

Module 3 Section 1: Spiritual Disciplines – Living for Christ in a VUCA World

Presentation Outline – Lady Bethia Taiwo

Spiritual Disciplines

⊗ Deny self

⊕ Take up the cross

👤 Follow Christ

Living for Christ in a VUCA World

- Romans 8:35 - 39
- Colossians 1:10
- Luke 9:23

Understanding the VUCA World

- Volatile - Constant change, instability, crises
 - Uncertain - Future unpredictable, fear of the unknown
 - Complex - Problems are multi-layered, interconnected
 - Ambiguous - Lack of clarity, blurred values, moral confusion
- The world we live in
- The world Christ called us to live faithfully in
- The good news !!!

The Bible gives us wisdom, strength, and hope to live for Christ, even in the midst of a VUCA world

Paul's powerful question

“Who shall separate us from the love of Christ?”

- In a volatile world, where everything changes overnight, God's love is constant

- In an uncertain world, where tomorrow is not guaranteed, His promises are secure
- In a complex world, where answers are hard to find, His Spirit gives wisdom
- In an ambiguous world, where right and wrong are confused, His truth brings clarity

Paul's Conclusion

- In all these things we are more than conquerors through Him who loved us.”
- Our Confidence: Nothing Can Separate Us from Christ's Love (Romans 8:35–39)
- Paul prays that believers would “live a life worthy of the Lord... bearing fruit in every good work, growing in the knowledge of God.”

Paul's Expectation for Believers

Paul prays that believers would “live a life worthy of the Lord... bearing fruit in every good work, growing in the knowledge of God.”

- In a VUCA world, Christians are called to:
 - Walk worthy - Our conduct should reflect Christ, even when society is unstable
- Bear fruit - We are to make a visible impact through kindness, service, and justice
 - Grow continually - Spiritual maturity is essential when life is confusing and complex
- Our lives become testimonies that point people to Christ in a world desperate for direction

Our Calling: Walk Worthy and Bear Fruit (Colossians 1:10)

Jesus makes it plain: “If anyone would come after me, he must deny himself, take up his cross daily, and follow me.”

- Deny self - In a self-centred age, we choose Christ-centred living
- Take up the cross - Willing to face difficulty, sacrifice, and even rejection for Christ
- Follow daily – Not just on Sundays, not just when it's easy, but every day.

*****Living for Christ in a VUCA world is not about comfort,
it is about commitment*****

Our commitment:

- Deny Self and Follow Christ (Luke 9:23)

Living victoriously in a VUCA World

- When the world is volatile, we root ourselves in God's unchanging love
- When life feels uncertain, we trust in God's sovereign plan
- When challenges are complex, we depend on the Spirit's wisdom
- When truth seems ambiguous, we hold fast to Christ, the Way, the Truth, and the Life

Conclusion

Yes, the world is volatile, uncertain, complex, and ambiguous, but we serve a God who is faithful, sovereign, wise, and true

So let us:

- Stand secure in His love (Romans 8)
- Walk worthy and fruitful (Colossians 1)
- Carry our cross daily (Luke 9)

Then we will not just survive in a VUCA world, we will shine for Christ in it

Living for Christ

1. The Call to Live for Christ

Scripture: Galatians 2:20

Key Point: Our old life is gone; our new life belongs to Christ

Discussion Questions:

- What does it mean to be "crucified with Christ?"
- How does this truth affect your daily choices?

Reflection: Am I living like my life belongs to Christ, or am I still holding on to self?

2. Christ as Our Example

Scripture: 1 John 2:6

Key Point: Discipleship means walking as Jesus walked

Discussion Questions:

- What aspects of Jesus' life stand out most to you as an example?
- In what area of your life do you struggle to follow His example?

Reflection: What practical step can I take to imitate Jesus this week?

3. Living by the Spirit

Scripture: Romans 8:5; Galatians 5:22–23

Key Point: The Spirit empowers us to live like Christ.

Discussion Questions:

- Why is it impossible to live for Christ in our own strength?
- Which fruit of the Spirit is most evident in your life right now? Which needs growth?

Reflection: How can I depend more on the Spirit daily?

4. Living with a Kingdom Mindset

Scripture: Matthew 6:33

Key Point: Living for Christ means prioritising God's kingdom above all else

Discussion Questions:

- What are some ways people seek "other things" before the Kingdom?
- What might "seeking first" look like in your work, studies, or family?

Reflection: What in my life needs reordering to put God first?

5. Denying Self & Carrying the Cross

Scripture: Luke 9:23

Key Point: Following Christ requires daily surrender and sacrifice

Discussion Questions:

- What does “carrying the cross daily” look like in practical terms?
- Why do you think Jesus said it must be done daily?

Reflection: What is one area of self I need to surrender today?

6. Witness Through Lifestyle

Scripture: Matthew 5:16

Key Point: Our lives should shine so that others see Christ in us.

Discussion Questions:

- How can your life be a witness without words?
- What difference does integrity make in your testimony?

Reflection: Who in my life needs to see Christ through my actions?

7. Hope of Eternal Life

Scripture: Philippians 1:21

Key Point: Living for Christ gives us an eternal perspective

Discussion Questions:

- How does the hope of eternity change the way we face struggles?
- What does it mean for you personally that “to live is Christ, to die is gain”?

Reflection: How can this eternal hope encourage me to live boldly for Christ?

Practical Steps for the Week

- Begin each day with a prayer of surrender: “Lord, live through me today”
- Identify one person to witness to, through love, service, or a conversation about faith
- Journal your progress and prayer needs