



spiritual adult

DISCIPLE ME

TRACK 2: DEVELOPING OTHERS

WALKING WITH OTHERS

ICEBREAKER: FINISH THESE SENTENCES

To get to know each other better, reflect on the statements below by finishing the sentences. Make sure each person in the group answers.

- One thing people often misunderstand about me is that I'm _____, but really I'm _____."
- "People assume I don't care about _____, but the truth is _____."
- "Because I'm usually _____, people don't realize that I also _____."
- "If people really knew me, they'd understand that _____."
- "What most people don't see is _____."
- "Something I wish people understood about me is _____."

STUDY: WALK THIS WAY

As we grow in our faith, a shift begins. Early on, most of our focus is naturally on our own growth - what I'm learning, how I'm changing, how God is shaping me. That's not wrong. It's necessary. But spiritual maturity is marked by humility.

As we mature, we begin to move toward others instead of waiting for them to move toward us. We choose to listen before speaking, to stay when it would be easier to step back, and to care about someone else's spiritual journey as much as our own. Spiritual Adults understand that growth isn't meant to stop with them - it's meant to flow through them.

In Luke 24:13-32, we see a powerful picture of this. Jesus walks alongside two discouraged disciples. He doesn't rush them. He doesn't shame them. He draws near, listens, explains, and stays. Let's read this passage together and consider what it means to move from following Jesus to walking with others the way He walked with them.

READ Luke 24:13-32

- Why do you think Jesus chose to walk with them instead of immediately revealing Himself?

- What does this passage show us about how Jesus handles confusion and disappointment?
- When you're confused or discouraged, what do you tend to do - process alone, talk it out, distract yourself?
- What part of Jesus' approach stands out to you most: drawing near, asking questions, explaining Scripture, or staying for a meal? Why?
- What can we learn from the way Jesus listened before correcting?
- Why is it sometimes easier to give quick advice than to walk patiently with someone?

ACTIVITY: WORD STUDY - WALK

In the Bible, "walk" is rarely just about physical movement. It's a metaphor for direction, relationship, formation, and daily life. Read the passages below together and decide what walking may be describing, prescribing, or implying in each example.

SCRIPTURE	DESCRIBES / PRESCRIBES / IMPLIES
Genesis 5:24	
Deuteronomy 10:12	
Psalm 1:1	
Micah 6:8	
Galatians 5:16	
Ephesians 4:1-3	
Colossians 2:6-7	
1 John 1:6-7	
Ephesians 2:10	

If walking with God means daily closeness and shared direction, what might it look like to walk with another person? It's usually not one big, dramatic conversation - it's consistency. It's staying connected, moving at their pace, listening well, speaking honestly but kindly, and showing up again and again. Walking is slower than talking. It takes time. It means being close enough to notice what's going on and caring enough to stay. It's choosing presence over pressure and relationship over rushing to fix things.

CHALLENGE: WALK WITH PURPOSE

This week, create space for one unhurried conversation. Take a literal walk, grab coffee, or sit somewhere without distractions. Ask real questions. Listen more than you speak. Don't try to fix anything - just be present. Follow up within a few days.