

## WINTER 4/3 PACK

### Breakfast Choices

Cereal Family Size  
Coffee 9.6 oz

### Lunch Choices

PB 16 oz  
Jam 12 or 15 oz  
Applesauce 6 pack  
Mac n Cheese 7.25 oz

### Dinner Choices

Spaghetti Sauce 24 oz  
Corn 15 oz  
2 cans of chicken 12.5 oz each  
Spaghetti 16 oz  
Tomato Sauce 15 oz  
Black Beans 15 oz  
3 Ramen Soup Packages  
Brownie Mix

Green Beans 14.4 oz  
Oil 16 oz  
Diced Tomatoes 15 oz  
Hamburger Helper 5 oz  
Spam  
Taco Seasoning packet  
  
1 quart Chicken Broth

Want to help? Thank you!

Your choices:

1. Purchase the items on the list for less than **\$50 at Walmart.**
2. **Donate \$50** and we will do the shopping!
3. **Donate \$10** that will purchase a gift card to be included with the 4/3 Packs for fresh items like dairy, bread and fruit.
4. **Buy any items or all items according to your budget.**

**ALL DONATIONS DUE TO IHC BY APRIL 12TH**

**Thank you!!.**

