

## **Activities (Friday, 03/27)**

*These activities will take place during our free time.*

### **7:30 AM - Morning Workout Session** (*Location: Back of Del Lago Ballroom*)

This is more than just a workout—it's a space for us. Join a powerful community of women in a feel-good, energizing session designed to build strength, boost energy, and support your body through low-impact, intentional movement. We'll focus on endurance, mobility, and light strength training—all in a welcoming environment where you're encouraged, never judged. Here, we move together, grow together, and lift each other up—because strength is even better when it's shared.

### **2:00 PM - 4:00 PM Swap and Shop** **CANCELLED**

We did not have enough sellers sign up for this event, so we have made the decision to cancel. Thank you for your understanding.

### **2:30 PM - 3:30 PM Trivia** - (*Location: Front of Del Lago Ballroom*)

This is an opportunity to show off those smarts! Come prepared for a variety of trivia questions, good healthy competition, and a lot of fun!

### **2:00 PM - 4:00 PM Speed Puzzling** (*Location: Coastal Ballroom*)

Do you love puzzling? This may be the place for you. Grab your friends and come compete against other teams to see who can put together a puzzle the fastest! This is a come and go event.

### **2:00 PM - 4:00 PM Mah Jong** (*Location: Coastal Ballroom*)

Love Mah Jong? Or maybe you've always wanted to learn to play? Join us in the Coastal Ballroom for a few rounds of Mah Jong, grab your friends and come make some new ones as you compete to win in this game of tile matching. This is a come and go event.

### **2:00 PM - 4:00 PM Journal Decorating** (*Location: Coastal Ballroom*)

We will have a station full of beautiful supplies to decorate your journals! Show up anytime between 2:00 and 4:00 and craft to your hearts content, while making the most beautiful journal. (Your Journal will be given to you upon your arrival to Ladies Getaway) This is a come and go event.

## **Activities After Dark (Friday, 03/27)**

*These activities will take place in the evening after our main session is completed.*

### **30 minutes after our evening session ends - Karaoke (Location: Del Lago Ballroom)**

Give her the mic! This is your chance to get on stage and be the performer that you are! We will be having all the fun singing the best karaoke tunes with all your friends.

### **30 minutes after our evening session ends - Trivia (Location: Coastal Ballroom)**

Did you miss the first round of trivia or you just didn't get enough? Come join us for another round. Test your knowledge and see just how much interesting information you have stored in that brain!

### **30 minutes after our evening session ends - Mah Jong (Location: Coastal Ballroom)**

Here is another chance to compete or to learn how to play Mah Jong! This is a fun tile matching game, where you will compete against three other players to win it all! Grab your friends and let's have some fun!