

RCOF DISCIPLESHIP GROUPS GUIDELINES

Mission: To Know Jesus

*“They **devoted themselves** to the **apostles’ teaching** and to **fellowship**, to the **breaking of bread** and to **prayer**.” Acts 2:42*

Discipleship Commitment

1. **Devote**: I need to commit to attend and follow the discipleship structure
2. **Apostles’ teaching**: The Word will be our foundation
3. **Fellowship**: I will participate and build relationships
4. **Breaking of Bread**: I will take steps to remove the mask and be authentic
5. **Prayer**: I will ask for prayer, and I will commit to prayer

Steps to Success

Devote: - Commit to weekly or biweekly attendance - Commit to a timeframe the groups will hold to (we suggest 60 minutes) **Apostles’ Teaching**: - Listen to the sermon - Review the WSS before attending and be ready to engage **Fellowship**: - Participate! Don’t just attend but be an active participant - Build an accepting, gracious, trustworthy discipleship community **Breaking of Bread**: - Jesus instructs us not to be hypocrites, which means we “Take off the mask” - Build trust by taking steps toward vulnerability within the group **Prayer**: - Share your prayer needs - Support one another in prayer – Pray and check in with members through the week

Standard Meeting Structure

1. CHECK-IN (Under 2 Minutes Per Person, everyone must check in)

Purpose: Build connection, honesty, and relational awareness.

Personal life update - Emotional reflection with emotional language - Current spiritual condition - Challenges or victories – Check-in is about opening up, not a detailed narrative – Finish by stating “I’m in”

2. DISCUSSION (30–45 Minutes)

Purpose: Engage deeply with Scripture through the Weekly Sermon Summary (WSS).

Sermon review (WSS) - Biblical understanding - Group discussion - Personal application - Balanced participation

3. PRAYER (5–10 Minutes)

Purpose: Care for one another through prayer.

Share requests and life challenges- Pray collectively - Address every need - Close in unity

WEEKLY SERMON SUMMARY

Who We Are: Mission and Vision

Verses: Mark 16:15, Rom. 1:16, Acts 1:8, Isa. 6:8

Opening Discussion Question

- What about the mission and vision of COF do you most connect to?

Moving with God

- COF started with a vision to reach the people of Lewisburg, OH
- The culture was always about connecting rural communities to Jesus
- Multi-site growth was God's plan, not man's plan

Key Point

- The mission of COF is to connect people to the person of Jesus
- Walking out the vision took humility and faith to follow the Spirit

Discussion Question

- How has God led you in life? What part did humility and faith play in your journey?
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Who Will Go? God, Send Me!

Humble Obedience

- God's plans are always beyond our abilities and natural vision
- The grace of God supplies our needs as we walk by faith
- The posture of our heart must be "God, send me!"

Discussion Questions

- In what areas of your life is God asking you to trust and follow His leading?
- Do you feel a resistance to stepping out and following God? (fear, anxiety, insecurity, etc.)
- How have the Bible, prayer, and discipleship communities helped you to confront that resistance?

Application

- How can you practice humility in your daily walk?
- How can you prioritize God's leading in your daily walk?
- Pray for the When, Where, & Who as COF looks to launch a new church.
- Pray for the Right Connection, the Right Community, & the Right Facility.