



spiritual adult

# DISCIPLE ME

## TRACK 4: MISSIONAL LIVING

## SEEING NEEDS

### ICEBREAKER: What's in Your Pocket? Or Purse?

Without looking, take one minute and have each person in your group list everything they think is currently in their pocket or purse.

Once you've made your list, go ahead and check - how many did you get right?

- **What's the weirdest thing you carry regularly?**
- **What's something you completely forgot was in there?**

### STUDY: EYES TO SEE

At earlier stages of faith, it's pretty natural to focus on what we're learning, what we're getting out of it, and how we're growing personally. But as we mature, something starts to shift. We begin asking a different question: *How can my life actually impact someone else?*

That's the turning point - from being influenced to becoming an influence. And that shift doesn't start with doing more; it starts with seeing differently. As we read today's passage, pay attention to what Jesus sees, how He responds, and what He invites His followers into. Circle, highlight, or underline anything that stands out to you - especially moments that reveal what Jesus notices or how He engages with people.

#### Matthew 9:35-38

*Jesus went through all the towns and villages, teaching in their synagogues, proclaiming the good news of the kingdom and healing every disease and sickness.<sup>36</sup> When he saw the crowds, he had compassion on them, because they were harassed and helpless, like sheep without a shepherd.<sup>37</sup> Then he said to his disciples, "The harvest is plentiful, but the workers are few.<sup>38</sup> Ask the Lord of the harvest, therefore, to send out workers into his harvest field."*

- What stood out to you most in this passage, and why?

- What do you notice about how Jesus sees people compared to how we often see people?
- What does Jesus feel when He sees the crowd? How often do you see the needs of others and feel the same thing? Score yourself 1-10.
- How do you understand what Jesus is saying in verses 37–38?

## ACTIVITY: THROUGH HIS EYES

Jesus consistently saw beyond the surface and met the *real* needs of people - physical, emotional, and spiritual. In this activity, you'll explore a few of those moments and pay attention to how He sees and responds to them.

**Instructions:** Choose two passages from the list below. For each passage: Read the story carefully and write down your observations. Include things like: What does Jesus notice about this person? What is the *real* need (not just the obvious one)? How does Jesus respond? What stands out about His posture or approach?

Mark 2:1-12	John 4:1-26	Luke 19:1-10	Mark 10:46-52	Luke 7:11-17	John 5:1-15
Luke 5:27-32	John 8:1-11	Luke 8:43-48	Luke 13:10-17	Mark 1:40-45	Luke 22:50-51
Passage One:			Passage Two:		

It's important to notice that Jesus doesn't just see people at the surface level; He sees what's really going on beneath it - brokenness, directionlessness, and spiritual hunger. As we grow toward spiritual maturity, we start to see people differently - not through the lens of convenience, but through compassion and calling.

## CHALLENGE: PAYING ATTENTION ON PURPOSE

In Ephesians 5:15–16, Paul says to *"be very careful how you live... making the most of every opportunity."* This means taking seriously what's happening around us and choosing to slow down enough to notice the people God has placed in our lives. This week, make a list of five people from your everyday environments. As you go through your week, be intentional and attentive - look beyond surface-level needs and try to discern what might really be going on in their lives. Then begin praying for each person and consider how you might step in to meet one of those needs. Come back next time ready to share what you noticed.