

SEPTEMBER *newsletter*

SCHOOL EVENTS

- School Closed September 7th for Labor Day

SEPTEMBER CHAPEL

Topic: God is Always with Me

Verse: 2 Chronicles 32:8 "We have The Lord our God to help us."

Lessons:

September 3- Moses' Mom

September 9- Deborah

September 17- Rahab and the Spies

September 23- Esther

REMINDERS

- Always make sure to sign your signature on the check in/check out Ipad! When the signature is not submitted, it freezes the Ipad for the next family, and your student is not signed in.
- Follow us on Instagram! @risensaviorecc

COMMUNITY EVENTS

- Sept 6- Hispanic Heritage Rodeo
 - Rawhide Western Town
- Sept 7- Labor Day Grill at the Mill
 - Queen Creek Olive Mill
- Sept 19- Garlic Festival
 - Queen Creek Olive Mill



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SEPTEMBER WONDER WORKSHOP



This month our 4s and 5s are wondering:

How does the world around us help things grow, change, and inspire us?

To answer this question, they'll be learning about and investigating weather, gardening, and folk music.

Follow Along with Us!

Here is the list of books we'll be reading this unit. Reinforcement of concepts at home helps stimulate retention, growth, and interest.

Hello Weather by Jill McDonald

Thermometers by Stephen Shutz

Do I Have to Wear a Coat? by Rachel Isadora

The Amazing Life Cycle of Plants by Kay Barnham

In a Garden by Tim McCanna

I Hear Nature by Clay Hadden

I Like the Wind by Sarah Nelson

STEAM and Dramatic Play rooms will be changed to match this theme so even our 3-year-olds can participate in the wonder!

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SKILL SPOTLIGHT:

Self-regulation



What is it?

Self-regulation is much bigger than simply “behaving.” It is a child’s developing ability to manage emotions, actions, attention, and impulses. NAEYC emphasizes that true self-regulation is different from children simply complying when an adult is present.

Why Is It Important?

Children aren’t born knowing how to regulate themselves. An adult needs to help them through co-regulation, and gradually children become able to do it themselves.

Try it at Home:

- Freeze Dance- Practice stopping the body on cue
- Red Light, Green Light- Practice impulse control
- Simon Says- Listen, remember a rule, and stop before acting
- Name the Feeling- “You’re frustrated because the block tower fell.”
- Model Calming Down- “I’m feeling frustrated so I’m going to take a slow breath.”
- Practice Waiting in Tiny Doses- “I’m pouring your milk. Can you wait until I count to five?”
- Give Choices- “Would you like to put your shoes on or your jacket first?”
- Praise Regulation Rather than Just Behavior- “You were really disappointed, but you stopped and tried again!”

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FUN SEPTEMBER READS!

