

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

June  
**30 DAY**  
 Prayer Challenge

1

2

3

4

5

6

Day 1

Fix your attention on who God is - His greatness, His nearness, His holiness. Let your first words not be requests but worship.

**Psalm 145:3**

Day 2

Offer your day to God before it begins. Surrender your plans, your expectations, and your pace - asking Him to order your steps.

**Proverbs 16:9**

Day 3

Come honestly before God. Name what is heavy, hidden, or out of alignment. Receive again His mercy, not as an idea, but as a reality.

**1 John 1:9**

7

8

9

10

11

12

13

Day 4

Slow down long enough to notice. Thank God for specific evidence of His grace - what He has given, sustained, and carried.

**1 Thes. 5:18**

Day 5

Bring before God the places where trust feels difficult. Speak them plainly and ask Him to form in you a deeper reliance on Him.

**Proverbs 3:5-6**

Day 6

Pray for your church - not just its needs, but its people. Ask God to form you together into a community that reflects His heart.

**Colossians 1:9**

Day 7

Come to Jesus with your weariness. Release striving, and receive the rest He offers - not escape, but His presence within it.

**Matthew 11:28**

Day 8

Lift up your family - by name if you can. Ask that your home would be a place where Jesus is known, followed, and reflected.

**Joshua 24:15**

Day 9

Ask God for wisdom - not just clarity, but alignment with His ways. Invite Him to shape how you think, decide, and respond.

**James 1:5**

Day 10

Bring your weakness before God without covering it. Ask Him to meet you there - not by removing it, but by sustaining you within it.

**2 Cor. 12:9**

14

15

16

17

18

19

20

Day 11

Pray for someone who is carrying a burden. Ask God to meet them - and consider how you might love them in tangible ways.

**Galatians 6:2**

Day 12

Confess the places where comparison, discontentment, or striving have taken root. Ask God to form in you a quiet, steady contentment in Him.

**Phil. 4:11-12**

Day 13

Be still before God. Resist the need to fill the silence. Ask for a heart that listens, not just speaks.

**Psalm 46:10**

Day 14

Name where fear has been shaping your responses. Ask God for courage - not absence of fear, but faithfulness within it.

**Joshua 1:9**

Day 15

Bring before God anyone you need to forgive. Ask Him to soften what is hardened and to form in you His mercy toward them.

**Ephesians 4:32**

Day 16

Lay your daily needs before God - physical, emotional, spiritual. Trust Him not only for what is big, but for what is ordinary.

**Matthew 6:11**

Day 17

Ask God to reshape your posture - away from selfreliance and toward humility. Invite Him to form in you a life that reflects Him.

**Micah 6:8**

21

22

23

24

25

26

27

Day 18

Pray for your community. Ask that God's presence would be known, and that you would be attentive to where He is inviting you to love people well.

**Jeremiah 29:7**

Day 19

Lift up those in authority. Ask God to give wisdom, restraint, and justice - and to form in you a posture of faithful prayer.

**1 Timothy 2:1-2**

Day 20

Ask Jesus to deepen your faith - not only in what you believe, but in how you live. Invite Him to grow your trust in Him personally.

**Luke 17:5**

Day 21

Bring before God the places where you are weary in doing good. Ask for endurance that is rooted in hope, not pressure.

**Hebrews 12:1**

Day 22

Offer yourself to God in worship - not just in words, but in willingness. Ask that your life would reflect devotion to Him.

**John 4:24**

Day 23

Open Scripture and invite God to speak. Ask Him to guide your next steps - not the whole path, but what is before you.

**Psalm 119:105**

Day 24

Name your anxieties before God. Release them intentionally, and receive His peace - not as escape, but as steadiness within it.

**Philippians 4:6-7**

28

29

30

1

2

3

4

Day 25

Ask for boldness to follow Jesus - not just privately, but publicly. Pray for courage to live your faith with clarity and grace.

**Acts 4:29**

Day 26

Pray beyond yourself. Lift the needs of others, asking God to form in you a heart that reflects His compassion.

**Philippians 2:4**

Day 27

Invite God to renew you deeply. Ask Him to reshape what is within you - not just behavior, but desire and direction.

**Psalm 51:10**

Day 28

Surrender your will again. Name where you are holding tightly and entrust it to God's purposes.

**Luke 22:42**

Day 29

Sit quietly with God. Let this be less about doing and more about being - remaining with Him in stillness.

**Lam. 3:25-26**

Day 30

Look back and give thanks. Name where you have seen God at work - in you, around you, and among you as a church.

**Lam. 3:22-23**

All-Church  
 Prayer at MPC  
 9:00AM