Barbara Stevenson **LEV** Susie and Bob Stumpf  
**Ushers** Gary Willetts, Mike Davenport, Ben DeVino, Taylor Sealey **Verger** Scott Hobby  
**Greeters** Cheyenne Thompson, Diane Madison  
**Altar Guild** Drew Haramis, Anne Gorman, Celeste Heller, Barbara Irving, Adrienne Kent, Bunny Manning, Stephanie Milne, Haydee Smith, Katherine Smithwick, Carol Worsham

### Music Notes

*Alexei Romanenko – cello*  
 Several of today's songs are generally Lenten in nature and remind us of our broken relationship with God and our need to turn back to him. Images of water, thirst, and springs, and God's satisfaction of our true needs (his quenching of our spiritual thirst) are prevalent in today's readings, and this is reflected in songs like "Rock of ages", "I heard the voice", and "As the hart panteth". "O love of God" and "Hail thou once-despised Jesus" specifically reflect themes from today's reading from Romans.  
*Permission to stream the music in this service obtained from One License lic. #A-732869 and CCLI lic. #20201141.*



### St. Mark's Episcopal Church Vision

St. Mark's is a missional church built at the headwaters of the Gospel where the life and light of Christ flow into our community, our city, and God's world. (Ps 46:4-5)  
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### St. Mark's Episcopal Church Mission

To cultivate generations of servant-leaders rooted in God's Word and nurtured by the Holy Spirit to proclaim the Gospel of Jesus to the world.



## St. Mark's Episcopal Church

A River of Grace. A Life Abundant.

*Welcome! We are delighted to have you join us for worship today! Newcomers, please complete a Connect Card (located in the pew in front of you) so that we can get to know you better. Regular attendees, please use this same card to ensure we have your current contact information. Please note that all page numbers listed in the bulletin preceded by BCP refer to the red Book of Common Prayer in the pews. Hymns are found in the blue Hymnal 1982. Hymn numbers preceded by an "S" (service music) are found near the front of the hymnal.*

*Information on childcare, restroom locations, and educational offerings is on page 6.*

## The Third Sunday of Lent

March 8, 2026 - Holy Eucharist - Rite I - 11:00 a.m.

**Prelude** – Andante from Trio in Eb Franz Schubert

## The Word of God

*Please stand*  
**Hymn in Procession** *sung by all*  
 O love of God, how strong and true (*Dunedin*) Hymnal 455

**Penitential Order** BCP 319  
*Celebrant* Bless the Lord who forgiveth all our sins;  
*People* **His mercy endureth for ever.**

**Summary of the Law** BCP 319  
*Celebrant* Hear what our Lord Jesus Christ saith: Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

*Please kneel*  
**Confession and Absolution** BCP 320

*Please stand*  
**Kyrie** *sung by all* *musical setting:* Hymnal S 91  
 Lord, have mercy upon us. Lord, have mercy upon us. Lord, have mercy upon us.  
 Christ, have mercy upon us. Christ, have mercy upon us. Christ, have mercy upon us.  
 Lord, have mercy upon us. Lord, have mercy upon us. Lord, have mercy upon us.

**Collect of the Day**  
*Celebrant* The Lord be with you.  
*People* **And with thy spirit.**  
*Celebrant* Let us pray.  
 Almighty God, who seest that we have no power of ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. **Amen.**

*Please be seated*

**First Lesson** – Exodus 17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, “Give us water to drink.” Moses said to them, “Why do you quarrel with me? Why do you test the LORD?” But the people thirsted there for water; and the people complained against Moses and said, “Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?” So Moses cried out to the LORD, “What shall I do with this people? They are almost ready to stone me.” The LORD said to Moses, “Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.” Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, “Is the LORD among us or not?”

*Reader* The Word of the Lord.

*People* **Thanks be to God.**

**Psalm** – 95 *simplified Anglican chant sung by all*

*chant:* J. W. Meachen

1 Come let us sing to the / LORD; \*

let us shout for joy to the Rock of our sa/lvation.

2 Let us come before his presence with / thanksgiving \*

and raise a loud shout to him with / psalms.

3 For the LORD is a great / God, \*

and a great King above all / gods.

4 In his hand are the caverns of the / earth, \*

and the heights of the hills are his / also.

5 The sea is his for he / made it, \*

and his hands have molded the dry / land.

6 Come let us bow down and bend the / knee, \*

and kneel before the LORD our / Maker.

7 For he is our God, and we are the people of his pasture and the sheep of his / hand.\*

Oh that today you would hearken to his / voice!

8 Harden not your hearts as your forebears did in the / wilderness, \*

at Meribah and on that day at Massah when they / tempted me.

9 They put me to the / test, \*

though they had seen my / works.

10 Forty years long I detested that generation and / said, \*

“This people are wayward in their hearts; they do not know my / ways.”

11 So I swore in my / wrath, \*

“They shall not enter into my / rest.”

**Second Lesson** – Romans 5:1-11

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God’s love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person – though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through

the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

*Reader* The Word of the Lord.

*People* **Thanks be to God.**

*Please stand*

**Sequence Hymn** *sung by all*

Rock of ages, cleft for me (*Toplady*)

Hymnal 685

**Holy Gospel** – John 4:5-42

*Clergy* The Holy Gospel of our Lord Jesus Christ according to John.

*People* **Glory be to thee, O Lord.**

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob’s well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, “Give me a drink.” (His disciples had gone to the city to buy food.) The Samaritan woman said to him, “How is it that you, a Jew, ask a drink of me, a woman of Samaria?” (Jews do not share things in common with Samaritans.) Jesus answered her, “If you knew the gift of God, and who it is that is saying to you, ‘Give me a drink,’ you would have asked him, and he would have given you living water.” The woman said to him, “Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?” Jesus said to her, “Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.” The woman said to him, “Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.” Jesus said to her, “Go, call your husband, and come back.” The woman answered him, “I have no husband.” Jesus said to her, “You are right in saying, ‘I have no husband’; for you have had five husbands, and the one you have now is not your husband. What you have said is true!” The woman said to him, “Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem.” Jesus said to her, “Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth.” The woman said to him, “I know that Messiah is coming” (who is called Christ). “When he comes, he will proclaim all things to us.” Jesus said to her, “I am he, the one who is speaking to you.” Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, “What do you want?” or, “Why are you speaking with her?” Then the woman left her water jar and went back to the city. She said to the people, “Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?” They left the city and were on their way to him. Meanwhile the disciples were urging him, “Rabbi, eat something.” But he said to them, “I have food to eat that you do not know about.” So the disciples said to one another, “Surely no one has brought him something to eat?” Jesus said to them, “My food is to do the will of him who sent me and to complete his work. Do you not say, ‘Four months more, then comes the harvest’? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For

here the saying holds true, ‘One sows and another reaps.’ I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor.” Many Samaritans from that city believed in him because of the woman’s testimony, “He told me everything I have ever done.” So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, “It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world.”

*Clergy* The Gospel of the Lord.

*People* **Praise be to thee, O Christ.**

*After the Gospel reading potty-trained 3-year-olds through 3<sup>rd</sup> graders are invited to follow the cross to the chapel for Children’s Chapel as the congregation sings “Jesus loves me”.*

**Sermon** – The Rev. Charlie Holt

*Please stand*

**Nicene Creed**

BCP 326

**Prayers of the People** – Form V

BCP 389

**Peace**

*Celebrant* The peace of the Lord be always with you.

*People* **And with thy spirit.**

**Welcome and Announcements**

## The Holy Communion

**Offertory Anthem** – As the hart panteth

Gordon Hawkins

*As the hart (meaning deer) panteth after the waterbrooks, so panteth my soul after thee, O God. My soul thirsteth for God, for the living God; when shall I come to appear before God? My tears have been my meat day and night, while they continually say unto me, Where is thy God? Why art thou cast down, O my soul, and why art thou disquieted within me? Hope thou in God, for I shall yet praise him, who is the health of the countenance, and my God.*

*Words Psalm 42:1-3, 11; music © Oxford University Press*

*Please stand*

**Offertory Hymn** *sung by all*

Hymnal 149, verse 1

Eternal Lord of love, behold your Church walking once more the pilgrim way of Lent, led by your cloud by day, by night your fire, moved by your love and toward your presence bent: far off yet here the goal of all desire.

**Great Thanksgiving** – Eucharistic Prayer II

BCP 340

*Celebrant* The Lord be with you.

*People* **And with thy spirit.**

*Celebrant* Lift up your hearts.

*People* **We lift them up unto the Lord.**

*Celebrant* Let us give thanks unto our Lord God.

*People* **It is meet and right so to do.**

*The Celebrant continues...*

**Sanctus** *sung by all*

*musical setting:* Hymnal S 114

Holy, holy, holy, Lord God of Hosts: Heaven and earth are full of thy Glory.  
Glory be to thee, O Lord Most High.

Blessed is he that cometh in the name of the Lord. Hosanna in the highest.

*After the Sanctus you may stand or kneel for the Eucharistic Prayer.*