

spiritual adult




DISCIPLE ME

TRACK 2: DEVELOPING OTHERS

SERVANT LEADERSHIP

ICEBREAKER: THE GOAT DEBATE 🐐

Let's start this conversation with something fun. Who is the GOAT - the Greatest Of All Time? Using the categories below, each person share your pick for the GOAT of that category. Feel free to have some healthy debate and defend your picks. (Warning: Passion is encouraged. Throwing chairs is not.)

 Greatest Athlete of All Time	 Greatest Book (Fiction or Non-Fiction)
 Greatest Music Artist / Band	 Greatest Invention in History
 Greatest Movie of All Time	 Greatest Snack / Junk Food
 Greatest TV Show	 Greatest Villain of All Time
 Greatest Fast-Food Chain	 Greatest Holiday of All Time

STUDY: GREATNESS

We could debate the GOAT's of categories all day, but let's ask a better question: How do we actually measure greatness? What makes someone "the greatest" in your mind? Is it talent? Winning? Influence? Popularity? Impact? Longevity? Power? None of us randomly picked our GOATs. We all had a scoreboard in our heads. So the question should be: Where did that scoreboard come from?

Because long before we ever debated athletes or artists, we were taught - by culture, by media, by experience - what greatness looks like. Jesus had something to say about the topic. In Mark 10, the disciples are operating with their own internal scoreboard. They're measuring greatness by position, status, and closeness to power. And instead of correcting their desire to be great Jesus redefines what greatness actually is.

READ Mark 10:42-45

- What stands out to you most in verses 43–45? Why?
- How does Jesus define greatness differently than culture does?
- Why is serving others often harder than leading others?

To understand better what Jesus is talking about, let's look at something He did the night before going to the cross. While the disciples were still thinking in terms of rank, position, and importance, Jesus stood up and did something no one in the room was expecting.

READ John 13:1-17

- What stands out to you most from this passage?
- What does verse 3 tell us about what Jesus knew before He began washing their feet? Why is that detail important?
- How does Peter's reaction reveal what the disciples believed about greatness and leadership?
- What does this moment reveal about how Jesus defines greatness compared to how the world defines it?

Jesus washing the disciples' feet wasn't a symbolic gesture in a vacuum; it was the task of the lowest servant in the house. And the One with all authority chose the lowest position in the room. That moment is a lesson about spiritual maturity. A Spiritual Adult doesn't fight for the seat of honor; they reach for the towel. They don't need to prove their greatness because their identity is secure. As we grow spiritually, we learn that real impact isn't built on status - it's built on humility and service.

ACTIVITY: KINGDOM CLOSET

1 Peter 5:5 tells us to *clothe ourselves with humility*. Clothing is intentional. You choose it. You put it on - and it's what people see first. On the right, you'll see two pieces of clothing. One is labeled with words that describe how culture defines influence. As a group, discuss what humility looks like - then fill in the second piece of clothing with words and phrases that reflect Kingdom influence through humility.



CHALLENGE: THE TOWEL CHALLENGE

This week, choose one person and intentionally serve them in a way that costs you something. Let it cost you time. Let it stretch your comfort. Let it be something that won't be noticed or applauded. The goal isn't to feel good - it's to quietly lift someone else. Do it without announcing it. Don't post about it. Don't hint about it. Don't look for recognition. Simply serve. Then come back ready to share because servant leadership isn't about visibility. It's about influence through humility.