

# Beatitudes Guide

## Matthew 5:1-12

<sup>1</sup> Now when Jesus saw the crowds, he went up on a mountainside and sat down. His disciples came to him, <sup>2</sup> and he began to teach them. He said:

<sup>3</sup> *"Blessed are the poor in spirit, for theirs is the kingdom of heaven.*

<sup>4</sup> *Blessed are those who mourn, for they will be comforted.*

<sup>5</sup> *Blessed are the meek, for they will inherit the earth.*

<sup>6</sup> *Blessed are those who hunger and thirst for righteousness, for they will be filled.*

<sup>7</sup> *Blessed are the merciful, for they will be shown mercy.*

<sup>8</sup> *Blessed are the pure in heart, for they will see God.*

<sup>9</sup> *Blessed are the peacemakers, for they will be called children of God.*

<sup>10</sup> *Blessed are those who are persecuted because of righteousness, for theirs is the kingdom of heaven.*

<sup>11</sup> *Blessed are you when people insult you, persecute you and falsely say all kinds of evil against you because of me. <sup>12</sup> Rejoice and be glad, because great is your reward in heaven, for in the same way they persecuted the prophets who were before you."*

## Reflection

- Ask God to highlight one "blessed" statement to you (you can take them one at a time and keep coming back to this).
- How does this statement challenge or oppose the ways of our culture?
- What does this statement reveal to us about the Kingdom of Heaven? And why is this Kingdom reality so important?
- Ask God what he might want to say to you specifically through this statement. Are there any places in your life where he wants to help you experience this Kingdom reality? Or is he inviting you to change course in some way?
- How might you practically receive more of or align your life with this Kingdom reality?
- End by praying for God to help you receive more of this Kingdom reality, particularly in the areas of your life where you are experiencing something different.

# Lifegroup Lesson: Beatitudes

## Looking Back (15 mins)

### Family Time

1. Vision:
  - Vision Statement: Invite someone in your lifegroup to share what your Lifegroup's vision means to them.
  - Connect Question: What's something you need from Jesus this week?
2. Check-Ins:
  - Life updates from the previous week(s), prayer requests, praise reports.

## Looking Up

### Worship (~10-15 mins)

- [Unchanging - Antioch Live](#)
- [Make Room - Community Music](#)

### Beatitudes Guide (30 mins)

1. Using the guide on page 1, have people take 5-10 minutes to choose one Beatitude and individually reflect on the questions listed. (You can play [instrumental music](#) if that is helpful).
2. Get into groups of 3-4. Share whatever you'd like to from your reflection.
3. Pray for one another to live out these realities through the power of the Holy Spirit.

## Looking Forward (15 mins)

Gather either with the same small groups, or move into new groups of 3-4, then share: What did you feel like God was saying to you? How can we pray for and/or support you this week?