



Hello Church!

Have you ever noticed how life has a way of setting our rhythms?

The alarm clock goes off.

The calendar fills up.

Responsibilities pile on.

Before long, our days are shaped by schedules, obligations, and expectations.

But what if God desires something more?

As Paul closes his first letter to the Thessalonians, he gives a series of instructions that may seem simple at first glance: encourage one another, rejoice always, pray continually, give thanks in all circumstances, test everything, and hold fast to what is good.

Together, these instructions paint a picture of a life centered on Christ.

This Sunday, we'll explore 1 Thessalonians 5:12-28 and discover five rhythms that can help us remain rooted in our faith: relationship, connection, discernment, transformation, and grace.

My prayer is that as we study this passage together, we'll be encouraged to consider which rhythm God may be inviting us to cultivate more intentionally in this season.

I hope you'll join us this Sunday!

Grace and Peace,

Pastor Kaylee