

Lifegroup Curriculum: Becoming Flourishing People

Looking Back (15 mins)

Family Time

1. Vision:
 - Vision Statement: Invite someone in your lifegroup to share what your Lifegroup's vision means to them.
 - Connect Question: What's one habit or practice you do that helps you feel like you're thriving and flourishing?
2. Check-Ins:
 - Life updates from the previous week(s), prayer requests, praise reports.

Looking Up

Worship (~10-15 mins)

- [This Is How I Thank The Lord - UPPERROOM](#)
- [Give Me Jesus - UPPERROOM](#)

Bible Study (25 mins)

Bible Passage Jeremiah 17:5-28, NIV

5 *This is what the Lord says: "Cursed is the one who trusts in man, who draws strength from mere flesh and whose heart turns away from the Lord. 6 That person will be like a bush in the wastelands; they will not see prosperity when it comes. They will dwell in the parched places of the desert, in a salt land where no one lives. 7 "But blessed is the one who trusts in the Lord, whose confidence is in him. 8 They will be like a tree planted by the water that sends out its roots by the stream. It does not fear when heat comes; its leaves are always green. It has no worries in a year of drought and never fails to bear fruit."*

Discussion Questions

- What is a core idea from this passage?
- In what areas of your life have you felt dry? How can you bring these droughts or difficulties to God?

- What would being “a tree planted by the water” look like in your life right now?
 - What could that look like in your day-to-day living?

Looking Forward (20 mins)

Gather in groups of 3-4. Take a few minutes to individually reflect on what was shared in the bible study discussion and the questions below, then share and pray for one another:

- Becoming flourishing people like in Jeremiah 17 is a process!
 - What personal habits is God calling you to start or take up again?
 - What are ways we as a Lifegroup can do new practices together that help us flourish?
- Pray for one another and that God would help us flourish in new ways!