

FIRST



**A resource for cultivating and growing
morning devotion to Jesus**

INTRODUCTION

*Listen to my voice in the morning, LORD.
Each morning I bring my requests to you and wait expectantly.*
Psalm 5:3 (NLT)

Our mornings belong to the Lord. We need to give them to Him. We need to form a habit and be faithful to the Lord in meeting with Him daily. A simple way to do that is through scripture and prayer.



Read

READ

Take a Minute to read this scripture. Don't rush through it. It is short, so read it multiple times. Read it slowly and make sure you understand what you are reading.



Think

THINK

Take a Minute to think about this scripture. 2 of the best questions you could ask about the scriptures are: (1) What does this passage tell me about God? (2) What does it tell me about what it means to be the people of God?



Pray

PRAY

Take a minute to pray about what you have read and thought about. Is there something that you can pray now that you have read the scripture? Maybe you need help in the area that the scripture talks about.



Remember

REMEMBER

Take a minute to try to memorize and say the scripture you read. It may be a longer scripture, and one minute is not enough time to memorize it. However, try to memorize part of it, or commit the meaning to memory. Memorizing scripture is more than having it in your mind; it's being able to contemplate it without it in front of you and to confidently recall it when it can be shared with others or applied to your life.



Thanks

THANKS

Take a minute to thank God for His words to you in the scriptures. You can thank Him for what you read, how it convicts you, how it encourages you, or how it instructs you. This is a great time to practice being thankful that God speaks to us, encourages us, and strengthens us by way of the scriptures.

DAY ONE



Read

John answered, "No one can have anything unless God gives it." John 3:27



Think

Write your thoughts:



Pray

Write a prayer:



Remember

Try writing the verse from memory:



Thanks

Write a prayer of thanks:

DAY TWO



Read

Do for others what you want them to do you for: this is the meaning of the Law of Moses and of the teachings of the prophets. Matthew 7:12



Think

Write your thoughts:



Pray

Write a prayer:



Remember

Try writing the verse from memory:



Thanks

Write a prayer of thanks:

DAY THREE



Read

But when you pray, go to your room, close the door, and pray to your Father, who is unseen. And your Father, who sees what you do in private will reward you. Matthew 6:6

Write your thoughts:



Think

Write a prayer:



Pray

Try writing the verse from memory:



Remember

Write a prayer of thanks:



Thanks

DAY FOUR



Read

Examine me, O God, and know my mind; test me, and discover my thoughts. Find out if there is any evil in me and guide me in the everlasting way. Psalm 139:23-24

Write your thoughts:



Think

Write a prayer:



Pray

Try writing the verse from memory:



Remember

Write a prayer of thanks:



Thanks

DAY FIVE



Read

A good person brings good out of the treasure of good things in his heart; a bad person brings bad out of his treasure of bad things. For the mouth speaks what the heart is full of. Luke 6:45

Write your thoughts:



Think

Write a prayer:



Pray

Try writing the verse from memory:



Remember

Write a prayer of thanks:



Thanks

DAY SIX



Read

Jesus answered him, "I am the way, the truth, and the life; no one goes to the Father except by me. John 14:6

Write your thoughts:



Think

Write a prayer:



Pray

Try writing the verse from memory:



Remember

Write a prayer of thanks:



Thanks

DAY SEVEN



Read

Everyone has sinned and is far away from God's saving presence. Romans 3:23



Think

Write your thoughts:



Pray

Write a prayer:



Remember

Try writing the verse from memory:



Thanks

Write a prayer of thanks:

DAY EIGHT



Read

Be joyful always. 1 Thessalonians 5:16



Think

Write your thoughts:



Pray

Write a prayer:



Remember

Try writing the verse from memory:



Thanks

Write a prayer of thanks:

DAY NINE



Read

Anyone who is joined to Christ is a new being; the old is gone, the new has come. 1 Corinthians 5:17



Think

Write your thoughts:



Pray

Write a prayer:



Remember

Try writing the verse from memory:



Thanks

Write a prayer of thanks:

DAY TEN



Read

For it is by God's grace that you have been saved through faith. It is not the result of your own efforts, but God's gift, so that no one can boast about it. Ephesians 2:8-9

Write your thoughts:



Think

Write a prayer:



Pray

Try writing the verse from memory:



Remember

Write a prayer of thanks:



Thanks

DAY ELEVEN



Read

For sin pays its wage—death; but God’s free gift is eternal life in union with Christ Jesus our Lord. Romans 6:23

Write your thoughts:



Think

Write a prayer:



Pray

Try writing the verse from memory:



Remember

Write a prayer of thanks:



Thanks

DAY TWELVE



Read

For the Spirit that God has given us does not make us timid; instead, his Spirit fills us with power, love, and self-control. 2 Timothy 1:7

Write your thoughts:



Think

Write a prayer:



Pray

Try writing the verse from memory:



Remember

Write a prayer of thanks:



Thanks

DAY THIRTEEN



Read

When I am afraid, O Lord Almighty, I put my trust in you. Psalm 56:3



Think

Write your thoughts:



Pray

Write a prayer:



Remember

Try writing the verse from memory:



Thanks

Write a prayer of thanks:

DAY FOURTEEN



Read

Pray at all times. 1 Thessalonians 5:17



Think

Write your thoughts:



Pray

Write a prayer:



Remember

Try writing the verse from memory:



Thanks

Write a prayer of thanks:

DAY FIFTEEN



Read

You, Lord, give perfect peace to those who keep their purpose firm and put their trust in you. Isaiah 26:3



Think

Write your thoughts:



Pray

Write a prayer:



Remember

Try writing the verse from memory:



Thanks

Write a prayer of thanks:

DAY SIXTEEN



Read

He must become more important while I become less important. John 3:30



Think

Write your thoughts:



Pray

Write a prayer:



Remember

Try writing the verse from memory:



Thanks

Write a prayer of thanks:

DAY SEVENTEEN



Read

Let your hope keep you joyful, be patient in your troubles, and pray at all times. Romans 12:12



Think

Write your thoughts:



Pray

Write a prayer:



Remember

Try writing the verse from memory:



Thanks

Write a prayer of thanks:

DAY EIGHTEEN



Read

Be thankful in all circumstances. This is what God wants from you in your life in union with Christ Jesus. 1 Thessalonians 5:18



Think

Write your thoughts:



Pray

Write a prayer:



Remember

Try writing the verse from memory:



Thanks

Write a prayer of thanks:

DAY NINETEEN



Read

Do not be like children in your thinking, my friends; be children so far as evil is concerned, but be grown up in your thinking. 1 Corinthians 14:20

Write your thoughts:



Think

Write a prayer:



Pray

Try writing the verse from memory:



Remember

Write a prayer of thanks:



Thanks

DAY TWENTY



Read

And avoid every kind of evil. 1 Thessalonians 5:22



Think

Write your thoughts:



Pray

Write a prayer:



Remember

Try writing the verse from memory:



Thanks

Write a prayer of thanks:

DAY TWENTY-ONE



Read

Jesus Christ is the same yesterday, today, and forever. Hebrews 13:8



Think

Write your thoughts:



Pray

Write a prayer:



Remember

Try writing the verse from memory:



Thanks

Write a prayer of thanks:

DAY TWENTY-TWO



Read

Do all your work in love. 1 Corinthians 16:14

Write your thoughts:



Think

Write a prayer:



Pray

Try writing the verse from memory:



Remember

Write a prayer of thanks:



Thanks

DAY TWENTY-THREE



Read

Be quick to listen, but slow to speak and slow to become angry. James 1:19

Write your thoughts:



Think

Write a prayer:



Pray

Try writing the verse from memory:



Remember

Write a prayer of thanks:



Thanks

DAY TWENTY-FOUR



Read

See that no one pays back wrong for wrong, but at all times make it your aim to do good to one another and to all people. 1 Thessalonians 5:15



Think

Write your thoughts:



Pray

Write a prayer:



Remember

Try writing the verse from memory:



Thanks

Write a prayer of thanks:

DAY TWENTY-FIVE



Read

But if we confess our sins to God, he will keep his promise and do what is right: he will forgive us our sins and purify us from all our wrongdoing. 1 John 1:9

Write your thoughts:



Think

Write a prayer:



Pray

Try writing the verse from memory:



Remember

Write a prayer of thanks:



Thanks

DAY TWENTY-SIX



Read

Come near to God, and he will come near to you. James 4:8



Think

Write your thoughts:



Pray

Write a prayer:



Remember

Try writing the verse from memory:



Thanks

Write a prayer of thanks:

DAY TWENTY-SEVEN



Read

In the beginning, when God created the universe (the heavens and the earth). Genesis 1:1

Write your thoughts:



Think

Write a prayer:



Pray

Try writing the verse from memory:



Remember

Write a prayer of thanks:



Thanks

DAY TWENTY-EIGHT



Read

We love because God first loved us. 1 John 4:19



Think

Write your thoughts:



Pray

Write a prayer:



Remember

Try writing the verse from memory:



Thanks

Write a prayer of thanks:

DAY TWENTY-NINE



Read

Humble yourselves before the Lord, and he will lift you up. James 4:10



Think

Write your thoughts:



Pray

Write a prayer:



Remember

Try writing the verse from memory:



Thanks

Write a prayer of thanks:

DAY THIRTY



Read

Encourage one another and help one another. 1 Thessalonians 5:11

Write your thoughts:



Think

Write a prayer:



Pray

Try writing the verse from memory:



Remember

Write a prayer of thanks:



Thanks
