



August 9th, 2026
Small Group Discussion Questions

Getting Started

Take some time to catch up and connect as a group. Pray before discussion.
Expect God to move through your time together!

Pacing Your Group

Move quickly through “observation” leaving enough time for “reflection”, “discussion”, and “surrender.”

Scripture Reading

Re-read the scripture passages as needed when you discuss the questions.

Observation: *What do the scripture passages say? Read Matthew 6:25–34 and 7:7–12*

1. In Matthew 6:25–34, what reasons does Jesus give for why His followers should not worry?
 2. What contrasts do you see between “worrying” and “seeking first the kingdom of God” in Matthew 6:31–33?
 3. In Matthew 7:7–12, what does Jesus reveal about the character of our heavenly Father and the way He responds to His children??
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Reflection and Discussion: *What are some first thoughts flowing from the scriptures? How do the scriptures connect to everyday life?*

4. What is one “What if?” that tends to play on repeat in your mind right now?
 5. What would it look like for you to “seek first the kingdom of God” in that specific situation instead of continuing to rehearse what you cannot control?
 6. Is there someone you are worrying about in a way that may actually be an attempt to control an outcome? What would it look like to entrust that person to the Father?
 7. Jesus moves from trusting the Father to actively loving others. For the person or situation you are concerned about, what is the next loving thing God has actually put within your power to do this week?
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Surrender: *Responding to God’s voice.*

8. What is one thing God is saying to you through this study and discussion?

**** Take some time to pray for one another in response to what has been discussed today ****

We’re here!
We would love to hear about how things are going in your life group!
Reach out any time with questions, ideas, thoughts, or concerns.
Contact the Discipleship Team, communitylife@changepointalaska.com