



METRO COUNSELING REFERRALS

Higher Hopes Counselors

Julie Kaufmann BCBC

Pre-teen/Teen Girls/Adult Women
Website: HigherHopesCounseling.com
(214) 771-8308
Glen Carbon/St. Louis/Virtual

Beth Swaim: BCBC

Pre-teen/Teens/Young Adults/Women/Men/Couples
Website: HigherHopesCounseling.com
(214)771-8308
Glen Carbon/St. Louis/Virtual

Other Individual Counselors

Britni Hosick

Clinical Social Work / Therapist
(618) 249-3251
Email: britni@embodiedchristiancounseling.com
Vandalia, IL 62471

Michelle Witt, MSW, LCSW

Witt and Wisdom Counseling
(618) 575-0062
Email: michelle@wittandwisdom.org
Edwardsville, IL 62025

Daniel Teater

Counselor
(314) 469-5522
Email: teater@stl-ccc.org
St. Louis, MO 63141

Lauren Nemnich

ACBC Certified Biblical Counselor
(618) 791-0464
Email: Lauren.Nemnich@gmail.com
Highland, Glen Carbon, Greenville

Dane Solari

Pastor of Unity Baptist Church in Gillespie
ACBC Certified Biblical Counselor
Specializes in Marriage Counseling
Email: pastorsolari@yahoo.com

Jenna Bogard: BA,MA-Biblical Counseling

General Counseling, Abuse, Addictions
(816) 694-1677
Email: jenna@rgcconline.org
O'fallon, IL 62269

Compass Community Counseling

(314) 246-9277
Email: info@compasscc.org
Collinsville, IL 62234

<https://biblicalcounseling.com/find-a-counselor/>

This world is full of sin, suffering, and confusion. We all know people in need of help and hope, yet many Christians do not feel equipped to counsel. It's true that counseling can be daunting, but God's Word has answers. ACBC exists to equip you to minister the Bible faithfully to those all around you who are in need of God's truth.

Hope Care Center Support Line

1-800-488-HOPE (4673) Weekdays from 7:30 am until 1:30 am CST

We're always here to talk, pray or just listen. We don't offer professional counseling, but we can provide you with spiritual guidance, heartfelt prayer, honesty, resources and connections to skilled Christian counselors. Our Hope Care Representatives are waiting day and night, to help you in any way they can, through our Hope Care Center ministry.

Focus on the Family – Family Care Specialist

(800) A-FAMILY (232-6459) Mon-Fri 6am to 8pm MT

Arrange to speak with a licensed Christian counselor at no cost. Due to high call volumes, it may be necessary for you to leave your name and number for a counselor to return your call.

Suicide Hotline

1-800-SUICIDE (1-800-784-2433) 1-800-273-TALK (1-800-273-8255)