

Lesson Plan

August 30th, 2026

This Month's Truth: I am designed for a purpose

Bible Story: Known by God (Psalm 139)

Theme Verse: Let your light shine before others, so that they may see your good works and give glory to your Father in Heaven. (Matthew 5:16b)

Teachers rally with your team a few minutes before kids start to arrive: Rally is a pre-service time for you to be expectant and equipped before the kids start arriving. Go over the lesson and any ideas for the day. Pray over your space and for the kids that will be coming that they will be connected to the person of Jesus.

Share: Today is Game Changer, and we are going to teach kids about how God leads us to true identity. Kids will learn that God helps us know who we are, and who He made us to be. In our Bible story today from Psalm 139, we will teach how David knew God made him on purpose. (Read Psalm 139:13-16.) Kids will learn that God knows everything about them, and He leads them to know Him and know who they are through a relationship with Jesus. Let's be prayerful throughout our day so that kids will want to trust and believe in Jesus and understand who they are because of who God is.

Pray: Lead the group in prayer, inviting God to work in the hearts of kids in your ministry to know that God wants them to know and follow Him.

Pre Service

Arrival time, please use this time to build relationships with kids and encourage them to build relationships with one another.

Service

What To Do:

- **Teacher Start 5-minute countdown 5 minutes prior to service start time.**

Teacher Opener: Welcoooooome to church this morning, friends! Today is my favorite kind of day because it is a Game Changer day! Game Changer is an incredibly fun, super amazing,

mind-blowing day of awesomeness, so I could not be happier that you are here to experience it! If you are as excited as I am, let me hear you say, "Game Changer," on 3. 1-2-3! (Game Changer!)

Terrific Trivia

Game Rules:

1. Read the question on the screen and guide kids to lock in their answers by doing specific motions for each answer option.
2. Show kids the correct answer and lead them to high-five those who guess correctly.
3. Continue playing until all the questions have been answered.

What You Say: Who is ready for some Terrrrrrific Trrrrrivia? When we begin, a question will pop up on the screen, and you must lock in your guess by doing the action that matches the answer you are choosing. Keep track of how many you get correct because you are earning points for your team. Get to your feet and say, "Terrific Trivia!" (Terrific Trivia!)

What are the three primary colors?

- A. Blue, Yellow, Green
- B. Yellow, Red, Blue
- C. Red, Purple, Yellow
- D. Blue, Yellow, Orange

Clap if you think it is A. Stomp if you think it is B. Snap your fingers if you think it is C. Try to whistle if you think it is D. (Allow responses.) Keep it up while we see the answer!

B! Yellow, red, and blue are the primary colors. If you were stomping your feet, give yourself a point. Let's see the next one.

True or False: Your sense of smell is strongest in the evening.

If you think this is true, go to the left side of the room. If you think this is false, go to the right side of the room. (Allow responses.) OK, let's see who got it right!

It is true! All of you on the left side of the room give yourselves a point, and everyone, come back to the middle. What do we have next?

How many eyes do caterpillars have?

Community Big Kids

- A. 2
- B. 1
- C. 12
- D. 4

Pat your head for A, pat your shoulders for B, pat your knees for C, and pat your toes for D.
(Allow responses.) Keep patting while we see the answer!

The answer is C, 12! Knee patters just earned themselves a point. Stop patting and start looking because here comes the next one!

How many cents are in a quarter?

- A. 25
- B. 10
- C. 1
- D. 100

If you think it is A, hop on your right foot. If you think it is B, hop on your left foot. If you think it is C, hop back and forth from foot to foot. If you think it is D, jump up and down with both feet.
(Allow responses.) Keep moving while we see the answer!

A, 25 cents are in a quarter! All of you right-foot hoppers just earned a point. On to the next question!

A group of frogs is called a(n) ____.

- A. Herd
- B. Flock
- C. Army
- D. Team

Frog jump for A, make a ribbit sound for B, stick your tongue out like you are catching flies for C, and do all three of those motions for D. (Allow response.) All right, froggy people, let's see that answer!

The answer is C, an army! If you were catching flies and only catching flies, give yourself a point. We have two more questions, so you have a chance to earn two more points. What do we have next?

True or False: There are 56 weeks in a year.

Skip to the left if you think this is true and skip to the right if you think this is false. (Allow responses.) What is the answer?

It is false! There are only 52 weeks in a year. All of you on the right, give yourselves a point as everyone moves back to the middle for our last question.

How many brains does an octopus have?

- A. 1
- B. 2
- C. 5
- D. 9

Pretend to swim forward if you think the answer is A. Pretend to swim backward if you think the answer is B. Pretend to sink, then pop back up if you think the answer is C. And wiggle your arms like an octopus if you think the answer is D. (Allow responses.) Just keep swimming as we see our final answer.

The correct answer is D! Wow! That is surprising! Alright, who got them all right? (Allow answers.) (Keep going down until you find the person with the most right answers.)

Great job, everyone! That was truly some terrific trivia! Some of those questions seemed a little crazy. Did you know an octopus has nine brains? We may not know the answer to that question, but what we can know is that God created and designed the octopus, the days and nights that make up the weeks of the year, the caterpillars with all their eyes, and everything else in all of creation.

And guess what? He created each of us too! Today we get to learn about how God designed us for a purpose. Let me hear you say, "I am designed for a purpose!" (I am designed for a purpose!) When we understand that truth and live out God's purpose for our lives, it changes the game for us forever! Let me hear you say, "Game Changer!" (Game Changer!)

Transition Script to go into the Intro Video: You are designed for a purpose by God, and that is a Game Changer! Speaking of Game Changers, we get to watch a video of a very special Game Changer Game Show! Get our video started by saying, "Roll that video!" in 3-2-1! (Roll that video!)

Play Intro Video

What You Say: Sally did a great job playing “Identity Identify!” Say, “Way to go, Sally!” (Way to go, Sally!) Sally not only won the game, but she also helped us see something very important. God designed us for a purpose. He is the One who designed who we are and who we will be—our true identities! We can trust what He says about us. Who He designed us to be is right and good because He is right and good. Everyone, say, “God leads me to my true identity!” (God leads me to my true identity!) We can know who we are because of who God is, and that is a Game Changer!

Worship

What You Say: Come on up front and let’s worship together this morning!

What To Do:

- Turn lights off
- 2 songs of worship
- **Teachers and Small Group Leaders worship with the kids, modeling what it looks like to give God our praise. Stand in the front of the room, or next to the kids- but not in the back.**
- Dismiss the kids back to their seats when the songs are over

What To Do:

- Have the kids **open up** a physical Bible and find the Bible story for that day.
- Use the Bibles provided in the classroom if a kid does not have their own Bible with them.

Transition Script to go into the Bible Story Video: (Open the Bible to Psalm 139.) Now we get to learn from the Bible—God’s true message to us about Himself. There was a king in the Bible named David. David followed God and trusted Him even in difficult times. While David was not a perfect king, he knew his true identity was found in God. Let’s see how this Bible story helps us know more about our true identities as well! Say, “Game Changer!” to get our Bible story started in 3-2-1! (Game Changer!)

Play Bible Story Video

Questions to consider asking after the video:

- What is something that you learned about God from the video?
- What is something that you learned about people?
- What can you take away from the video?
 - How can you apply the lesson from today into your life?

Making The Connection Script: When you think of designers—maybe people who create and design graphics like the ones on our screen or interior designers who design beautiful rooms in homes—do you think they just throw things together and hope for the best? (No!) Do you think they plan each piece they are designing perfectly? (Yes!) Designers care about their work; they care about getting each detail just right!

In our Bible story, we learned that King David was a man who loved and followed God. David knew God made him on purpose. David knew he was God’s remarkable design and that God cared about him—just like a designer cares about his masterpiece. God made David to know Him and have a relationship with Him.

And the same is true for us! God made every single one of us. He spent time on each of us—creating us to be exactly who He made us to be. Say, “God leads me to true identity!” (God leads me to my true identity!) We are remarkably made by a God who loves us!

God made us, and God knew we would need help to have a relationship with Him. We all struggle with something called sin, which is when we follow what we think is best rather than follow what God says is best. Even though God tells us who we are, sin can make us question and doubt that true identity. But God loved us so much that He sent His Son, Jesus, to make the way for us to know God and know who God made us to be.

Let’s watch this video to learn more.

Play Three Circles Video:

What You Say: We are remarkably made by a God who loves us, which is a game changer! And Jesus is the One who changes the game. Let me hear you say, “Jesus changes the game!” (Jesus changes the game!) God loves us so much that He made the way for us to know Him through His Son, Jesus. Jesus lived the perfect life we could not live, died the death we deserved so our sins could be forgiven. Then He came back to life, defeating sin and death. Because of Jesus, we can have a relationship with God and can live the way God created us to live.

In a relationship with God, we see who we are and what He has designed us to do. We are His children, remarkably and wondrously made. We are designed to trust, follow, and love God and to point others to Him. This is our purpose, and this changes everything! On our own, we are separated from God because of our sin. But God loves us so much that when we trust and follow Jesus, we get to live out our true identities both now and forever. Say, “Jesus changes the game!” (Jesus changes the game!)

Jesus is our Game Changer. If you have any questions about trusting and following Jesus, please find me or one of your leaders today. We would love to talk with you more about how Jesus changes the game in our lives.

Theme Verse Review:

Theme Verse Motions:

Search me, God, (Hold your right hand above your eyes while looking side to side.)

and know my heart ... (Place both hands over your heart.)

lead me in the everlasting way. (Present both arms out in front of you, making circles going out.)

Psalm 139:23-24 (Hold your hands out like a book.)

What You Say: Our Theme verse today comes from today’s Bible story! Psalm 139 teaches us that God leads us to our true identities. Stand up and let’s learn our Theme verse together!

Play Theme Verse Video

What You Say: God searches us and knows us. He created us. He designed us for a purpose, and that purpose is to love Him and help others do the same. We can trust Him to lead us in the best way to live out our true identities. What a Game Changer! Everyone, say, “Game Changer!” (Game Changer!)

Large Group Closing:

What You Say: All of you did a fantastic job today! We learned that God designed us for a purpose—to know and love Him and to live as the people He created us to be. He made this possible by sending His Son, Jesus, to make the way for us to have a forever relationship with Him. God designed us to be His children who love Him and help others do the same. We can live

out that purpose by trusting in and depending on Him. Let's thank Him now for designing us for a special purpose. Let's pray in 3-2-1.

Closing Prayer: God, we love You, and we thank You for loving us. Thank You for knowing us even before we were born. We know You have planned out our lives from before we were even born, and we are so glad Your plan for us centers around loving You and helping others do the same. Thank You for sending Jesus to make the way for us to have a relationship with You and learn who You made us to be. Guide us as we follow You. Make us more like You each day. Amen.

Transition to Small Group Time: Split the kids into small groups. This can be done either by age, grade, or gender.

Small Group Time:

Option #1: Connection Questions

What To Do: Let's talk about how Jesus changes the game and how God leads us to true identity!

1. If you could design your own special recipe or meal, what would it be and how would you make it? (Allow answers and share your own answer.)
2. What is the best recipe you have ever helped with or that someone you know has ever used? (Allow answers and share your own answer.) A recipe has been designed for a purpose, every part of it specially planned by the creator of the recipe. How can a recipe remind us about God? (God designs us for a special purpose.)
3. The Bible tells us that our true identity can be found in God because He is the One who made us. Let's open our Bibles to **Psalms 139:13-14** and read about it together. (Invite kids to open their Bibles. Read the passage aloud or invite a kid who volunteers to read the passage aloud. Be sure to have Bibles available for kids who need one. Help kids find the passage so everyone can follow along together.) These Bible verses say that God knows us, and we are remarkably and wondrously made by Him. What are some remarkable things about the true identity God has given you? (Allow kids to answer and share your own answer.)
4. God made each of us to know and love Him and to help others know and love Him. What are some ways you can know God and help others know Him? (We can know God by reading the Bible, learning at church, talking with God, and learning from other

people who know God. We can help others know God by talking about Him, praying for them, and showing them God's love and kindness.) God sent His Son, Jesus, to make the way for us to have a relationship with Him and live out our true identities. If you have questions about Jesus or want to start following Him today, talk with me!

5. The Bible tells us we are known by God, and He designed us for a purpose. Being known by God truly changes the game in our lives! What is one way you can live out your God-given true identity this week? What is something you learned today? Is there anything you have questions about? (Allow kids to answer and share your own answer.)

Option #2: Wondrous Watercolor

Leader Tip: Consider doing the “Wonderous Watercolors” craft first at the beginning of service so it has time to dry.

Leader Tip: If you do not want to have the kids paint you can have them color the picture instead.

What To Do: Let's create a “remarkably and wondrously made” craft out of a paper towel and some watercolors! First, lay your paper towel on top of your paper. Then you get to paint that paper towel! The paint will soak into the towel and spread. Then do it again and again—changing paint colors to make whatever design you would like—until the whole paper towel is covered! (Allow time.)

(Start once the paint has dried.) Now, remove your paper towel. You have an amazing, special, unique paper that is as amazing, special, and unique as you!

Loud And Clear: Who is the creator of each of these paintings? (Allow responses.) That is right—you created them! You designed them to be exactly as they are! God is your Creator, and He designed you for a purpose to be exactly as you are. God sent Jesus because He knew each of us would need to be rescued from sin. When we trust and follow Jesus, He helps us live the way God created us to live. We are remarkably and wondrously made by God to know, love, and follow Him. Hold up your craft and say, “I am wondrously made!” (I am wondrously made!) We can always trust what God says about us because He is the One who made us!

Option #3: Activity Page

What You Say: This activity page helps us remember some big things we have learned about today. As you color and work on activities, talk to a friend about some of your favorite parts of our time together.

Leader Tip: Get to know the kids better. Ask them what they remember about the Bible story or remind them they are remarkably and wondrously made—like David! God designed each of them for a purpose—to love and follow Jesus and to live how He created them to live.

Loud And Clear: Jesus changes the game because He helps us know God and know who God created us to be. God leads all of us to true identity because God thoughtfully created and designed each of us exactly how He wanted us to be. We are remarkably and wondrously made because we come from a remarkable Creator! What a game changer!

Close out in prayer:

What To Do:

- Ask for any specific prayer requests
- Pray with the group
- Lead the group in the prayer below.

What You Say: God thank you for making us so remarkable and wonderful because You designed us. You sent Your Son, Jesus, so we could have a relationship with You and live our lives the way You created us to live. Help us recognize that our true identities are designed by You. And help us know we can receive those true identities when we trust and follow You. God, You made us and want us to be part of Your forever family. Show us who we are by showing us who You are. We love You. Help us love You more. Amen.

Dismissal:

Leader Tip: Work with your team to dismiss the kids in a fun, manageable, and safe way. As kids leave, make sure they have all of the crafts and papers. Share with the person picking them up something positive you observed today. Invite them back next week.