

UPWARD PRACTICE TIMES

2027 • BASKETBALL & CHEERLEADING

MONDAYS

TIME	TEAM / GRADE LEVEL	TEAM / GRADE LEVEL
6–7 PM	Grades 1–2 Boys — OWLS	Grades 1–2 Boys — RAMS
	Grades 3–4 Boys — TARHEELS	Grades 3–4 Boys — GATORS
6–7 PM	Cheer — CHEER STARS	
7–8 PM	Grades 5–6 Girls — LIBERTY	Grades 5–6 Girls — SPARKS
8–9 PM	Grades 5–6 Boys — WARRIORS	Grades 5–6 Boys — BULLS

TUESDAYS

TIME	TEAM / GRADE LEVEL	TEAM / GRADE LEVEL
6–7 PM	Grades 1–2 Girls — DOLPHINS	Grades 1–2 Girls — DUCKS
	Grades 1–2 Boys — BEARS	Grades 1–2 Boys — WILDCATS
6–7 PM	Cheer — CHEER MAGIC	
7–8 PM	Grades 3–4 Girls — HAWKS	Grades 3–4 Girls — EAGLES
	Grades 3–4 Boys — BLUEDEVILS	Grades 3–4 Boys — WOLFPACK
8–9 PM	Grades 5–6 Boys — SPURS	Grades 5–6 Boys — LAKERS

THURSDAYS

TIME	TEAM / GRADE LEVEL	TEAM / GRADE LEVEL
6–7 PM	Grades 1–2 Boys — COUGARS	Grades 1–2 Boys — PANTHERS
	K Boys/Girls — SHARKS	K Boys/Girls — STINGRAY
6:30–7:30 PM	Cheerleading — CHEER SPIRIT	
7–8 PM	Grades 3–4 Boys — TIGERS	Grades 3–4 Boys — HOKIES
	Grades 3–4 Girls — FALCONS	Grades 3–4 Girls — SEAGULLS
8–9 PM	Grades 5–6 Boys — ROCKETS	Grades 5–6 Boys — THUNDER