



“Jesus-Our Only Confidence”
Sermon Date: November 13th, 2022

Reflections on Sunday’s Sermon

The New City Catechism—Lord’s Day 46

What is the Lord’s Supper?

Christ commanded all Christians to eat bread and to drink from the cup in thankful remembrance of him and his death. The Lord’s Supper is a celebration of the presence of God in our midst; bringing us into communion with God and with one another; feeding and nourishing our souls. It also anticipates the day when we will eat and drink with Christ in his Father’s kingdom. (1 Corinthians 11:23-26)

Scripture

Hebrews 3:7-19 (ESV)

⁷ Therefore, as the Holy Spirit says, “Today, if you hear his voice, ⁸ do not harden your hearts as in the rebellion, on the day of testing in the wilderness, ⁹ where your fathers put me to the test and saw my works for forty years. ¹⁰ Therefore I was provoked with that generation, and said, ‘They always go astray in their heart; they have not known my ways.’ ¹¹ As I swore in my wrath, ‘They shall not enter my rest.’” ¹² Take care, brothers, lest there be in any of you an evil, unbelieving heart, leading you to fall away from the living God. ¹³ But exhort one another every day, as long as it is called “today,” that none of you may be hardened by the deceitfulness of sin. ¹⁴ For we have come to share in Christ, if indeed we hold our original confidence firm to the end. ¹⁵ As it is said, “Today, if you hear his voice, do not harden your hearts as in the rebellion.” ¹⁶ For who were those who heard and yet rebelled? Was it not all those who left Egypt led by Moses? ¹⁷ And with whom was he provoked for forty years? Was it not with those who sinned, whose bodies fell in the wilderness? ¹⁸ And to whom did he swear that they would not enter his rest, but to those who were disobedient? ¹⁹ So we see that they were unable to enter because of unbelief.

Understanding and Applying

1. **Theme:** What is the overarching theme of the passage (consider the context: historical, audience, surrounding texts)?

2. **Doctrine/Truth:** What are some truths, promises, or works of God that are being revealed to us in the passage?

3. **Jesus:** How does the passage point to or exalt Christ—His person, His work, or the salvation that He has accomplished for His people?

4. **Exhortation:** Are there any exhortations and why does God urge the church in this way (vv. 13-15)?

5. **Warning:** How, and why, does God warn the person who is hearing the word of God but has an unbelieving heart?

6. **Prayer:** To close, how might the passage shape your prayers?