

MAKE IT STICK

THE LIFE OF JESUS LESSON 28

5 SIMPLE WAYS
YOU CAN MAKE
THIS LESSON STICK
WITH YOUR KIDS

THIS WEEK'S LESSON

5 Simple Ways to Make This Week's Lesson Stick



IN THE CAR:

On the drive home, ask your child what he learned about this week:

Why don't we have to worry? God is in control. When we focus on God and our relationship with Him, He provides everything we need. We can have peace in Jesus and be free from anxiety. Matthew 6:25-34, Do Not Worry



HANGING OUT:

Make this week's lesson real:

Ask your kid one thing they have worried about before.
Ask your kid why it's important to trust God instead of worrying.



AT DINNER:

Here are some great discussion starters:

Why does worrying not add one day to your life?

What can we do in place of worry? How does this lead to peace?



AT BEDTIME:

Quiz your child on this week's memory verse:

"Ask, and it will be given to you. Search, and you will find. Knock, and the door will be opened to you." Matthew 7:7 (NIRV)



PARENT TIME:

What you need to know:

There are many helpful verses in scripture about letting go of worry and trusting God. Here are a few that you can share with your kids, when they are worried about:

* Having what they want or need - Matthew 6:33: "But seek first his kingdom and his righteousness, and all these things will be given to you as well."

* The future - Isaiah 26:3: "Lord, you will give perfect peace to those who commit themselves to be faithful to you. That's because they trust in you."

* Difficult situations - Philippians 4:6-7: "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."