

spiritual adult

DISCIPLE ME

TRACK 2: DEVELOPING OTHERS

MULTIPLYING FAITH

ICEBREAKER: TREND SETTER

Take a minute and think back to some of the funniest trends you've seen over the years - planking in random places, flash mobs in malls, the ice bucket challenge, dabbing in every photo, or everyone suddenly quoting the same movie line for six months straight. Culture can spread some ridiculous things fast.

Now imagine you could start one completely harmless trend today - at work or school, in your neighborhood, or even at church. What would it be? Maybe it's "Retro Outfit Friday," bringing back an old catchphrase, or randomly applauding when someone walks into a meeting. Share your idea with the group and explain why you think it would actually take off.

STUDY: FROM DISCIPLE TO DISCIPLE-MAKER

It's funny how quickly something can catch on. One person starts it, a few others join in, and before long, it feels like everyone is doing it. Most trends don't spread because they're life-changing - they spread because they're visible, repeatable, and easy to pass on. Culture understands multiplication. The question is, do we?

Because long before social media made things go viral, Jesus started something meant to spread from person to person, life to life. And unlike planking or flash mobs, this wasn't temporary. It was intentional. It was generational. It was designed to move through ordinary people who were committed to passing it on.

Today, we're going to look at a moment where Jesus makes that mission for His followers unmistakably clear. For Jesus, the goal wasn't just to believe or to attend. The goal was to multiply.

Read Matthew 28:18-20

- What words or phrases stand out to you most in this passage?
- According to Jesus, what does it look like to make disciples?
- What do you think prevents followers of Jesus from making disciples?



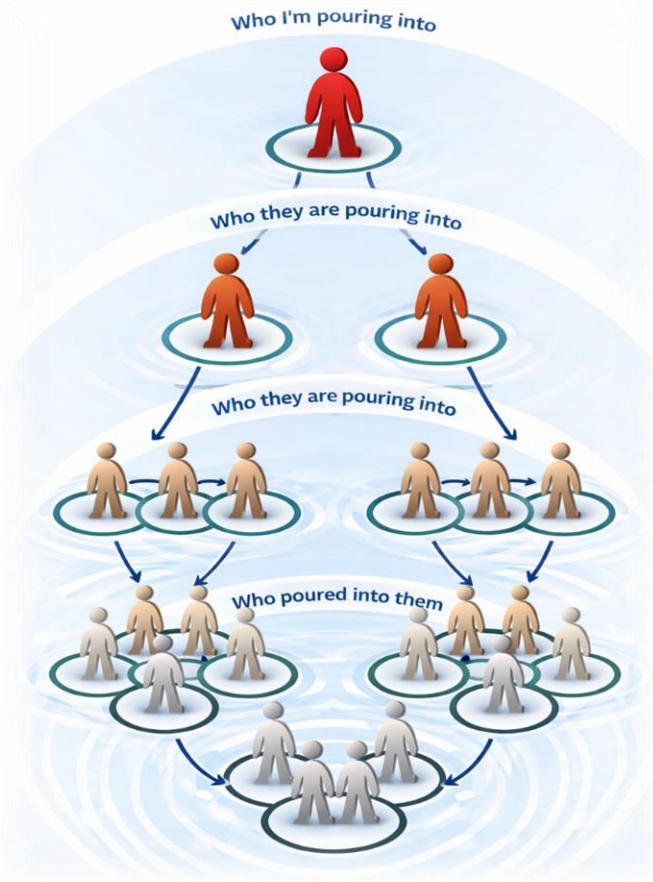
Take a moment to scan the QR code on this page. As you watch the video together, consider why the Great Commission still matters today. Ask yourself: What role do I play in this mission? How might Jesus be inviting me to move from simply believing ... to actively multiplying?

ACTIVITY: THE RIPPLE EFFECT

Read 2 Timothy 2:2

Then, using the image to the right, consider the ripple effect that begins when we take the Great Commission seriously. When that happens, each disciple becomes like a stone dropped into water. The impact doesn't stop with the splash. It moves outward.

In 2 Timothy 2:2, we see a clear picture of this. Paul is the first stone. He is writing to Timothy - the person he is intentionally pouring into. Then Paul tells Timothy to entrust what he has learned to "reliable people," forming the next ring of the ripple. Finally, those reliable people are to be "qualified to teach others also." That's the next layer. Four generations in one verse. One life, multiplied outward. This is what multiplying faith looks like.



Take a few minutes and picture the ripple effect in your own life. Who has poured into you, and who could you intentionally pour into over the next season? Don't overcomplicate it. Think about someone you already have access to - a friend, a younger believer, a coworker, a student, a family member. Use the boxes below to visualize the ripple effect in your life.

Who poured into Me	Who I'm pouring into	Who could they pour into

CHALLENGE: AS YOU GO

Read Deuteronomy 6:4-9 before you move on. Now, pay attention to the rhythm of the passage - "on your heart," "impress them," "talk about them," "when you sit," "when you walk," "when you lie down," "when you get up." This is everyday language. Discipleship here is not presented as a program or an event, but as something woven into ordinary life.

Deuteronomy 6 reminds us that multiplication doesn't begin with a microphone or a platform; it begins in the normal rhythms of life - when you sit, when you walk, when you lie down, and when you rise. This week, use the everyday rhythms of your life to begin to "disciple" someone you share life with. This could be a family member, a co-worker, or a close friend. If you haven't already taught them about the ways of Jesus, model what it looks like to follow Him, and at some point, this week, extend an intentional invitation to them to learn more about Him. Multiplication starts with one faithful step.