Truth Be Told Part 1 – "War of the Worlds" March 6, 2022

Ephesians 6:11-12

Put on the full armor of God, so that you can take your stand against the devil's schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.

1 Peter 5:8

Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour.

Galatians 5:16-17

So I say, walk by the Spirit, and you will not gratify the desires of the flesh. For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other...

1 John 2:16

For everything in the world—the lust of the flesh, the lust of the eyes, and the pride of life—comes not from the Father but from the world.

Deceptive <u>ideas</u> play to disordered <u>desires</u> that are normalized in <u>culture</u>.

Galatians 5:22-23

But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control.

Homework:

- Identify three destructive behaviors.
- Identify three healthy behaviors.
- What emotions are driving those behaviors?
- What beliefs are shaping these emotions?

Group Work & Questions

Pre-Work: Complete this exercise before you attend your Group. This exercise will require 20 minutes and a paper and pen. Find a quiet space to pray, asking the Holy Spirit for clarity and insight. Then write down your answers to the following three questions.

- What lies do I believe about who God is?
- What lies do I believe about who we are or who I am?

• What lies do I believe about what the good life is?

Group Conversation

- 1. How have you seen lies or mistruth cause incredible damage? What makes them such destructive forces?
- 2. What's your reaction to the "big idea" of this series? Is it a helpful construct?
- 3. Group exercise Each person will share one of their lies from each category from their pre-work. After each lie is told, members of the Group are invited to speak the truth about that area. Remember, truth must be wielded with kindness and care. This is a gentle reminder, not a rebuke or easy fix-it.