



Living our Lives in LOL

John 14:15-26

Rhythms of Listening, Obeying and Loving – a three-part rhythm

- Rhythm – “a regular, repeated pattern of movement or sound”
- They are learned. Practiced. Repeated. Regular.
- *Matthew 11:28-30 (The MSG) – watching, learning Jesus rhythms.*

LISTEN.

- Develop the skill of listening. We cannot follow if we refuse to listen.
 - Quiet the noise – what competes for your

attention?

- Engage the Word – daily. Scripture is God’s Voice
- Intentional choices
 - Regular surrender of your schedule
 - Regular rhythms of alone time with God
 - Regular rhythms of gathering with others in His Presence

OBEY.

- Putting belief into action! Did you know in The Gospel of John every time you see the word *believe* ... it is in verb form! Think of John 3:16 – “Whoever *believes* ...” What does your *believing* look like?
- Hearing and obeying go together - Shema ... is living out Scripture! Jesus warns in John 5:39-40 ... come to the Scriptures, but don’t just listen and learn about them – OBEY THEM.
 - Obedience is not obligation but the way to FREEDOM!
 - Obedience builds faith that withstands all storms

LOVE.

- Love is the fuel that drives obedience. Obedience is living out our devotion to our LORD with love.
 - Jesus said, “If you love me, obey my commands.”
 - Obedience is our response to grace because we were loved first!
- God’s love – hesed/ agape ... is always a reflection of the one loving, never about the one receiving or reciprocating
 - I Cor 14:1 – Make love your highest goal!
 - God IS love and His Spirit is in us – Love is there, even if you don’t feel it ... this is not about human love – it’s letting the love of God that has been poured out in us to flow out of us.

LOL - Listen. Obey. Love. How is it lived out? Look to The Word.

- James 1:22-25 “Don’t just listen to God’s word. You must do what it says. Otherwise, you are only fooling yourselves. For if you listen to the word and don’t obey it is like glancing at your face in a mirror. You see yourself, walk away, and forget what you look like. But if you look carefully into

the perfect law that sets you free, and if you do what it says and don't forget what you heard, then God will bless you for doing it."

- I Peter 2:8-9 "...they stumble because they do not obey God's word ... But you are not like that, for you are a chosen people. You are royal priests, a holy nation, God's very own possession. As a result, you can show others the goodness of God, for he called you out of the darkness into His wonderful light."
- John 13:34-35 "A new command I give you: Love one another. As I have loved you, so you must love one another. By this everyone will know that you are my disciples, if you love one another."
- This rhythm is DIFFERENT. It's a work of Holy Spirit. Jesus told us - John 14:26 "But when the Father sends the Advocate as my representative, that is, the Holy Spirit – He will teach you everything and will remind you of everything I have told you."
- Be reminded – we are to LOL – Listen. Obey. Love. Every day!