

spiritual adult

DISCIPLE ME

TRACK 1: DISCOVERING YOUR GIFTS

WHATEVER YOU DO

ICEBREAKER: WORST JOB EVER

Take a minute and think about the worst job you've ever had. It could've been a summer job, a part-time gig, or even something you're currently doing.

What made it so bad? Was it the task itself? The people you had to work with? Or maybe it just felt meaningless - like what you were doing didn't really matter. Share a little about that experience.



STUDY: A NEW FILTER

When we think about the worst jobs we've had, our minds naturally go to how the job affected *us* - how tired we were, how underpaid we felt, how frustrating the people were, or how meaningless the task seemed. And that makes sense. Most of us naturally approach work with the question, "*How does this benefit me?*"

But as we grow toward spiritual maturity, we begin to filter every part of our lives through a different filter. As Christ forms us, we begin to ask different questions. Questions like - "*How can this serve Him? How can this influence others?*" That shift is what marks a Spiritual Adult. We begin to see every part of life - even our work, or the frustrating parts of our experience as opportunities to worship. In this way, influence becomes stewardship. And the gifts we've been given aren't meant to make us look impressive - they're simply ways God can show up in someone else's life through us.

READ Colossians 3:23-24

- What's your first reaction to Paul's words in this passage?
- Where is it hardest for you to remember that you are working for the Lord?
- How would your workplace, classroom, or home change if you viewed it as a mission field?
- Do you tend to minimize your gifts because they don't look "spiritual"?
- Who has influenced your faith simply by how they worked or served?

When Paul writes these words in Colossians, he isn't speaking to people chasing dream careers or building personal brands. He's speaking to ordinary believers - many of whom were servants with very little control over their circumstances. Notice, as he writes here, Paul doesn't argue that they need to change their situation; instead, he invites them to reframe their perspective.

- Look back at these verses again. Which of the following phrases stands out to you most and why?

“Whatever you do”	“Work at it with all your heart”	“As working for the Lord, not human masters”	“You will receive an inheritance”	“It is the Lord Christ you are serving”
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ACTIVITY: THE LAST 48

Take a minute and mentally walk back through the last 48 hours. Think about everything you did - conversations, tasks, work, school, errands, responsibilities, even downtime. Now ask yourself: What could it have looked like to do those things *for the Lord* in the future? Brainstorm some ideas of how you could do everything as an offering to the Lord.

What you did	How in the future could you do it for the Lord

CHALLENGE: AUDIENCE OF ONE

This week, live with one focus: do everything to please God – not other people. Each morning, draw a small “1” somewhere you’ll see it throughout the day. Let it remind you: I’m living for an audience of One. As you go through your day, ask: Am I doing this for approval - or for faithfulness to Christ?

At the end of the day, take a few minutes to reflect: Where did I live aware of God as my audience? Where did I drift into people-pleasing? Make some notes to share at your next gathering. Remember that the goal isn't perfection - it's awareness. Spiritual maturity means learning to live for the One and trusting that when He is pleased, that is more than enough.