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Mar 1, 2026  
Small Group Discussion Questions

**Getting Started**

Take some time to catch up and connect as a group. Pray before discussion.  
Expect God to move through your time together!

**Pacing Your Group**

Move quickly through “observation” leaving enough time for “reflection”, “discussion”, and “surrender.”

**Scripture Reading**

Re-read the scripture passages as needed when you discuss the questions.

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**Observation: *What does the scripture say? Read 1 Thessalonians 4:13***

1. How can Christians grieve differently than non-Christians? What happens when we don't?

**Read Psalm 42.**

2. Did David's grief cause him to question God? Was it wrong for David to experience his grief and those questions?
3. How did David deal with his grief and doubts?

**Read Psalm 40:1-3.**

4. What did David do?
5. What did he receive from God?
6. What did he anticipate?

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**Reflection and Discussion: *What are some first thoughts? How do the scriptures connect to everyday life?***

7. Can Christians feel guilty over their grief? Why?
8. Is there a wrong way to grieve?
9. Do we always have to be patient and wait for God's comfort? How long?
10. How important is it to praise God while experiencing grief? Why?

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**Application: *What is God saying to you?***

11. What is one thing God is saying to you through this study and discussion?

**\*\* Take some time to pray for one another in response to what has been discussed today \*\***