

## **Elevating Your Prayer Life – Quiz with Answers – Bro Akin Odidi**

Delegates are to provide a brief explanation, along with supporting Scriptures, for their answers.

1. Which foundational attitude most helps believers elevate their prayer life?
  - A. A focus on long, impressive words
  - B. A desire for public recognition
  - C. A strict prayer schedule without heart engagement
  - D. **\*\*A spirit of humility\*\***

**Explanation: Humility positions the heart to receive from God (Luke 18:13–14).**

2. What strengthens a believer's confidence in prayer?
  - A. Praying loudly
  - B. **\*\*Understanding that God hears us when we pray according to His will\*\***
  - C. Knowing many religious traditions
  - D. Repeating the same words many times

**Explanation: 1 John 5:14 teaches that confidence comes from asking in accordance with God's will.**

3. Which practice helps believers stay spiritually alert in prayer?
  - A. Delegating prayer to others
  - B. **\*\*Watching and praying consistently\*\***
  - C. Avoiding prayer during difficult seasons
  - D. Praying only when they feel inspired

**Explanation: Matthew 26:41 instructs believers to watch and pray.**

4. What role does faith play in elevating prayer?
  - A. Faith is optional
  - B. **\*\*Faith makes prayer effective and pleasing to God\*\***
  - C. Faith ensures we pray without expecting answers
  - D. Faith only matters for church leaders

**Explanation: Hebrews 11:6 teaches that without faith it is impossible to please God.**

5. Which action helps believers align their prayers with God's heart?
  - A. Following personal emotions alone
  - B. Praying only in emergencies
  - C. Avoiding Bible reading to stay spontaneous
  - D. **\*\*Meditating on Scripture\*\***

**Explanation: Romans 12:2 shows that Scripture renews the mind.**

6. What is one-way believers can deepen intimacy with God in prayer?
- A. Praying only in groups
  - B. Avoiding silence
  - C. **\*\*Spending time in quiet, personal communion with God\*\***
  - D. Rushing through prayer

**Explanation: Luke 5:16 shows Jesus withdrawing to pray.**

7. Which element strengthens perseverance in prayer?
- A. Praying once and forgetting
  - B. **\*\*Continuing steadfastly in prayer\*\***
  - C. Giving up when answers are delayed
  - D. Avoiding repeated requests

**Explanation: Romans 12:12 encourages constancy in prayer.**

8. What helps believers pray with spiritual authority?
- A. Using personal achievements
  - B. **\*\*Praying in the name of Jesus\*\***
  - C. Quoting famous scriptures
  - D. Praying in their own strength

**Explanation: John 14:13–14 teaches that asking in Jesus' name carries authority.**

9. Which posture helps believers pray with purity and effectiveness?
- A. Avoiding reconciliation
  - B. Holding grudges
  - C. Ignoring relational issues
  - D. **\*\*Forgiving others\*\***

**Explanation: Mark 11:25 teaches that forgiveness is essential in prayer.**

10. What empowers believers to pray beyond their natural limitations?
- A. Avoiding spiritual gifts
  - B. Human wisdom
  - C. Long religious rituals
  - D. **\*\*The help of the Holy Spirit\*\***

**Explanation: Romans 8:26 teaches that the Spirit helps us pray.**

- 2. In not more than 500 words, discuss with relevant scriptures the correlation between a believer's prayer life and right standing with God.**