



spiritual adult

DISCIPLE ME

TRACK 4: MISSIONAL LIVING

EXTRAVAGANT GRACE

ICEBREAKER: PETTY OR PATIENT

We're going to play a quick game called "**Petty or Patient.**" Below you will find a series of everyday, slightly annoying situations, and for each one, you have to decide how you'd naturally respond - *petty* or *patient*. Don't overthink it, just go with your gut.

Someone eats your leftovers you were saving.

You get interrupted mid-story.

Your teammate is late for the meeting (again).

Someone takes credit for your idea.

A mess is left by someone else that you must clean up.

Someone ignores your advice after asking for it.

You get left out of the group plans.

They share spoilers about the movie/show you watch.

Someone gives you an apology they don't mean.

You send an important text, and they leave you on read.

Someone borrows something and returns it damaged.

Your friend cancels plans last minute.

You get cut off in traffic.

Someone makes a joke at your expense.

A friend or family member doesn't follow through.

Someone keeps one-upping your stories.

You get corrected in front of others.

Someone interrupts you to correct your grammar.

STUDY: THE TENSION OF GRACE

If we're honest, there are moments in life - and even in our faith - when things just don't feel fair. Moments when we want justice. Moments when we want others to face consequences. Moments when we want people to get what they deserve. And that's what makes grace so challenging, because grace doesn't operate on what's deserved - it gives what isn't earned.

Grace feels amazing when we're on the receiving end, but extending it to others - especially those who have wronged us - is not always easy. And when it comes to *extravagant* grace, it can feel uncomfortable. It can feel uneven. It can even feel wrong.

Our main verse for this conversation is **Romans 5:20**, which says:

The law was brought in so that the trespass might increase. But where sin increased, grace increased all the more

- What do you think Paul is trying to communicate with this verse?

Paul is making a bold and almost unsettling statement: where sin increases, grace increases even more. He's not minimizing sin or pretending it doesn't matter - in fact, he acknowledges its reality and its weight. But his point is that sin is never the final word. No matter how far brokenness spreads, God's grace goes further.

The word Paul uses carries the idea of overflowing grace, not just matching sin, but surpassing it in abundance. This means there is no situation too messy, no failure too deep, and no person too far gone for God's grace to reach. And for Spiritual Adults, this reframes everything - not only how we see our own story, but how we see others. If God's grace has overflowed toward us, then we are called to become people through whom that same grace overflows into the lives of others.

Read Matthew 18:21-22

- How does Jesus' response challenge the idea of keeping score?
- What makes extending repeated forgiveness and grace so difficult?
- Is there a situation or person where you've been keeping track instead of extending grace?

Extravagant grace is not measured, cautious, or minimal - it's abundant, persistent, and overflowing. First, it's a grace that exceeds expectation. God doesn't give "just enough" to cover our failures; He gives more than our brokenness requires. Second, it's a grace that pursues us at our worst. It doesn't wait for us to improve or clean ourselves up - it meets us right in the middle of our mess. Third, it's a grace that multiplies rather than diminishes. Where sin increases, grace increases even more. It's not fragile or easily used up - it overflows.

ACTIVITY: THE LORD'S PRAYER LIST

Read the Lord's Prayer in **Matthew 6:9-15**, and consider what Jesus says about grace and forgiveness here. What measure of forgiveness are you asking God to give you - and how does that compare to the measure you're extending to others?



Take a sheet of paper or use your notes app and divide it into two columns.

Label the first column "**Grace I Receive**" and write down ways God has forgiven you, where you still need grace, and recent moments you've fallen short. Label the second column "**Grace I Give**" and list people who have wronged you, situations where forgiveness is hard, and relationships where you may be holding back grace.

CHALLENGE: OFF THE HOOK

This week, choose one person - someone who has wronged you, frustrated you, or hurt you - and make a deliberate decision to take them off the hook. This doesn't mean what they did was okay, and it doesn't mean there aren't still boundaries. It means you are choosing to release your right to hold it over them, replay it, or make them pay for it in your mind or in your interactions. Practically, this could look like refusing to bring it up again, changing how you speak about them, or choosing patience where you would normally react. You may not even say anything to them - but before God, you are letting it go.