



SEASON OF REST

REST. WORK. PLAY.

WEEK 2

A RHYTHM OF REST

ECCLESIASTES 3:1-13



Methodist Church of Lancaster

29 E. Walnut St., Lancaster, PA 17602

EngageGodFirst.org . 717-394-7231

**First United
Methodist Church**

Our Vision

To be a central hub of Christian
ministry in Lancaster County & beyond

Our Mission:

Connect people to Jesus Christ
& the church, grow Christian disciples,
& relieve suffering

**July 12, 2026
8:15 & 10:45 AM**

Prelude “Resignation (My Shepherd Will Supply My Need)”
Peter Omundsen, organ (Raymond Haan)

Announcements & Greeting Pastors Jason Ríos & Laura Sambrick

***Call to Worship**

There is a time for everything, a season for every activity under heaven.

Today is a time to pause, to breathe, and to rest.

In the rhythm of life, God calls us to balance.

We come to seek that balance, to align our hearts with God’s rhythm.

Let us rest in God’s presence, knowing that rest is holy.

All: Let us enter into this season with rest.

*Hymn No. 103 “Immortal, Invisible, God Only Wise”

Common Prayer

**Loving God, you created life in us and all around us. Open us to receive
your gifts of your world and your word that we may be not just hearers
of the word, but doers also. Amen.**

Scripture Proverbs 19: 20-23 (*pew Bible, OT, p. 568*)

The Word of the Lord. **Thanks be to God.**

(8:15 AM) Anthem “O Mighty God, Great Is Thy Love!” (Tedd Smith)
Diane Styer, piano

(10:45 AM) Anthem “Let the Peace of Christ” (Joseph Martin)
Summer Choir– Jan Betty, Director

Preparation for Prayer, No. 467 “Trust and Obey” (stanza 2)

Pastoral Prayer Pastor Laura Sambrick

(10:45 AM) The Lord’s Prayer

* * Children age 3-5th grade are dismissed to Jr. Church * *

*Hymn No. 707

"Hymn of Promise"

Scripture

Ecclesiastes 3:1-13

(pew Bible, OT, p. 581)

Message

Sermon Series: Season of Rest
Week 2: "A Rhythm of Rest"

Pastor Jason Ríos

*Affirmation of Faith, No. 881

Apostles' Creed

*Song of Praise, No.174

"His Name is Wonderful"

8:15 AM ONLY

Invitation to The Lord's Supper

Confession and Pardon

Merciful God, we confess that we have not loved you with our whole heart. We have failed to be an obedient church. We have not done your will, we have broken your law, we have rebelled against your love, we have not loved our neighbors, and we have not heard the cry of the needy. Forgive us, we pray. Free us for joyful obedience, through Jesus Christ our Lord. Amen.

(All pray in silence.)

Hear the good news: Christ died for us while we were yet sinners; that proves God's love toward us. In the name of Jesus Christ, you are forgiven!

In the name of Jesus Christ, you are forgiven!

Glory to God. Amen.

The Great Thanksgiving

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil, for thine is the kingdom, and the power, and the glory, forever. Amen.

Sharing the Sacrament

Congregational Prayer (8:15 seated, 10:45 remain standing)

God of all seasons, help us find balance in the rhythm of our lives. Teach us to rest in You, trusting that in our stillness, You are at work renewing us. Amen.

Receiving the Offering “Springs of Living Water” (John W. Peterson)
Diane Styer, piano

*Doxology, No. 95 “Praise God, from Whom All Blessings Flow”

*Hymn No. 438 “Forth in Thy Name, O Lord”

*Dismissal with Blessing

*Response, No. 438 “Forth in Thy Name, O Lord” (stanza 1)

Postlude “O For a Thousand Tongues to Sing” (Iouri Grichetchkine)
Peter Omundsen, organ

8:15 AM Worship

Ushers– Don Herneisen & Mike Cole
Acolyte – Kathy Steed
Liturgist – Jeff Steed
Sound Tech - Amayah DiBiasi
Projector- Christian Faux

10:45 AM Worship

Usher Chief – Bruce Grove
Acolyte – Greg Adkins
Liturgist – Carole Adkins
Sound Tech - Amayah DiBiasi
Projector/Livestream– Christian Faux

Pastors– Jason Rios & Laura Sambrick
Ministers– First Church Congregation

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in the marked bins. Thank you!***



Thank you for giving!

Offering is received
in the pews. For online
giving, please scan
the QR code