

## SUMMER 4/3 PACK

### Breakfast Choices

Cereal Family Size  
Coffee 9.6 oz  
Bread 20 oz

### Lunch Choices

PB 16 oz  
Jam 12 or 15 oz  
Applesauce 6 pack  
Mac n Cheese 7.25 oz

### Dinner Choices

Taco Seasoning Packet- 2  
Corn 15 oz  
2 cans of chicken 12.5 oz each  
Salsa 12 oz  
Black Olives 6 oz  
Diced Tomatoes 10 oz  
Brownie Mix  
Pickles 16 oz  
Mustard 8 oz  
**Burrito** flour tortilla - 8 count

Suddenly Salad Classic 7.75 oz  
Green Bean 14.4 oz  
Tuna in water 5 oz  
White Rice 32 oz  
Tomato Sauce 15 oz  
Black Beans 15 oz  
Oil 24 oz  
Catsup 14 oz  
Spam 12 oz  
Mild Green Chilis 4 oz

Want to help? Thank you!

Your choices:

1. Purchase the items on the list for less than **\$50 at Walmart.**
2. **Donate \$50** and we will do the shopping!
3. **Donate \$10** that will purchase a gift card to be included with the 4/3 Packs for fresh items like dairy, bread and fruit.
4. **Buy any items or all items according to your budget.**

**ALL DONATIONS DUE TO IHC BY JULY 5**

