PRAYER: PETITION

WEEK 1 | DAYS 1 - 6 ABIDE QUESTIONS

DAY 1 (PAGE 2)

David calls God “my King and my God” before he asks for anything. How would purposefully remembering who God is change the way you approach Him with a need? David says he prays in the morning, before the day unfolds. What would it look like to bring your needs to God first thing, rather than after you’ve tried to handle them yourself?

DAY 2 (PAGE 3)

When you cry out to God in prayer for help, do you truly believe He welcomes your prayers, or do you sometimes hesitate to ask Him for what you need? How might your prayers change if you focused less on finding the right words and more on trusting that God hears you and will respond according to His gracious character?

DAY 3 (PAGE 4)

What would it look like to pray more honestly and persistently if your confidence rested in God's faithfulness rather than your own ability to get everything right? Is there a situation in which you have been hesitant to ask God for help because you feel unworthy, ashamed, or undeserving of His mercy that you can bring before Him today?

DAY 4 (PAGE 5)

Where in your life do you need to stop pretending you have everything under control and honestly acknowledge your weakness and neediness before God? Is there a need you are carrying today that you have not brought before the Lord, trying to handle it on your own instead of seeing it as an opportunity to depend more fully on Him? Lift it to Him in prayer.

DAY 5 (PAGE 6)

The Psalmist’s confidence in prayer is tied to God’s past faithfulness to him. When you face a new season of distress, how often do you remember the ways God has carried you through previous difficulties? How might remembering God’s past faithfulness change the way pray about the difficulty you are facing today?

DAY 6 (PAGE 7)

When life feels overwhelming, do you instinctively turn to God for help, or do you tend to carry the weight yourself before asking Him to sustain you? What is one specific burden you can place before the Lord today, asking Him for the grace to trust His sustaining power rather than live under the weight of trying to handle everything yourself?

ABIDE

...THAT YOUR JOY MAY BE FULL