

When Fear Comes Knocking

Psalm 27

This week we'll be discussing Psalm 27 together and exploring what it means to trust God when fear comes knocking at our door. Before our group meets, spend about 15–20 minutes reading through the passage and reflecting on the questions below.

Read

Read **Psalm 27** slowly at least twice.

As you read, notice:

- What does David say about God?
- What seems to be happening in David's life?
- How does David respond to fear?

You may even want to read it once out loud. Sometimes hearing the words helps us notice things we might otherwise miss.

Reflect

1. What stands out?

What word, phrase, or verse caught your attention the most? Why do you think it stood out to you?

2. What do you learn about God?

List every description of God you can find in Psalm 27.

What do these descriptions tell you about His character?

3. What do you learn about fear?

How does David describe his circumstances?

Does he ignore his fears, or does he deal with them differently?

4. What do you learn about faith?

What actions does David take instead of giving in to fear?

What do you think genuine trust in God looks like according to this psalm?

5. Personal Reflection

If you're honest, what fear has been knocking on your door recently?

Maybe it's...

- your health
- your family
- your children
- your future
- your finances
- work
- relationships
- uncertainty
- something only God knows

You won't be required to share this with the group, but be willing to ask God what He wants to teach you through it.

Meditate

Read Psalm 27:1 several times this week.

"The LORD is my light and my salvation; whom shall I fear? The LORD is the stronghold of my life; of whom shall I be afraid?"

Instead of simply reading it, pray it.

Ask God to replace fear with confidence in His presence.

Pray

Before your group meets, spend a few minutes praying:

- Thank God for being your Light.
- Thank Him for being your Salvation.
- Thank Him for being your Stronghold.
- Ask Him to help you trust His presence more than your circumstances.
- Pray that your small group would encourage one another as you learn together.

Come Ready to Share

You don't need to have all the answers.

Just come prepared to discuss:

- One thing you learned about God.
- One verse that encouraged or challenged you.
- One way you want to trust God more this week.

Our goal isn't simply to study Psalm 27—it is to let Psalm 27 shape how we respond when fear comes knocking.