

SHAPE: my revision of Saddleback's version

Goal: all these below ideally would fit and reveal your "shape".

S eason of life: new believer or seasoned, single and young, newly married, parents with young kids/family, empty nest, sick or healthy, etc.

H eart (Passion/Desires/Burden)

A bilities (what can I do well with less energy, natural and spirit inspired gifts, that edify others)

P ersonality (traits and values I naturally have or have acquired that affect how my actions/gifts are received and delivered)

E xperiences (these are possible doorways and opportunities)