

Questions Jesus Asks: Why Do You Worry?

October 11, 2026 Nate Poetzl

Matthew 6:25-34

1. Jesus connects worry to our sense of value—"do I matter?"
2. Jesus connects worry to a lack of faith.

We begin to ask:

- "How capable is Jesus?" "Can He handle this?"
- "How responsive is He?"
- "Does He care?"

3. Jesus connects worry to pagan activity.

- Paganism—the belief that the gods must be appeased.
- You can trust Jesus.
- You do not need to get His attention.
- You do not need to appease His wrath.

4. An alternative pursuit.

- What am I chasing?
- A new pursuit. I'm not seeking me, I'm seeking Him.

Life Group Prep

We encourage you to reflect on and write out answers to these questions before you meet with your life group to discuss the Sunday message.

1. What object do you own that is most precious to you? Why?
2. Read Matthew 6:25-34 and review the sermon notes, what thought, idea or concept most speaks to you.
3. Do you find it difficult to feel loved by God? How does insecurity about God's love for you affect your trust in him?
4. Jesus suggests that a lack of faith also produces worry. Which of the following culprits of "little faith" do you struggle with the most: forgetfulness (of what God has done), self-reliance (it's all up to you), doubt (is God up to the task?), and distrust (does he care enough)?
5. In what ways do we modern Christians accidentally act like "pagans"—subconsciously treating God as if we need to earn His attention, perform perfectly, or appease Him so He will take care of us?
6. Matthew 6:33 commands us to "*seek first his kingdom and his righteousness.*" Practically speaking, what does it look like to pivot your energy away from chasing a personal worry and toward chasing God's kingdom in your life?