

# Purim / Esther Fast

## 3-Day Devotional & Prayer Handout

Focus: Personal deliverance from worldly attachments • Intercession for Iran

1) Opening prayer (2 min) 2) Scripture readings (8–12 min) 3) Devotional thought (5–7 min) 4) Guided prayer (8–12 min) 5) One act of obedience (1–3 min)
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<b>Fasting suggestion:</b> Skip one meal, or choose a media/comfort fast, and replace that time with Scripture + prayer. If you have medical concerns, choose a non-food fast.
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**Note:** Reports on fatalities in Iran vary widely and are difficult to independently verify amid restrictions. Regardless of the exact totals, credible reporting and human-rights documentation describe mass arrests, deadly use of force, and severe abuses in detention. Today we pray with both sobriety and hope.

### Day 1 — Turn From the King's Table

**Theme:** Deliverance from comfort, compromise, and attachment to “normal life.”

#### Read

- **Esther 4:10–17** — Esther’s turning point; surrender of comfort
- **Daniel 1:8–20** — Holy boundaries; refusing defilement
- **1 John 2:15–17** — Loving the world vs loving the Father
- **Romans 12:1–2** — Living sacrifice; renewed mind

#### Devotional Thought

Mordecai confronts the illusion of safety: “Do not think... you will escape” (Est. 4:13). Worldly attachment often hides in reasonable places: status, comfort, approval, distraction, secret sin, or the need to control outcomes. The Esther Fast begins with a deeper request: not only “Lord, change circumstances,” but “Lord, change what I cling to.” When Esther says, “If I perish, I perish,” she rejects fear’s ownership and chooses obedience.

#### Reflect

- What “king’s table” feeds me right now—comfort, distraction, people-pleasing, control, or hidden compromise?
- Where have I been spiritually passive because I feel “safe enough”?
- What boundary is God asking me to set this week?

### **Pray (guided)**

- **Repentance:** Lord, reveal my attachments; I release what competes with You.
- **Consecration:** Make me willing—like Esther—to obey even when it costs.
- **Freedom:** Break fear of man, addiction to comfort, and compromise in me.

### **Act of Obedience (today)**

Choose one concrete “detach” action for 24 hours: pause entertainment, delete a tempting app, remove a stumbling block, reconcile with someone, or give something away.