

## **The Fruit of the Spirit**

I. The War Between the Flesh and the Spirit (*Galatians 5:16–21*)

II. Fruit Reveals the Root (*Psalms 1:1–3; Romans 7:4; James 3:13–18; Matthew 3:8; 1 John 1:8; Matthew 7:15–20*)

III. Love: The Heart of the Spirit's Fruit (*1 Corinthians 13:1–7, 13; Matthew 22:35–40; John 15:12–13; John 13:34–35*)

IV. The Fruit of the Spirit (*Galatians 5:22–23; Philippians 4:4, 8; Romans 5:1; Colossians 1:21–22, Galatians 1:6; 5:7–8; Mark 10:13–16; Romans 12:19–21*)

V. Walking by the Spirit: Dependence and Community (*Galatians 5:24–25; 6:1–5*)

### **Small Group Discussion Questions**

- Ice-Breaker: If you could only eat 1 fruit for the rest of your life, what would it be?
- Read Galatians 5:16–25. What words, phrases, or contrasts stand out to you in this passage?
- Pastor Josh described the flesh as life curved inward upon itself, living from our own desires, judgments, and need for control. Where do you see that inward-curved way of living in the works of the flesh listed in verses 19-21?
- Read Matthew 7:15-20. What does Jesus mean when He says that people can be recognized by their fruit?

- The fruit of the Spirit is singular rather than plural. Why is it important that these qualities belong together rather than being a list from which we choose our favorites?
- Read 1 Corinthians 13:1–7. According to Paul, how is it possible to do impressive or even sacrificial things without genuine love? What difference does love make in the way those things are done?
- Look again at the list in Galatians 5:22–23. Which aspect of the fruit do you think is especially needed in our families, workplaces, church, or community right now? Why?
- The sermon said that walking by the Spirit is primarily a posture of dependence: “Lord, I need You.” What is one ordinary situation in which remembering to depend on the Spirit could change the way you respond in daily life?
- Read Galatians 6:1-5. What is one practical way we can help carry another person’s burden this week while also examining our own lives rather than comparing ourselves with others?