



SOUNDS BIBLICAL OR BIBLICALLY SOUND

FORGIVING IS FORGETTING

1. Tell about a time that you forgot where you put something? How did you feel?
2. Read Hebrews 10:15-18. This passage says that God will “never again remember” our sins. How does this passage help us understand what God’s forgiveness looks like?
3. “Forgiveness does not erase the offense; it chooses not to hold it against them.” Why can it be difficult to separate remembering what happened from continuing to hold it against someone?
4. Luke 17:3–4 connects forgiveness with repentance. What does this passage teach us about the relationship between confrontation, repentance, and forgiveness? How does this challenge the idea that forgiveness means pretending nothing happened?
5. Seth said, “Forgiveness is not denial, avoidance, or calling evil good.” What are some ways people might confuse forgiveness with simply ignoring or minimizing an offense?
6. Colossians 3:12–13 tells us to put on compassion, kindness, humility, gentleness, and patience while forgiving others as the Lord has forgiven us. How do these qualities help us move toward genuine forgiveness?
7. When Seth talked about bitterness becoming a settled resentment, how can we recognize when resentment is beginning to take root?
8. Hebrews 12:15 warns that a “root of bitterness” can cause trouble and “defile many.” How can unforgiveness toward one person affect our other relationships, our attitudes, or even our relationship with God?
9. “Just as the Lord has forgiven you, so you are also to forgive.” What makes receiving God’s forgiveness easier or harder for you than extending forgiveness to someone else? What is one step toward forgiveness that God may be asking you to take?

Group Breakouts

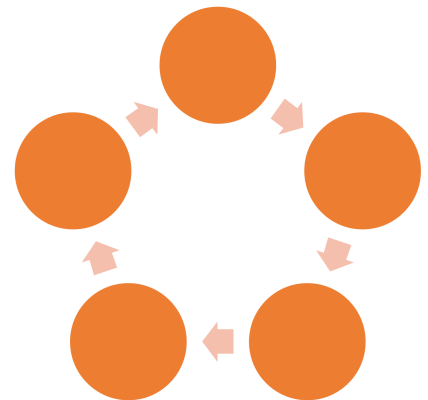
Group Breakouts works best when the group...

- spends 30 minutes praying
- breaks into smaller groups of ladies and gents
 - finds a space with the least distractions
 - talks more to God than with each other

1. Sit in a circle

2. Ask the question, “where do you feel weak?”

Be honest and real with one another. Challenge yourself to confess where you feel weak. Weakness can stem from sin issues, temptations, life worries, broken relationships, financial problems, health concerns, etc.



3. As a group, exhort and encourage them.

After one person confesses their weakness, take a moment as a group to collectively lovingly push and encourage one another spiritually with what was shared. Exhorting each other can help us grow and thrive spiritually.

4. Have the person to the left pray for their request out loud.

Take a moment for intercessory “prayer”, for another before God. This means you are the “go-between” through prayer between God and your brother or sister in Christ.

5. After the person on the left is done praying, now have them answer the question and **repeat the process** until everyone has shared and prayed for one another.