



April 26, 2026
Small Group Discussion Questions

Getting Started

Take some time to catch up and connect as a group. Pray before discussion.
Expect God to move through your time together!

Pacing Your Group

Move quickly through “observation” leaving enough time for “reflection”, “discussion”, and “surrender.”

Scripture Reading

Re-read the scripture passages as needed when you discuss the questions.

Observation: *What do the scripture passages say? Read 1 Kings 19*

1. Who made the decision to send a threat to Elijah?
 2. What was Elijah’s response?
 3. How long was Elijah in his desert experience?
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Reflection and Discussion: *What are some first thoughts flowing from the scriptures?*

How do the scriptures connect to everyday life?

4. Who or what are you disproportionately fearful of?
 5. What, in your spiritual life, is bringing you deep soul-exhaustion?
 6. Where do you typically go in your exhaustion?
 7. What has been your experience with ‘the still small voice?’
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Surrender: *Responding to God’s voice.*

8. How can we, as a group, pray for and receive God’s restoration today?
9. God reminded Elijah he was not alone . . . this group is proof you’re not alone. How can we better lean in with one another?
10. What is one thing God is saying to you through this study and discussion?

**** Take some time to pray for one another in response to what has been discussed today ****

Reach out any time with questions, ideas, thoughts, or concerns.
Contact the Discipleship Team, communitylife@changepointalaska.com