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March 22, 2026  
*Small Group Discussion Questions*

**Getting Started**

Take some time to catch up and connect as a group. Pray before discussion.  
Expect God to move through your time together!

**Pacing Your Group**

Move quickly through “observation” leaving enough time for “reflection”, “discussion”, and “surrender.”

**Scripture Reading**

Re-read the scripture passages as needed when you discuss the questions.

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**Observation: *What do the scripture passages say? Read Psalm 90:12-17***

1. What are the 8 requests in this passage?
  2. When does Moses request to be ‘satisfied’ by the Lord? And what’s the result?
  3. According to the passage, why would we want to learn to number our days?
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**Reflection and Discussion: *What are some first thoughts flowing from the scriptures?***

***How do the scriptures connect to everyday life?***

4. How does Moses’ authorship give this Psalm additional meaning?
  5. How often do you live in active reflection of ‘numbering your days?’
  6. Be honest . . . where do you go most when it comes to building a legacy/leaving an impact?
  7. Talk as a group about death . . . what might change in your life if you began to live with urgency?
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**Surrender: *Responding to God’s voice.***

8. How can we work as a group to leave a legacy with our children with true impact?
9. What are YOU going to do to cultivate ‘death-awareness’ in your life?
10. What is one thing God is saying to you through this study and discussion?

**\*\* Take some time to pray for one another in response to what has been discussed today \*\***

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Reach out any time with questions, ideas, thoughts, or concerns.  
Contact the Discipleship Team, [communitylife@changepointalaska.com](mailto:communitylife@changepointalaska.com)